



High School Series Championship

Meet Schedule

March 20, 2023

Track Events

*** Track events order is Jr Vars. Girls, Vars. Girls, Jr Vars. Boys, Vars. Boys*

*** In the events where there are A and B Finals (60m, 200, 400m, 60m Hurdles,) we will run the B Final first followed by the A Final*

*** Start times for events are approximate, we could go 5 minutes earlier if ready*

12:00pm	Medley Relay (800m-200m-200m-400m)
12:45pm	60m Hurdles
1:15pm	60 metres
1:45pm	1500 metres
2:25pm	400 metres
3:05pm	200 metres
3:40pm	800 metres
4 :15pm	4 x 200 metres

Field Events

** All athletes will be given three attempts in the throws and horizontal jumps

** *Start times for events are approximate*

12:00pm	Long Jump Jr Vars. & Vars. Boys
1:00pm	Shot Put Vars. Girls
1:15pm	Long Jump Jr Vars. & Vars. Girls
2:00pm	Shot Put Jr Vars. Girls
2:00pm	High Jump Jr Vars. & Vars. Boys
2:30pm	Triple Jump Jr Vars. & Vars. Boys
3:00pm	Shot Put Vars. Boys
3:30pm	High Jump Jr Vars. & Vars. Girls
3:45pm	Triple Jump Jr Vars. & Vars. Girls
4:00pm	Shot Put Jr Vars. Boys