



TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY

145 Pacific Ave. Winnipeg, MB. R3B 2Z6 • Tel: 204-925-5744 • Fax: 204-925-5792

www.athleticsmanitoba.com

2023 Chris McCubbins Age Class Cross Country Provincials **Saturday, October 21st, 2023**

LOCATION: Kilcona Park / Harbourview Golf Club
HOSTED BY: Athletics Manitoba / Bison Athletics Club
SANCTIONED BY: Athletics Manitoba

Tentative Schedule

Races can run up to 15 min. ahead.

**** Note that Master athletes will have the option to run 6km or 8km ****

9:30 am	U12 Girls (2012 and later)	2km
9:50 am	U12 Boys (2012 and later)	2km
10:10 am	U14 Girls (2010-2011)	2km
10:30 am	U14 Boys (2010-2011)	2km
10:50 am	U16 Girls (2008-2009)	3km
11:40 am	U16 Boys (2008-2009)	3km
12:15 pm	U18 Girls (2006-2007)	5km
1:00 pm	U18 Boys (2006-2007)	5km
1:45 pm	U20 Women (2004-2005)	6km
	Masters Women & Men (35 years of age & older on day)	6km
2:30 pm	U20 Men (2004-2005)	8km
	Masters Women & Men (35 years of age & older on day)	8km
3:15 pm	Senior Women (2003 and earlier)	8km
4:00 pm	Senior Men (2003 and earlier)	8km

AWARDS

Top three individuals in each age group (male / female) will receive medals.

ENTRY INFORMATION

Team Entries: A team will consist of a minimum of 4 and a maximum of 6 athletes of one gender with the best 4 performances will count in the team score. Athletes must belong to the same club or school.

Entry Deadline: Entries must be received no later than **Monday, October 16th by midnight.**

All entries must be done online at Trackie.Reg.

<https://www.trackie.com/event/2023-chris-mccubbins-age-class-provincials/1000820/>

No Late entries will be accepted.

Team entry (per Age Group): \$40.00

Individual Entry: \$10.00



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MEET INFORMATION.

- The final schedule will be sent out no later than Wednesday, October 18th. It may look different than the tentative schedule above.
- Washrooms will be available on site
- If you have questions at this time, please email Claude Berube (Claude.Berube@umanitoba.ca)