

**2023 MB Provincial Age Class Championships - 2023-07-07 to 2023-07-08****2023-07-07 to 2023-07-08****Performance List****Event 1 Women 80 Meter Dash U12**

	Name	Yr	Team	Seed Time
1	Manaire, Élise	12	Winnipeg Opt	11.45
2	Salvador, Zoe	13	Tough Track	12.10
3	Lavoie, Peyton	12	Lakehead Run	12.20
4	Holmes, Norah	12	Lakehead Run	12.70
5	Elands, Camryn	12	Winnipeg Opt	12.93
6	Oderemi, Mary	13	Winnipeg Opt	13.63
7	Montgomery, Maeya	12	Lakehead Run	13.73
8	Jeje, Mercy	13	Winnipeg Opt	13.89
9	Roy, Jillian	12	Predator Ath	14.24
10	Garner, Esmé	12	Predator Ath	14.35
11	Clayton, Addison	13	Predator Ath	14.85
12	Garner, Amélie	13	Predator Ath	15.26
13	Abgrall, Aria	14	Unattached-M	16:05.00
14	Harwood, Adele	12	Unattached-M	NT
15	Priscott, Madison	12	Lakehead Run	NT
16	Toffinetti, Katie	12	Lakehead Run	NT
17	Fourre, Annabelle	12	Unattached-M	NT
18	Agostino, Fiona	12	Lakehead Run	NT
19	Sutton, Malia	12	Lakehead Run	NT

**Event 2 Men 80 Meter Dash U12**

	Name	Yr	Team	Seed Time
1	Duncan, Noah	12	Winnipeg Opt	11.64
2	Akinlade, Ezekiel	13	Winnipeg Opt	11.70
3	Zarichanski, Xavier	12	Predator Ath	12.05
4	Kunzelman, Cayden	12	Tough Track	12.49
5	Bayani, Oliver	12	Winnipeg Opt	12.54
6	Mitchell, Malcolm	14	Tough Track	12.61
7	Springer, William	12	Winnipeg Opt	13.35
8	D'Sa, Kyle	12	Winnipeg Opt	13.50
9	Zahariuk, Brayden	13	Predator Ath	13.50
10	Beardy-Berard, Max	12	Winnipeg Opt	16.52
11	Abgrall, Greyson	12	Unattached-M	15:10.00
12	Tobac, Jack	12	Tough Track	NT
13	Hiller, Arie	13	Predator Ath	NT
14	Yamada, Elliot	14	Unattached-M	NT

**Event 3 Women 80 Meter Dash U14**

	Name	Yr	Team	Seed Time
1	McGirr, Addison	11	Lakehead Run	11.00
2	Ogweno, Faustine	10	Winnipeg Opt	11.11
3	Papineau, Hailey	11	Lakehead Run	11.60
4	Ives, Paxton	10	Winnipeg Opt	11.70
5	Meakin, Hayley	10	Tough Track	11.74
6	Thomas, Bella	10	Predator Ath	11.99
7	Stalmer, Juliet	11	Lakehead Run	12.00
8	Clayton, Charlee	10	Predator Ath	12.29
9	Zahariuk, Mackenzie	10	Predator Ath	12.83
10	Robertson, Demi	10	Manitoba Nai	12.98
11	Linklater, Arraya	10	Westwood Ele	15.00
12	Nychporuk, Lauren	10	Westwood Ele	17.00
13	Hautanen, Hayden	11	Lakehead Run	NT
14	Lounsbury, Lily	11	Manitoba Nai	NT

15	Ruberto, Chloe	11	Lakehead Run	NT
16	Lebel, Paiton	11	Lakehead Run	NT
17	Kopechuk, Kaya	11	Westwood Ele	NT

**Event 4 Men 80 Meter Dash U14**

	Name	Yr	Team	Seed Time
1	Chastellaine, Cashton	10	Manitoba Nai	12.29
2	Springer, Jack	10	Winnipeg Opt	12.77
3	Hartwich, Kayden	11	Predator Ath	13.36
4	Joseph, Abel	11	Dash Athleti	NT
5	Elson, Braden	10	Unattached-M	NT

**Event 5 Women 100 Meter Dash U16 Prelims**

	Name	Yr	Team	Seed Time
1	Findley, Kyla	08	Winnipeg Opt	12.54
2	Waldner, Lillian	08	Tough Track	12.64
3	Moyes, Nyah	09	Tough Track	13.04
4	Cox, Chayanne	08	Winnipeg Opt	13.15
5	Porter, Grace	08	Lakehead Run	13.20
6	Crocker, Kalyn	09	Lakehead Run	13.35
7	Galle, Claudia	08	Lakehead Run	13.45
8	Lacaria, Sofi	09	Lakehead Run	13.48
9	Bankole, Mojola	08	Winnipeg Opt	13.50
10	Garland, Raina	08	Winnipeg Opt	13.57
11	Unrau, Emma	08	Tough Track	13.61
12	Petrie, Fiona	09	Tough Track	13.82
13	Bankole, Morayo	08	Winnipeg Opt	13.96
14	Agostino, Olivia	09	Lakehead Run	14.00
15	Smith, Hope	09	Winnipeg Opt	14.18
16	Begin, Nevyynn	08	Lakehead Run	14.29
17	Prezio, Kate	08	Lakehead Run	14.49
18	Lakusta, Willow	09	Winnipeg Opt	14.88
19	Hamzic, Asha	08	Winnipeg Opt	NT
20	MacKenzie, Hayden	08	Winnipeg Opt	NT
21	Price, Addison	09	Manitoba Nai	NT
22	Murdoch, Jessica	09	Manitoba Nai	NT
23	Caldwell, Harper	09	Unattached-M	NT

**Event 6 Men 100 Meter Dash U16 Prelims**

	Name	Yr	Team	Seed Time
1	Nikkel, Hudson	08	Winnipeg Opt	11.60
2	Yusuff, Yusuff Ajibola	09	Winnipeg Opt	11.82
3	Agomuo, Emmanuel	08	Winnipeg Opt	11.90
4	Motkaluk, Tyler	09	Winnipeg Opt	12.02
5	Thorn, Logan	09	Winnipeg Opt	13.12
6	Chastellaine, Jackson	09	Manitoba Nai	13.32
7	Melnick, Daniel	09	Predator Ath	13.35
8	McKenty, Owen	09	Predator Ath	13.94
9	Brown, Malik	09	Winnipeg Opt	14.03
10	Smith, Torrin	09	Shoal Lake S	14:36.00
11	Dnes, Ben	08	Winnipeg Opt	NT
12	Berlinquette, Rylan	09	Lakehead Run	NT
13	McKay, Elliot	08	Winnipeg Opt	NT
14	Barron, Cash	09	Manitoba Nai	NT

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Name	Yr	Team	Seed Time
1	Kuypers, Skyler	06 Winnipeg Opt	13.00
2	Halbert, Makayla	06 Winnipeg Opt	13.10
3	Davis, Jordyn	07 Unattached-M	13.19
4	Cassils, Rianna	06 Winnipeg Opt	13.40
5	Lacaria, Gabriella	07 Lakehead Run	13.60
6	Jones, Emily	07 Lakehead Run	13.61
7	Banman, Sienna	07 Winnipeg Opt	14.20
8	Burchill, Ayshia	07 Winnipeg Opt	14.50
9	Price, Seanna	06 Manitoba Nai	14.92
10	Robertson, Keiryn	06 Manitoba Nai	16.23
11	Tropea, Olivia	07 Lakehead Run	NT
12	Stadnyk, Talia	07 Winnipeg Opt	NT

**Event 8 Men 100 Meter Dash U18 Prelims**

Name	Yr	Team	Seed Time
1	Nkundimana, Augustine	06 Winnipeg Opt	11.20
2	Onwuanimkwu, Joshua	07 Vincent Mass	11.28
3	Sarna, Deighton	06 Garden City	11.30
4	Burchill, Terick	07 Winnipeg Opt	11.40
5	Beaubrun, Julius	07 Winnipeg Opt	11.50
6	Sarna, Bennett	06 Sisler High	11.51
7	Eichenberg, Rashaad	07 Lakehead Run	11.59
8	Bankole, Folajimi	06 Winnipeg Opt	11.60
9	Ewers, Eshoi	07 Unattached-M	11.60
10	Tekle Weldegebriel, Essey	07 Tough Track	11.60
11	Verga, Ronaldo	06 Sisler High	11.85
12	Filomeno, John Paul	07 Winnipeg Opt	12.00
13	Ferreira, Elliot	07 Lord Selkirk	12.05
14	Moyes, Landon	07 Tough Track	12.35
15	Huska, Zack	06 Predator Ath	12.55
16	Benediktson, Blaze	06 Manitoba Nai	12.95
17	Lounsbury, Zakery	07 Manitoba Nai	14.16

**Event 9 Women 100 Meter Dash U20 Prelims**

Name	Yr	Team	Seed Time
1	Nonato, Zoe	04 Winnipeg Opt	12.50
2	McKim, Signy	04 Tough Track	13.27

**Event 10 Men 100 Meter Dash U20 Prelims**

Name	Yr	Team	Seed Time
1	Hiebert, Jared	05 Winnipeg Opt	11.34
2	Aguinaldo, Denzel	05 Winnipeg Opt	11.60
3	Hudec, Stephen	05 Lakehead Run	11.70
4	Birinda, Enock	04 Winnipeg Opt	12.00
5	Bear, Kendal	05 Manitoba Nai	13.23
6	Parboosingh, Keaton	04 Manitoba Nai	13.27

**Event 11 Women 100 Meter Dash Open Prelims**

Lane	Name	Yr	Team	Seed Time
<b>Prelims W20+</b>				
1	Gordon, Donnae	01	Winnipeg Opt	12.30
2	Odeleye, Eniola	01	Winnipeg Opt	12.60
3	Davis, Nicole	00	Winnipeg Opt	12.80
4	Morgan, Yvette	96	Bison Athlet	13.80

5	Beynon, Valerie	91	Winnipeg Opt	14.00
6	Tynes, Brianna	99	Bison Athlet	NT

**Event 12 Men 100 Meter Dash Open Prelims**

Lane	Name	Yr	Team	Seed Time
<b>Prelims M20-34</b>				
1	Dowhos, Niko	01	Lakehead Run	10.73
2	Eze, Miracle	01	Winnipeg Opt	11.00
3	Hutchinson, Joshua	00	Lakehead Run	11.17
4	Gerstner, Robert	02	Winnipeg Opt	11.39
5	Olanrewaju, Olamide	03	Winnipeg Opt	11.50
6	Norea, Caelan	02	Winnipeg Opt	11.70
7	Ejercito, Xerxes	02	Winnipeg Opt	11.70
8	Singh, Gurveer	00	Unattached-M	11.81
9	Tambal Musa, Roy	02	Bison Athlet	NT

**Event 13 Women 35+ 100 Meter Dash Master**

Name	Yr	Team	Seed Time	
1	Babalola, Omena	68	Winnipeg Opt	16.00

**Event 14 Men 35+ 100 Meter Dash Master**

Name	Yr	Team	Seed Time	
1	Morris, Michael	77	Tough Track	11.97
2	Stewart, George	59	Winnipeg Opt	15.02
3	Masood, Abu	47	Unattached-M	20.00

**Event 17 Women 150 Meter Dash U12**

Name	Yr	Team	Seed Time	
1	Manaire, Élise	12	Winnipeg Opt	21.22
2	Lavoie, Peyton	12	Lakehead Run	22.75
3	Salvador, Zoe	13	Tough Track	23.05
4	Holmes, Norah	12	Lakehead Run	23.10
5	Oderemi, Mary	13	Winnipeg Opt	25.65
6	Montgomery, Maeya	12	Lakehead Run	25.73
7	Jeje, Mercy	13	Winnipeg Opt	26.77
8	Roy, Jillian	12	Predator Ath	27.60
9	Garner, Esmé	12	Predator Ath	28.59
10	Harwood, Adele	12	Unattached-M	31.05
11	Garner, Amélie	13	Predator Ath	34.71
12	Abgrall, Aria	14	Unattached-M	30:30.00
13	Agostino, Fiona	12	Lakehead Run	NT
14	Sutton, Malia	12	Lakehead Run	NT
15	Priscott, Madison	12	Lakehead Run	NT
16	Brolund, Quinn	14	Unattached-M	NT
17	Dressler, Natalie	14	Winnipeg Opt	NT
18	Arthurson, Hayleigh	12	Unattached-M	NT
19	Toffinetti, Katie	12	Lakehead Run	NT
20	Dressler, Kaylee	16	Winnipeg Opt	NT

**Event 18 Men 150 Meter Dash U12**

Name	Yr	Team	Seed Time	
1	Akinlade, Ezekiel	13	Winnipeg Opt	21.66
2	Duncan, Noah	12	Winnipeg Opt	22.37
3	Zarichanski, Xavier	12	Predator Ath	22.46
4	Bayani, Oliver	12	Winnipeg Opt	22.92
5	Mitchell, Malcolm	14	Tough Track	23.44
6	Kunzelman, Cayden	12	Tough Track	23.52

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Name	Yr	Team	Seed Time
7 Springer, William	12	Winnipeg Opt	25.09
8 D'Sa, Kyle	12	Winnipeg Opt	25.11
9 Zahariuk, Brayden	13	Predator Ath	28.19
10 Hiller, Arie	13	Predator Ath	30.06
11 Beardy-Berard, Max	12	Winnipeg Opt	31.72
12 Abgrall, Greyson	12	Unattached-M	27:38.00
13 Tobac, Jack	12	Tough Track	NT
14 Yamada, Elliot	14	Unattached-M	NT

**Event 19 Women 150 Meter Dash U14**

Name	Yr	Team	Seed Time
1 Ogweno, Faustine	10	Winnipeg Opt	20.48
2 McGirr, Addison	11	Lakehead Run	20.65
3 Ives, Paxton	10	Winnipeg Opt	21.05
4 Papineau, Hailey	11	Lakehead Run	21.85
5 Meakin, Hayley	10	Tough Track	21.95
6 Nychporuk, Lauren	10	Westwood Ele	22.00
7 Stalmer, Juliet	11	Lakehead Run	22.08
8 Thomas, Bella	10	Predator Ath	22.22
9 Robertson, Demi	10	Manitoba Nai	25.50
10 Linklater, Arraya	10	Westwood Ele	35.00
11 Hautanen, Hayden	11	Lakehead Run	NT
12 Buzunis, Stella	11	Unattached-M	NT
13 Lebel, Paiton	11	Lakehead Run	NT
14 Kopechuk, Kaya	11	Westwood Ele	NT
15 Ruberto, Chloe	11	Lakehead Run	NT

**Event 20 Men 150 Meter Dash U14**

Name	Yr	Team	Seed Time
1 Chastellaine, Cashton	10	Manitoba Nai	22.71
2 Springer, Jack	10	Winnipeg Opt	23.35
3 Elson, Braden	10	Unattached-M	NT

**Event 21 Women 200 Meter Dash U16 Prelims**

Name	Yr	Team	Seed Time
1 Findley, Kyla	08	Winnipeg Opt	25.70
2 Waldner, Lillian	08	Tough Track	25.73
3 Moyes, Nyah	09	Tough Track	26.87
4 Akinlade, Esther	08	Winnipeg Opt	27.17
5 Cox, Chayanne	08	Winnipeg Opt	27.53
6 Bankole, Mojola	08	Winnipeg Opt	27.55
7 Porter, Grace	08	Lakehead Run	27.70
8 Crocker, Kalyn	09	Lakehead Run	27.80
9 Galle, Claudia	08	Lakehead Run	27.90
10 Lacaria, Sofi	09	Lakehead Run	27.90
11 Hendrickson, Claire	09	Tough Track	28.04
12 Adolph, Kennedy	08	Winnipeg Opt	28.31
13 Oderemi, Esther	09	Winnipeg Opt	28.75
14 Petrie, Fiona	09	Tough Track	28.85
15 Unrau, Emma	08	Tough Track	29.01
16 McGrath, Kiera	09	Other	29.06
17 Smith, Hope	09	Winnipeg Opt	29.07
18 Agostino, Olivia	09	Lakehead Run	29.90
19 Lopez Modera, Gisselle	08	Sisler High	30.00

20 Begin, Nevynn	08	Lakehead Run	30.13
21 Bankole, Morayo	08	Winnipeg Opt	31.25
22 Lakusta, Willow	09	Winnipeg Opt	31.25
23 Murdoch, Jessica	09	Manitoba Nai	NT
24 Hamzic, Asha	08	Winnipeg Opt	NT
25 Price, Addison	09	Manitoba Nai	NT

**Event 22 Men 200 Meter Dash U16 Prelims**

Name	Yr	Team	Seed Time
1 Yusuff, Yusuff Ajibola	09	Winnipeg Opt	23.62
2 Thomas, Parker	08	Predator Ath	24.55
3 Agomuo, Emmanuel	08	Winnipeg Opt	24.83
4 Motkaluk, Tyler	09	Winnipeg Opt	25.13
5 Thorn, Logan	09	Winnipeg Opt	26.45
6 McGrath, Aidan	09	Other	28.02
7 Chastellaine, Jackson	09	Manitoba Nai	28.79
8 Brown, Malik	09	Winnipeg Opt	30.08
9 Smith, Torrin	09	Shoal Lake S	30:54.00
10 Barron, Cash	09	Manitoba Nai	NT
11 Berliquette, Rylan	09	Lakehead Run	NT

**Event 23 Women 200 Meter Dash U18 Prelims**

Name	Yr	Team	Seed Time
1 Lawrence, Amira	06	Winnipeg Opt	25.20
2 Kuypers, Skyler	06	Winnipeg Opt	26.94
3 Forman, Anne	06	Unattached-M	27.10
4 Galle, Mary-Angela	07	Lakehead Run	27.15
5 Cassils, Rianna	06	Winnipeg Opt	27.30
6 Cookson, Paige	07	Winnipeg Opt	28.00
7 Kowalchuk, Ally	07	Winnipeg Opt	28.00
8 Jones, Emily	07	Lakehead Run	28.11
9 Lacaria, Gabriella	07	Lakehead Run	28.13
10 Schumacher- King, Susan	06	Lakehead Run	28.50
11 Anvar, Marina	07	Lakehead Run	28.80
12 Costanzo, Jacklyn	07	Lakehead Run	28.85
13 Price, Seanna	06	Manitoba Nai	30.22
14 Catellier, Carley	06	Lord Selkirk	NT
15 Burns, Vayah	07	Manitoba Nai	NT
16 Robertson, Keiryn	06	Manitoba Nai	NT

**Event 24 Men 200 Meter Dash U18 Prelims**

Name	Yr	Team	Seed Time
1 Nkundimana, Augustine	06	Winnipeg Opt	22.70
2 Burchill, Terick	07	Winnipeg Opt	22.90
3 Cookson, Logan	07	Winnipeg Opt	23.30
4 Klemick, Konnor	07	Unattached-M	23.44
5 Onwuanimkwu, Joshua	07	Vincent Mass	23.45
6 Tekle Weldegebriel, Essey	07	Tough Track	23.50
7 Eichenberg, Rashaad	07	Lakehead Run	23.80
8 Ewers, Eshoi	07	Unattached-M	23.95
9 Carels, Parker	06	Lord Selkirk	23.97
10 Bankole, Folajimi	06	Winnipeg Opt	24.00
11 Zulueta, Daniel	07	Sisler High	24.83
12 Moyes, Landon	07	Tough Track	24.95
13 Dainard, Jakob	06	Lord Selkirk	25.55
14 Huska, Zack	06	Predator Ath	25.72

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**Performance List****Event 24 ... (Men 200 Meter Dash U18 Prelims)**

Name	Yr	Team	Seed Time
15 Lounsbury, Zakery	07	Manitoba Nai	28.63
16 Benediktson, Blaze	06	Manitoba Nai	NT
17 Ferreira, Elliot	07	Lord Selkirk	NT

**Event 25 Women 200 Meter Dash U20**

Name	Yr	Team	Seed Time
1 Nonato, Zoe	04	Winnipeg Opt	25.70

**Event 26 Men 200 Meter Dash U20**

Name	Yr	Team	Seed Time
1 Hiebert, Jared	05	Winnipeg Opt	22.80
2 Aguinaldo, Denzel	05	Winnipeg Opt	23.60
3 Birinda, Enock	04	Winnipeg Opt	24.60
4 Bear, Kendal	05	Manitoba Nai	26.48
5 Prince, Bradley	04	Manitoba Nai	26.76
6 Parboosingh, Keaton	04	Manitoba Nai	27.83

**Event 27 Women 18+ 200 Meter Dash Open Prelims**

Lane	Name	Yr	Team	Seed Time
<b>Prelims W20-34</b>				
1	Collins, Christiana	03	Lakehead Run	25.21
2	Davis, Nicole	00	Winnipeg Opt	25.80
3	Morrison, Chloé	03	Tough Track	26.75
4	Beynon, Valerie	91	Winnipeg Opt	30.15

**Event 28 Men 18+ 200 Meter Dash Open Prelims**

Lane	Name	Yr	Team	Seed Time
<b>Prelims M20-34</b>				
1	Eze, Miracle	01	Winnipeg Opt	22.30
2	Dowhos, Niko	01	Lakehead Run	22.49
3	Kacharovsky, Alon	01	Winnipeg Opt	23.31
4	Olanrewaju, Olamide	03	Winnipeg Opt	23.50
5	Puchala, Michael	00	Tough Track	23.86
6	Ejercito, Xerxes	02	Winnipeg Opt	23.90
7	Norea, Caelan	02	Winnipeg Opt	24.00

**Event 29 Women 35+ 200 Meter Dash Master**

Name	Yr	Team	Seed Time
1 Babalola, Omena	68	Winnipeg Opt	36.00

**Event 30 Men 35+ 200 Meter Dash Master**

Name	Yr	Team	Seed Time
1 Morris, Michael	77	Tough Track	24.21
2 Samyn, Paul	65	Unattached-M	28.05
3 Stewart, George	59	Winnipeg Opt	31.60

**Event 34 Women 300 Meter Dash U14**

Name	Yr	Team	Seed Time
1 McGirr, Addison	11	Lakehead Run	47.00
2 Papineau, Hailey	11	Lakehead Run	48.50
3 Stalmer, Juliet	11	Lakehead Run	48.91
4 Ives, Paxton	10	Winnipeg Opt	49.03
5 Linklater, Arraya	10	Westwood Ele	50.00
6 Nychyporuk, Lauren	10	Westwood Ele	2:30.00

**Event 35 Men 300 Meter Dash U14**

Name	Yr	Team	Seed Time
1 Hartwich, Kayden	11	Predator Ath	54.00
2 Elson, Braden	10	Unattached-M	NT

**Event 36 Women 300 Meter Dash U16**

Name	Yr	Team	Seed Time
1 Waldner, Lillian	08	Tough Track	42.03
2 Hendrickson, Claire	09	Tough Track	43.09
3 Moyes, Nyah	09	Tough Track	43.16
4 Tobac, Kate	09	Tough Track	43.26
5 Arkova-Tough, Nina	09	Tough Track	44.09
6 Adolph, Kennedy	08	Winnipeg Opt	44.29
7 Lacaria, Sofi	09	Lakehead Run	44.90
8 Crocker, Kalyn	09	Lakehead Run	45.00
9 McGrath, Kiera	09	Other	45.35
10 Galle, Claudia	08	Lakehead Run	45.50
11 Stocco, Lily	08	Lakehead Run	47.00
12 Hall, Evie	08	Winnipeg Opt	47.00
13 Smith, Hope	09	Winnipeg Opt	47.92
14 Lopez Modera, Gisselle	08	Sisler High	48.50
15 Oderemi, Elizabeth	08	Winnipeg Opt	48.65
16 Lakusta, Willow	09	Winnipeg Opt	51.39
17 Kennedy, Adison	09	Predator Ath	52.42
18 Anderson, Alivia	08	Lakehead Run	53.00
19 Caldwell, Harper	09	Unattached-M	NT

**Event 37 Men 300 Meter Dash U16**

Name	Yr	Team	Seed Time
1 Yusuff, Yusuff Ajibola	09	Winnipeg Opt	38.77
2 Thomas, Parker	08	Predator Ath	39.69
3 Agomuo, Emmanuel	08	Winnipeg Opt	40.05
4 Thorn, Logan	09	Winnipeg Opt	40.77
5 Gudmundson, Tristan	08	Winnipeg Opt	41.30
6 McGrath, Aidan	09	Other	43.92
7 Dalke, Edwin	09	Winnipeg Opt	44.82
8 Melnick, Daniel	09	Predator Ath	46.66
9 Whitford, Danny (dj)	09	Manitoba Nai	NT

**Event 38 Women 400 Meter Dash U18**

Name	Yr	Team	Seed Time
1 Lawrence, Amira	06	Winnipeg Opt	58.50
2 Forman, Anne	06	Unattached-M	1:00.70
3 Vande Graaf, Lillian	07	Tough Track	1:02.17
4 Jones, Sarah	07	Lakehead Run	1:03.73
5 Galle, Mary-Angela	07	Lakehead Run	1:03.90
6 Cookson, Paige	07	Winnipeg Opt	1:05.00
7 Costanzo, Jacklyn	07	Lakehead Run	1:06.00
8 Anvar, Marina	07	Lakehead Run	1:06.50
9 Schumacher- King, Susan	06	Lakehead Run	1:07.50
10 Kowalchuk, Ally	07	Winnipeg Opt	1:09.00
11 Burns, Vayah	07	Manitoba Nai	NT

**Event 39 Men 400 Meter Dash U18**

Name	Yr	Team	Seed Time
1 McMillan, Hayes	06	Tough Track	50.20

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## Performance List

**Event 39 ... (Men 400 Meter Dash U18)**

Name	Yr	Team	Seed Time
2 Cookson, Logan	07	Winnipeg Opt	51.90
3 Warren, Jady	06	Lakehead Run	52.00
4 Tekle Weldegebriel, Essey	07	Tough Track	53.00
5 Klemick, Konnor	07	Unattached-M	53.67
6 Ewert, Lucas	07	Unattached-M	53.70
7 Zachariasz, Eric	07	Lakehead Run	55.00
8 Zulueta, Daniel	07	Sisler High	55.06
9 Carels, Parker	06	Lord Selkirk	55.23
10 Dainard, Jakob	06	Lord Selkirk	55.43
11 McCulloch, Cole	06	Winnipeg Opt	1:01.53

**Event 41 Men 400 Meter Dash U20**

Name	Yr	Team	Seed Time
1 Allen, Keenan	04	Tough Track	50.48
2 McCulloch, Gavin	04	Winnipeg Opt	59.61
3 Prince, Bradley	04	Manitoba Nai	1:01.97
4 Robertson, Dawson	05	Manitoba Nai	1:02.48

**Event 42 Women 18+ 400 Meter Dash Open**

Lane	Name	Yr	Team	Seed Time
W20-34				
1	Dasilva, Aly	03	Lakehead Run	57.93

**Event 43 Men 400 Meter Dash Open**

Lane	Name	Yr	Team	Seed Time
M20-34				
1	Mann, Dawson	01	Tough Track	48.54
2	Lawson, Ben	03	Lakehead Run	52.00

**Event 44 Men 35+ 400 Meter Dash Master**

Name	Yr	Team	Seed Time
1 Morris, Michael	77	Tough Track	55.50
2 Athayde, Greg	61	Tough Track	1:00.12
3 Faucher, Claude	67	Unattached-M	1:00.15
4 Beckel, Noel	69	Roadkill Run	1:20.00

**Event 45 Women 600 Meter Run U12**

Name	Yr	Team	Seed Time
1 Garner, Esmé	12	Predator Ath	2:37.81
2 Roy, Jillian	12	Predator Ath	2:59.68

**Event 46 Men 600 Meter Run U12**

Name	Yr	Team	Seed Time
1 Akinlade, Ezekiel	13	Winnipeg Opt	2:07.41
2 Bayani, Oliver	12	Winnipeg Opt	2:09.47
3 Zarichanski, Xavier	12	Predator Ath	2:20.60
4 Hiller, Arie	13	Predator Ath	2:24.18
5 Springer, William	12	Winnipeg Opt	NT

**Event 49 Women 800 Meter Run U14**

Name	Yr	Team	Seed Time
1 Vander-Vegte, Britton	11	Lakehead Run	2:40.00
2 Schneider, Ashley	11	Winnipeg Opt	2:46.16
3 Heroux, Violet	10	Winnipeg Opt	3:08.30
4 Chartrand, Danika	10	Manitoba Nai	3:21.14

5 Buzunis, Stella	11	Unattached-M	NT
6 Scott, Ivory	10	Manitoba Nai	NT
7 McIvor, Michelle	11	Manitoba Nai	NT

**Event 50 Men 800 Meter Run U14**

Name	Yr	Team	Seed Time
1 Horihan, Brody	11	Lakehead Run	2:29.00

**Event 51 Women 800 Meter Run U16**

Name	Yr	Team	Seed Time
1 Adolph, Kennedy	08	Winnipeg Opt	2.45
2 Arkova-Tough, Nina	09	Tough Track	2:28.12
3 Fontaine, Riley	08	Winnipeg Opt	2:29.67
4 Hendrickson, Claire	09	Tough Track	2:30.00
5 Tobac, Kate	09	Tough Track	2:31.28
6 Young, Molly	09	Tough Track	2:32.28
7 Hall, Evie	08	Winnipeg Opt	2:34.00
8 Konopski, Stacey	08	Lakehead Run	2:41.00
9 Horihan, Libby	08	Lakehead Run	2:42.00
10 Stocco, Lily	08	Lakehead Run	2:47.00
11 Anderson, Alivia	08	Lakehead Run	NT

**Event 52 Men 800 Meter Run U16**

Name	Yr	Team	Seed Time
1 Gudmundson, Tristan	08	Winnipeg Opt	2:18.00
2 Dalke, Edwin	09	Winnipeg Opt	2:25.80
3 Chastellaine, Jackson	09	Manitoba Nai	2:37.70
4 Melnick, Daniel	09	Predator Ath	2:37.84
5 Barron, Cash	09	Manitoba Nai	NT

**Event 53 Women 800 Meter Run U18**

Name	Yr	Team	Seed Time
1 Vande Graaf, Lillian	07	Tough Track	2:24.17
2 Conchatre, Meredith	06	Tough Track	2:28.48
3 Gross, Sara	06	Last Mile At	2:30.00
4 Lysiuk, Hana	06	Last Mile At	2:30.00
5 Bragnalo, Kali	07	Lakehead Run	2:31.00
6 Jones, Sarah	07	Lakehead Run	2:33.01
7 Forman, Anne	06	Unattached-M	2:40.00
8 Kowalchuk, Ally	07	Winnipeg Opt	2:50.00
9 Storozuk, Kelsey	07	Lakehead Run	NT

**Event 54 Men 800 Meter Run U18**

Name	Yr	Team	Seed Time
1 Neves, Noah	06	Tough Track	1:52.95
2 McMillan, Hayes	06	Tough Track	1:54.51
3 Warren, Jady	06	Lakehead Run	1:57.00
4 Zachariasz, Eric	07	Lakehead Run	2:02.50
5 Sahij Pal, Rupinder	07	Tough Track	2:03.68
6 Simard, Nathan	06	Unattached-M	2:04.00
7 Phillips, Nate	07	Last Mile At	2:04.82
8 Fillion, Luc	07	Tough Track	2:05.56
9 Ewert, Lucas	07	Unattached-M	2:05.77
10 Dyck, Nathan	06	Last Mile At	2:07.16
11 Bergen, Nicolas	07	Tough Track	2:07.74
12 Hinrichsen, Luke	06	Unattached-M	2:08.09
13 McCulloch, Cole	06	Winnipeg Opt	2:25.00

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## Event 55 Women 800 Meter Run U20

Name	Yr	Team	Seed Time
1 Harz, Logan	05	Winnipeg Opt	2:18.00
2 Klassen, Lena	05	Winnipeg Opt	2:19.00
3 Fulcher, Arianna	05	Tough Track	2:20.19
4 Goncalves, Ava	05	Winnipeg Opt	2:22.14

## Event 56 Men 800 Meter Run U20

Name	Yr	Team	Seed Time
1 Civetta, Alejandro	05	Tough Track	1:53.38
2 Allen, Keenan	04	Tough Track	2:00.39
3 McCulloch, Gavin	04	Winnipeg Opt	2:15.37

## Event 57 Women 18+ 800 Meter Run Open

Lane Name	Yr	Team	Seed Time
<b>W20-34</b>			
1 Kroeker, Angela	01	Winnipeg Opt	2:16.00
2 Vaillancourt, Emma	91	Unattached O	2:16.00
3 Patson, Caitlyn	95	Bison Athlet	2:40.00

## Event 58 Men 18+ 800 Meter Run Open

Lane Name	Yr	Team	Seed Time
<b>M20-34</b>			
1 Mann, Dawson	01	Tough Track	1:50.60
2 Fillion, Noah	03	Tough Track	1:53.73
3 Kroeker, Justin	02	Bison Athlet	1:53.73
4 Brandt-Ganding, Alexandre	00	Bison Athlet	1:54.51
5 Lawson, Ben	03	Lakehead Run	2:00.53

## Event 63 Women 1200 Meter Run U14

Name	Yr	Team	Seed Time
1 Vander-Vegte, Britton	11	Lakehead Run	4:45.00
2 Heroux, Violet	10	Winnipeg Opt	4:49.03
3 Chartrand, Danika	10	Manitoba Nai	5:35.40
4 Schneider, Ashley	11	Winnipeg Opt	NT
5 McIvor, Michelle	11	Manitoba Nai	NT

## Event 64 Men 1200 Meter Run U14

Name	Yr	Team	Seed Time
1 Horihan, Brody	11	Lakehead Run	4:20.00

## Event 65 Women 1200 Meter Run U16

Name	Yr	Team	Seed Time
1 De Smet, Annika	08	Winnipeg Opt	3:41.44
2 Aiello, Lilianna	08	Winnipeg Opt	3:59.14
3 Tobac, Kate	09	Tough Track	4:09.11
4 Hall, Evie	08	Winnipeg Opt	4:16.00
5 Konopski, Stacey	08	Lakehead Run	4:45.00
6 Kay, Madison	08	Lakehead Run	4:45.00
7 Horihan, Libby	08	Lakehead Run	4:45.00
8 Ball, Sydney	08	Lakehead Run	4:55.00

## Event 66 Men 1200 Meter Run U16

Name	Yr	Team	Seed Time
1 Heroux, Carter	08	Winnipeg Opt	3:40.00
2 Melnick, Daniel	09	Predator Ath	4:37.78
3 Therrien, Revin	09	Manitoba Nai	NT

4 Whitford, Danny (dj) 09 Manitoba Nai NT

## Event 67 Women 1500 Meter Run U18

Name	Yr	Team	Seed Time
1 Lysiuk, Hana	06	Last Mile At	5:10.00
2 Bragnalo, Kali	07	Lakehead Run	5:20.00
3 Summers, Delaney	07	Lakehead Run	5:30.00
4 Haering, Kate	07	Lakehead Run	6:00.00
5 Storozuk, Kelsey	07	Lakehead Run	NT
6 Gross, Sara	06	Last Mile At	NT
7 McIvor, Kianna	06	Manitoba Nai	NT

## Event 68 Men 1500 Meter Run U18

Name	Yr	Team	Seed Time
1 Ehmann, Sean	06	Tough Track	4:15.20
2 Phillips, Nate	07	Last Mile At	4:15.91
3 Simard, Nathan	06	Unattached-M	4:16.00
4 Dyck, Nathan	06	Last Mile At	4:16.00
5 Palmer, Liam	07	Winnipeg Opt	4:19.00
6 Fillion, Luc	07	Tough Track	4:27.23
7 Prezio, Sam	07	Lakehead Run	4:27.50
8 Bergen, Nicolas	07	Tough Track	4:30.50
9 Hope, Thomas	07	Lakehead Run	NT

## Event 69 Women 1500 Meter Run U20

Name	Yr	Team	Seed Time
1 Harz, Logan	05	Winnipeg Opt	4:43.00
2 Klassen, Lena	05	Winnipeg Opt	4:46.00
3 Goncalves, Ava	05	Winnipeg Opt	4:56.00

## Event 70 Men 1500 Meter Run U20

Name	Yr	Team	Seed Time
1 Civetta, Alejandro	05	Tough Track	4:04.59
2 Kroeker, Carson	05	Tough Track	4:11.86
3 Spence, Lakota	05	Winnipeg Opt	4:40.13
4 Wood, Arlo	05	Manitoba Nai	5:24.04

## Event 71 Women 18+ 1500 Meter Run Open

Lane Name	Yr	Team	Seed Time
<b>W20-34</b>			
1 Vaillancourt, Emma	91	Unattached O	4:45.00

## Event 72 Men 18+ 1500 Meter Run Open

Lane Name	Yr	Team	Seed Time
<b>M20-34</b>			
1 Townsend, Luke	03	Winnipeg Opt	4:22.86

## Event 79 Women 2000 Meter Run U16

Name	Yr	Team	Seed Time
1 De Smet, Annika	08	Winnipeg Opt	6:29.97
2 Aiello, Lilianna	08	Winnipeg Opt	7:10.00
3 Kay, Madison	08	Lakehead Run	8:22.00
4 Ball, Sydney	08	Lakehead Run	8:35.00

## Event 80 Men 2000 Meter Run U16

Name	Yr	Team	Seed Time
1 Heroux, Carter	08	Winnipeg Opt	6:30.00
2 Therrien, Revin	09	Manitoba Nai	NT

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**Event 81 Women 3000 Meter Run U18**

Name	Yr	Team	Seed Time
1 Summers, Delaney	07	Lakehead Run	12:00.00
2 Haering, Kate	07	Lakehead Run	12:45.00
3 Lysiuk, Hana	06	Last Mile At	NT
4 McIvor, Kianna	06	Manitoba Nai	NT

**Event 82 Men 3000 Meter Run U18**

Name	Yr	Team	Seed Time
1 Ehmann, Sean	06	Tough Track	9:11.50
2 Phillips, Nate	07	Last Mile At	9:19.46
3 Dyck, Nathan	06	Last Mile At	9:28.00
4 Palmer, Liam	07	Winnipeg Opt	9:32.00
5 Prezio, Sam	07	Lakehead Run	9:39.95
6 Hope, Thomas	07	Lakehead Run	NT

**Event 84 Men 3000 Meter Run U20**

Name	Yr	Team	Seed Time
1 Kroeker, Carson	05	Tough Track	9:19.84
2 Spence, Lakota	05	Winnipeg Opt	10:13.00
3 Wood, Arlo	05	Manitoba Nai	11:58.62

**Event 86 Men 18+ 3000 Meter Run Open**

Lane	Name	Yr	Team	Seed Time
M20-34				
1	Townsend, Luke	03	Winnipeg Opt	9:30.04

**Event 87 Men 35+ 3000 Meter Run Master**

Name	Yr	Team	Seed Time
1 Zhou, Sam	68	Roadkill Run	12:10.00

**Event 95 Women 80 Meter Hurdles 0.762m-8.0m U16**

Name	Yr	Team	Seed Time
1 Garland, Raina	08	Winnipeg Opt	13.19
2 Bankole, Morayo	08	Winnipeg Opt	14.25
3 Oderemi, Esther	09	Winnipeg Opt	14.76
4 Oderemi, Elizabeth	08	Winnipeg Opt	16.18
5 Kennedy, Adison	09	Predator Ath	19.24
6 Akinlade, Esther	08	Winnipeg Opt	NT

**Event 96 Men 100 Meter Hurdles 0.84m-8.5m U16**

Name	Yr	Team	Seed Time
1 Thorn, Logan	09	Winnipeg Opt	16.03
2 Guastafarro, Daniel	09	Winnipeg Opt	16.67
3 Dalke, Edwin	09	Winnipeg Opt	17.84
4 Dnes, Ben	08	Winnipeg Opt	NT

**Event 97 Women 100 Meter Hurdles 0.762m-8.5m U18**

Name	Yr	Team	Seed Time
1 Davis, Jordyn	07	Unattached-M	15.74
2 Banman, Sienna	07	Winnipeg Opt	NT

**Event 98 Men 110 Meter Hurdles 0.914m-9.14m U18**

Name	Yr	Team	Seed Time
1 Verga, Ronaldo	06	Sisler High	17.85
2 Huska, Zack	06	Predator Ath	NT

**Event 100 Men 110 Meter Hurdles 0.991m-9.14m U20**

Name	Yr	Team	Seed Time
1 Beinert, Jordan	05	Winnipeg Opt	15.20

**Event 107 Women 200 Meter Hurdles 0.762m-35m U16**

Name	Yr	Team	Seed Time
1 Garland, Raina	08	Winnipeg Opt	30.84
2 Oderemi, Esther	09	Winnipeg Opt	32.14
3 Kennedy, Adison	09	Predator Ath	36.06

**Event 108 Men 200 Meter Hurdles 0.762m-35m U16**

Name	Yr	Team	Seed Time
1 Thorn, Logan	09	Winnipeg Opt	28.75
2 Dalke, Edwin	09	Winnipeg Opt	31.68
3 Guastafarro, Daniel	09	Winnipeg Opt	32.63

**Event 109 Women 400 Meter Hurdles 0.762m-35m U18**

Name	Yr	Team	Seed Time
1 Teichroeb, Regan	07	William Mort	NT

**Event 112 Women 400 Meter Hurdles 0.762m-35m Open**

Name	Yr	Team	Seed Time
1 Dasilva, Aly	03	Lakehead Run	1:06.00

**Event 114 Men 400 Meter Hurdles 0.914m-35m U20**

Name	Yr	Team	Seed Time
1 Brezdun, Ihor	04	Winnipeg Opt	56.30

**Event 124 Women 4x100 Meter Relay U12**

Team	Relay	Seed Time
1 Lakehead Run	A	NT

**Event 125 Men 4x100 Meter Relay U12**

Team	Relay	Seed Time
1 Winnipeg Opt	A	NT
1) Duncan, Noah 12	2) Bayani, Oliver 12	
3) D'Sa, Kyle 12	4) Akinlade, Ezekiel 13	

**Event 126 Women 4x100 Meter Relay U14**

Team	Relay	Seed Time
1 Winnipeg Opt	B	NT
1) Buccini, Maya 11	2) Anderson, Jocelyn 11	
3) Elands, Camryn 12	4) Oderemi, Mary 13	
2 Lakehead Run	A	NT
3 Predator Ath	A	NT
4 Winnipeg Opt	A	NT
1) Ives, Paxton 10	2) Manaique, Élise 12	
3) Schneider, Ashley 11	4) Ogweno, Faustine 10	

**Event 128 Women 4x100 Meter Relay U16**

Team	Relay	Seed Time
1 Tough Track	A	51.19
1) Moyes, Nyah 09	2) Hendrickson, Claire 09	
3) Arkova-Tough, Nina 09	4) Waldner, Lillian 08	
2 Tough Track	B	52.81
1) Unrau, Emma 08	2) Tobac, Kate 09	
3) Petrie, Fiona 09	4) Young, Molly 09	
3 Lakehead Run	A	NT

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Team	Relay	Seed Time
4 Winnipeg Opt	B	NT
1) Bankole, Morayo 08	2) Buccini, Sara 08	
3) Smith, Hope 09	4) Oderemi, Esther 09	
5 Winnipeg Opt	A	NT
1) Bankole, Mojola 08	2) Cox, Chayanne 08	
3) Garland, Raina 08	4) Akinlade, Esther 08	
6 Winnipeg Opt	C	NT
1) Buccini, Sara 08	2) Hamzic, Asha 08	
3) Udumullage, Kavishi 08	4) Adolph, Kennedy 08	

**Event 129 Men 4x100 Meter Relay U16**

Team	Relay	Seed Time
1 Winnipeg Opt	A	NT
1) Motkaluk, Tyler 09	2) Thorn, Logan 09	
3) Brown, Malik 09	4) Yusuff, Yusuff Ajibola 09	

**Event 130 Women 4x100 Meter Relay U18**

Team	Relay	Seed Time
1 Lakehead Run	A	NT

**Event 140 Women 4x400 Meter Relay U18**

Team	Relay	Seed Time
1 Lakehead Run	A	NT

**Event 141 Men 4x400 Meter Relay U18**

Team	Relay	Seed Time
1 Lakehead Run	A	NT

**Event 144 Women 4x400 Meter Relay Open**

Team	Relay	Seed Time
1 Winnipeg Opt	A	NT

**Event 145 Men 4x400 Meter Relay Open**

Team	Relay	Seed Time
1 Winnipeg Opt	A	NT

**Event 152 Women High Jump U12**

Name	Yr	Team	Seed Mark
1 Brolund, Quinn	14	Unattached-M	1.00m
2 Oderemi, Mary	13	Winnipeg Opt	0.85m
3 Dressler, Kaylee	16	Winnipeg Opt	NH
4 Dressler, Natalie	14	Winnipeg Opt	NH
5 Garner, Amélie	13	Predator Ath	NH
6 Liske, Jaeda	12	Winnipeg Opt	NH
7 Roy, Jillian	12	Predator Ath	NH
8 Clayton, Addison	13	Predator Ath	NH

**Event 153 Men High Jump U12**

Name	Yr	Team	Seed Mark
1 Duncan, Noah	12	Winnipeg Opt	1.30m
2 D'Sa, Kyle	12	Winnipeg Opt	1.15m
3 Zarichanski, Xavier	12	Predator Ath	NH
4 Abgrall, Greyson	12	Unattached-M	NH
5 Zahariuk, Brayden	13	Predator Ath	NH

**Event 154 Women High Jump U14**

Name	Yr	Team	Seed Mark
1 Turner, Rocklyn	10	Unattached-M	1.30m
2 Zahariuk, Mackenzie	10	Predator Ath	NH
3 Kopechuk, Kaya	11	Westwood Ele	NH
4 Robertson, Demi	10	Manitoba Nai	NH
5 Clayton, Charlee	10	Predator Ath	NH
6 Lounsbury, Lily	11	Manitoba Nai	NH

**Event 156 Women High Jump U16**

Name	Yr	Team	Seed Mark
1 Oderemi, Esther	09	Winnipeg Opt	1.45m
2 Galle, Claudia	08	Lakehead Run	1.45m
3 Akinlade, Esther	08	Winnipeg Opt	1.45m
4 Udumullage, Kavishi	08	Winnipeg Opt	1.40m
5 Bankole, Morayo	08	Winnipeg Opt	1.35m
6 Price, Addison	09	Manitoba Nai	NH
7 Porter, Grace	08	Lakehead Run	NH

**Event 157 Men High Jump U16**

Name	Yr	Team	Seed Mark
1 Parisian-Nault, Easton	08	Walter Whyte	1.65m
2 Guastafarro, Daniel	09	Winnipeg Opt	1.61m
3 Therrien, Revin	09	Manitoba Nai	NH
4 Dnes, Ben	08	Winnipeg Opt	NH
5 Melnick, Daniel	09	Predator Ath	NH

**Event 158 Women High Jump U18**

Name	Yr	Team	Seed Mark
1 Forman, Anne	06	Unattached-M	1.45m
2 Stadnyk, Talia	07	Winnipeg Opt	NH
3 Burak, Sydney	06	Winnipeg Opt	NH
4 Owzarek, Julia	06	Winnipeg Opt	NH

**Event 159 Men High Jump U18**

Name	Yr	Team	Seed Mark
1 Ewert, Lucas	07	Unattached-M	1.65m

**Event 161 Women High Jump U20**

Name	Yr	Team	Seed Mark
1 McKim, Signy	04	Tough Track	1.61m
2 Oleschak, Hayley	05	Manitoba Nai	NH

**Event 162 Women High Jump Open**

Name	Yr	Team	Seed Mark
1 Denbow, Lara	03	Winnipeg Opt	NH

**Event 163 Men High Jump Open**

Name	Yr	Team	Seed Mark
1 Turner, Daxx	02	Winnipeg Opt	2.00m
2 Olukoju, John	00	Winnipeg Opt	NH

**Event 166 Women Pole Vault U16**

Name	Yr	Team	Seed Mark
1 Fontaine, Riley	08	Winnipeg Opt	2.40m
2 Liske, Jaeda	12	Winnipeg Opt	NH



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## Event 172 Women Pole Vault Open

Name	Yr	Team	Seed Mark
1 Blackner, Emily	97	Winnipeg Opt	4.00m
2 Turner, Hayley	02	Winnipeg Opt	3.05m
3 Garfinkel, Mikaela	92	Winnipeg Opt	2.70m
4 Pilat, Arianna	03	Winnipeg Opt	NH

## Event 174 Women Long Jump U12

Name	Yr	Team	Seed Mark
1 Manaigre, Élise	12	Winnipeg Opt	4.39m
2 Lavoie, Peyton	12	Lakehead Run	3.70m
3 Oderemi, Mary	13	Winnipeg Opt	3.08m
4 Jeje, Mercy	13	Winnipeg Opt	2.83m
5 Toffinetti, Katie	12	Lakehead Run	ND
6 Sutton, Malia	12	Lakehead Run	ND
7 Dressler, Kaylee	16	Winnipeg Opt	ND
8 Salvador, Zoe	13	Tough Track	ND
9 Montgomery, Maeya	12	Lakehead Run	ND
10 Agostino, Fiona	12	Lakehead Run	ND
11 Holmes, Norah	12	Lakehead Run	ND
12 Priscott, Madison	12	Lakehead Run	ND
13 Liske, Jaeda	12	Winnipeg Opt	ND
14 Clayton, Addison	13	Predator Ath	ND
15 Roy, Jillian	12	Predator Ath	ND
16 Garner, Esmé	12	Predator Ath	ND
17 Garner, Amélie	13	Predator Ath	ND
18 Fourre, Annabelle	12	Unattached-M	ND
19 Dressler, Natalie	14	Winnipeg Opt	ND
20 Arthurson, Hayleigh	12	Unattached-M	ND
21 Harwood, Adele	12	Unattached-M	ND

## Event 175 Men Long Jump U12

Name	Yr	Team	Seed Mark
1 Akinlade, Ezekiel	13	Winnipeg Opt	3.81m
2 Duncan, Noah	12	Winnipeg Opt	3.71m
3 Bayani, Oliver	12	Winnipeg Opt	3.50m
4 Kunzelman, Cayden	12	Tough Track	3.26m
5 D'Sa, Kyle	12	Winnipeg Opt	3.24m
6 Springer, William	12	Winnipeg Opt	3.20m
7 Beardy-Berard, Max	12	Winnipeg Opt	1.28m
8 Mitchell, Malcolm	14	Tough Track	ND
9 Zarichanski, Xavier	12	Predator Ath	ND
10 Zahariuk, Brayden	13	Predator Ath	ND
11 Hiller, Arie	13	Predator Ath	ND

## Event 176 Women Long Jump U14

Name	Yr	Team	Seed Mark
1 Ogweno, Faustine	10	Winnipeg Opt	4.73m
2 Meakin, Hayley	10	Tough Track	3.64m
3 Buccini, Maya	11	Winnipeg Opt	3.25m
4 Hautanen, Hayden	11	Lakehead Run	ND
5 Ruberto, Chloe	11	Lakehead Run	ND
6 McGirr, Addison	11	Lakehead Run	ND
7 Papineau, Hailey	11	Lakehead Run	ND
8 Buzunis, Stella	11	Unattached-M	ND
9 Stalmer, Juliet	11	Lakehead Run	ND

10 Scott, Ivory	10	Manitoba Nai	ND
11 Lounsbury, Lily	11	Manitoba Nai	ND
12 Robertson, Demi	10	Manitoba Nai	ND
13 Clayton, Charlee	10	Predator Ath	ND
14 Lebel, Paiton	11	Lakehead Run	ND
15 Zahariuk, Mackenzie	10	Predator Ath	ND

## Event 177 Men Long Jump U14

Name	Yr	Team	Seed Mark
1 Springer, Jack	10	Winnipeg Opt	3.60m
2 Hartwich, Kayden	11	Predator Ath	ND
3 Chastellaine, Cashton	10	Manitoba Nai	ND

## Event 178 Women Long Jump U16

Name	Yr	Team	Seed Mark
1 Findley, Kyla	08	Winnipeg Opt	5.28m
2 Oderemi, Esther	09	Winnipeg Opt	4.89m
3 Akinlade, Esther	08	Winnipeg Opt	4.88m
4 Bankole, Mojola	08	Winnipeg Opt	4.86m
5 Bankole, Morayo	08	Winnipeg Opt	4.65m
6 Unrau, Emma	08	Tough Track	4.58m
7 Garland, Raina	08	Winnipeg Opt	4.47m
8 Prezio, Kate	08	Lakehead Run	4.45m
9 Udumullage, Kavishi	08	Winnipeg Opt	4.43m
10 Petrie, Fiona	09	Tough Track	4.33m
11 Oderemi, Elizabeth	08	Winnipeg Opt	4.20m
12 Lakusta, Willow	09	Winnipeg Opt	4.15m

## Event 179 Men Long Jump U16

Name	Yr	Team	Seed Mark
1 Motkaluk, Tyler	09	Winnipeg Opt	4.33m
2 Smith, Torrin	09	Shoal Lake S	3.90m
3 McKay, Elliot	08	Winnipeg Opt	ND
4 Berliquette, Rylan	09	Lakehead Run	ND
5 Nikkel, Hudson	08	Winnipeg Opt	ND
6 Melnick, Daniel	09	Predator Ath	ND
7 Barron, Cash	09	Manitoba Nai	ND
8 Brown, Malik	09	Winnipeg Opt	ND
9 McKenty, Owen	09	Predator Ath	ND

## Event 180 Women Long Jump U18

Name	Yr	Team	Seed Mark
1 Costanzo, Jacklyn	07	Lakehead Run	4.45m
2 Owzarek, Julia	06	Winnipeg Opt	ND
3 Stadnyk, Talia	07	Winnipeg Opt	ND
4 Price, Seanna	06	Manitoba Nai	ND
5 Burns, Vayah	07	Manitoba Nai	ND
6 Robertson, Keiryn	06	Manitoba Nai	ND

## Event 181 Men Long Jump U18

Name	Yr	Team	Seed Mark
1 Ewers, Eshoi	07	Unattached-M	6.77m
2 Sarna, Bennett	06	Sisler High	6.16m
3 Hinrichsen, Luke	06	Unattached-M	6.10m
4 Eichenberg, Rashaad	07	Lakehead Run	6.03m
5 Hutchison-Campbell, Coni	06	Winnipeg Opt	6.00m
6 Verga, Ronaldo	06	Sisler High	5.83m

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**Performance List****Event 181 ... (Men Long Jump U18)**

Name	Yr	Team	Seed Mark
7 Bankole, Folajimi	06	Winnipeg Opt	5.40m
8 Filomeno, John Paul	07	Winnipeg Opt	ND
9 Oni, Praise	07	Winnipeg Opt	ND
10 Huska, Zack	06	Predator Ath	ND
11 Benediktson, Blaze	06	Manitoba Nai	ND
12 Burchill, Terick	07	Winnipeg Opt	ND
13 Beaubrun, Julius	07	Winnipeg Opt	ND

**Event 182 Men Long Jump U20**

Name	Yr	Team	Seed Mark
1 Hudec, Stephen	05	Lakehead Run	6.09m
2 Odeleye, Olayinka	05	Winnipeg Opt	ND
3 Robertson, Dawson	05	Manitoba Nai	ND

**Event 183 Women Long Jump U20**

Name	Yr	Team	Seed Mark
1 McChristie, Sarah	05	Lakehead Run	5.13m
2 Oleschak, Hayley	05	Manitoba Nai	ND

**Event 184 Women Long Jump Open**

Name	Yr	Team	Seed Mark
1 Collins, Christiana	03	Lakehead Run	5.79m
2 Adepoju, Eniola	99	Winnipeg Opt	5.43m
3 Rajapakse, Dinu	01	Winnipeg Opt	5.00m

**Event 185 Men Long Jump Open**

Name	Yr	Team	Seed Mark
1 Gerstner, Robert	02	Winnipeg Opt	7.00m
2 Hutchinson, Joshua	00	Lakehead Run	6.74m
3 Turner, Daxx	02	Winnipeg Opt	6.21m
4 Legaree, Grant	98	Lakehead Run	5.85m
5 Hutchison-Campbell, Grah	02	Winnipeg Opt	ND
6 Norea, Caelan	02	Winnipeg Opt	ND

**Event 188 Women Triple Jump U16**

Name	Yr	Team	Seed Mark
1 Cox, Chayanne	08	Winnipeg Opt	9.99m
2 Oderemi, Esther	09	Winnipeg Opt	9.72m
3 Akinlade, Esther	08	Winnipeg Opt	9.63m
4 Unrau, Emma	08	Tough Track	9.50m
5 Garland, Raina	08	Winnipeg Opt	9.49m
6 Lakusta, Willow	09	Winnipeg Opt	9.40m
7 Hendrickson, Claire	09	Tough Track	9.38m
8 Lacaria, Sofi	09	Lakehead Run	9.30m
9 Bankole, Mojola	08	Winnipeg Opt	9.08m
10 Udumullage, Kavishi	08	Winnipeg Opt	8.93m
11 Petrie, Fiona	09	Tough Track	8.68m
12 Prezio, Kate	08	Lakehead Run	ND
13 Oderemi, Elizabeth	08	Winnipeg Opt	ND

**Event 189 Men Triple Jump U16**

Name	Yr	Team	Seed Mark
1 McKenty, Owen	09	Predator Ath	ND
2 Dnes, Ben	08	Winnipeg Opt	ND
3 Melnick, Daniel	09	Predator Ath	ND

**Event 190 Women Triple Jump U18**

Name	Yr	Team	Seed Mark
1 Ponce, Lauriz	06	Sisler High	10.07m
2 Burak, Sydney	06	Winnipeg Opt	ND
3 Stadnyk, Talia	07	Winnipeg Opt	ND
4 Cassils, Rianna	06	Winnipeg Opt	ND
5 Robertson, Keiryn	06	Manitoba Nai	ND
6 Haskins, Kélia	07	Predator Ath	ND

**Event 191 Men Triple Jump U18**

Name	Yr	Team	Seed Mark
1 Oni, Praise	07	Winnipeg Opt	ND
2 Benediktson, Blaze	06	Manitoba Nai	ND

**Event 192 Women Triple Jump U20**

Name	Yr	Team	Seed Mark
1 McKim, Signy	04	Tough Track	11.52m
2 McChristie, Sarah	05	Lakehead Run	11.41m
3 Niemczyk, Lexi	05	Predator Ath	ND

**Event 193 Men Triple Jump U20**

Name	Yr	Team	Seed Mark
1 Adegbosin, Adebare	05	Fort Richmon	13.51m
2 Odeleye, Olayinka	05	Winnipeg Opt	ND
3 Robertson, Dawson	05	Manitoba Nai	ND

**Event 194 Women Triple Jump Open**

Name	Yr	Team	Seed Mark
1 Adepoju, Eniola	99	Winnipeg Opt	11.45m
2 Rajapakse, Dinu	01	Winnipeg Opt	11.00m
3 Denbow, Lara	03	Winnipeg Opt	ND

**Event 195 Men Triple Jump Open**

Name	Yr	Team	Seed Mark
1 Turner, Daxx	02	Winnipeg Opt	14.82m
2 Gerstner, Robert	02	Winnipeg Opt	14.08m

**Event 196 Women Shot Put 2.73kg U12**

Name	Yr	Team	Seed Mark
1 Manaigre, Élise	12	Winnipeg Opt	8.23m
2 Elands, Camryn	12	Winnipeg Opt	5.13m
3 Garner, Amélie	13	Predator Ath	ND
4 Roy, Jillian	12	Predator Ath	ND

**Event 197 Men Shot Put 2.73kg U12**

Name	Yr	Team	Seed Mark
1 Zarichanski, Xavier	12	Predator Ath	ND
2 Hiller, Arie	13	Predator Ath	ND
3 Zahariuk, Brayden	13	Predator Ath	ND

**Event 198 Women Shot Put 3kg U14**

Name	Yr	Team	Seed Mark
1 Barnych, Danielle	10	Winnipeg Opt	ND
2 Zahariuk, Mackenzie	10	Predator Ath	ND

**Event 199 Men Shot Put 3kg U14**

Name	Yr	Team	Seed Mark
1 Hartwich, Kayden	11	Predator Ath	ND

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**Performance List****Event 199 Men Shot Put 3kg U14**

Name	Yr Team	Seed Mark
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**Event 199 ...(Men Shot Put 3kg U14)**

Name	Yr Team	Seed Mark
2 Chastellaine, Cashton	10 Manitoba Nai	ND

**Event 200 Women Shot Put 3kg U16**

Name	Yr Team	Seed Mark
1 Pelland, Jade	08 Manitoba Nai	9.83m
2 Bjarnarson, Sveinna	08 William Mort	8.33m
3 MacKenzie, Hayden	08 Winnipeg Opt	ND
4 Caldwell, Harper	09 Unattached-M	ND
5 Martin, Ciara	09 Winnipeg Opt	ND
6 Henry, Jencie	08 Predator Ath	ND
7 Monias, Hayven	08 Manitoba Nai	ND

**Event 201 Men Shot Put 4kg U16**

Name	Yr Team	Seed Mark
1 Agomuo, Emmanuel	08 Winnipeg Opt	ND
2 Anderson, Cohen	09 Unattached-M	ND
3 Annoh, Isaac	08 Sisler High	ND
4 Cottes, Archer	09 Predator Ath	ND
5 Whitford, Danny (dj)	09 Manitoba Nai	ND

**Event 202 Women Shot Put 3kg U18**

Name	Yr Team	Seed Mark
1 Alexander, Ivy	06 Gimli High S	11.40m
2 Morrow, Ashley	06 Winnipeg Opt	ND
3 Kapusta, Brenya	06 Manitoba Nai	ND

**Event 203 Men Shot Put 5kg U18**

Name	Yr Team	Seed Mark
1 Boychuk, Thomas	06 Unattached-M	13.08m
2 Dainard, Jakob	06 Lord Selkirk	10.02m
3 Anderson, Scott	06 Winnipeg Opt	ND
4 Smith, Cody	06 Manitoba Nai	ND

**Event 204 Women Shot Put 4kg U20**

Name	Yr Team	Seed Mark
1 Udoh, Erica	04 Winnipeg Opt	ND
2 Crocker, Juliana	05 Winnipeg Opt	ND
3 Sanderson, Rayna	04 Manitoba Nai	ND
4 Kubay, Danica	05 Winnipeg Opt	ND

**Event 205 Men Shot Put 6kg U20**

Name	Yr Team	Seed Mark
1 Barnych, Dylan	05 Winnipeg Opt	ND

**Event 206 Women Shot Put 4kg Open**

Name	Yr Team	Seed Mark
1 McConnell, Anna	00 Winnipeg Opt	ND

**Event 207 Men Shot Put 7.26kg Open**

Pos	Name	Yr Team	Seed Mark
<b>M20-34</b>			
1	Wright, Graham	99 Winnipeg Opt	ND

**Event 209 Men 35+ Shot Put 6kg Master**

Name	Yr Team	Seed Mark
1 Flett, Gordon	60 Roadkill Run	7.35m

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**Event 210 Women Discus Throw 1kg U14**

Name	Yr	Team	Seed Mark
1 Turner, Rocklyn	10	Unattached-M	12.76m
2 Barnych, Danielle	10	Winnipeg Opt	ND
3 Clayton, Charlee	10	Predator Ath	ND
4 Zahariuk, Mackenzie	10	Predator Ath	ND

**Event 212 Women Discus Throw 1kg U16**

Name	Yr	Team	Seed Mark
1 Pelland, Jade	08	Manitoba Nai	26.42m
2 Bjarnarson, Sveinna	08	William Mort	26.32m
3 MacKenzie, Hayden	08	Winnipeg Opt	ND
4 Henry, Jencie	08	Predator Ath	ND
5 Monias, Hayven	08	Manitoba Nai	ND
6 Martin, Ciara	09	Winnipeg Opt	ND

**Event 213 Men Discus Throw 1kg U16**

Name	Yr	Team	Seed Mark
1 Annoh, Isaac	08	Sisler High	ND
2 Cottes, Archer	09	Predator Ath	ND

**Event 214 Women Discus Throw 1kg U18**

Name	Yr	Team	Seed Mark
1 Alexander, Ivy	06	Gimli High S	30.49m
2 Turner, Jett	07	Winnipeg Opt	23.56m
3 Catellier, Carley	06	Lord Selkirk	21.66m
4 Morrow, Ashley	06	Winnipeg Opt	ND
5 Haskins, Kélia	07	Predator Ath	ND
6 Kapusta, Brenya	06	Manitoba Nai	ND

**Event 215 Men Discus Throw 1.5kg U18**

Name	Yr	Team	Seed Mark
1 Boychuk, Thomas	06	Unattached-M	30.99m
2 Lounsbury, Zakery	07	Manitoba Nai	ND
3 Anderson, Scott	06	Winnipeg Opt	ND
4 Smith, Cody	06	Manitoba Nai	ND

**Event 216 Women Discus Throw 1kg U20**

Name	Yr	Team	Seed Mark
1 Turner, Trynity	05	Unattached-M	26.74m
2 Kubay, Danica	05	Winnipeg Opt	ND
3 Sanderson, Rayna	04	Manitoba Nai	ND

**Event 217 Men Discus Throw 1.75kg U20**

Name	Yr	Team	Seed Mark
1 Barnych, Dylan	05	Winnipeg Opt	ND

**Event 218 Women Discus Throw 1kg Open**

Name	Yr	Team	Seed Mark
1 McConnell, Anna	00	Winnipeg Opt	ND

**Event 219 Men Discus Throw 2kg Open**

Pos	Name	Yr	Team	Seed Mark
<b>M20-34</b>				
1	Shortt, William	98	Unattached-M	20.00m
2	Wright, Graham	99	Winnipeg Opt	ND

**Event 220 Men 35+ Discus Throw 1.5kg Master**

Name	Yr	Team	Seed Mark
1 Michiels, Cory	83	Flying M Ath	ND
2 Stackiw, David	67	Unattached-M	ND

**Event 222 Women Hammer Throw 3kg U16**

Name	Yr	Team	Seed Mark
1 Martin, Ciara	09	Winnipeg Opt	ND

**Event 223 Men Hammer Throw 4kg U16**

Name	Yr	Team	Seed Mark
1 Annoh, Isaac	08	Sisler High	ND

**Event 224 Women Hammer Throw 3kg U18**

Name	Yr	Team	Seed Mark
1 Turner, Jett	07	Winnipeg Opt	27.05m
2 Morrow, Ashley	06	Winnipeg Opt	ND

**Event 225 Men Hammer Throw 5kg U18**

Name	Yr	Team	Seed Mark
1 Anderson, Scott	06	Winnipeg Opt	ND

**Event 226 Women Hammer Throw 4kg U20**

Name	Yr	Team	Seed Mark
1 Udoh, Erica	04	Winnipeg Opt	ND
2 Kubay, Danica	05	Winnipeg Opt	ND

**Event 227 Men Hammer Throw 6kg U20**

Name	Yr	Team	Seed Mark
1 Barnych, Dylan	05	Winnipeg Opt	ND

**Event 228 Women Hammer Throw 4kg Open**

Name	Yr	Team	Seed Mark
1 Allary, Courtney	94	Flying M Ath	ND
2 Matwyczuk, Alexa	93	Flying M Ath	ND

**Event 229 Men Hammer Throw 7.26kg Open**

Name	Yr	Team	Seed Mark
1 Wright, Graham	99	Winnipeg Opt	ND

**Event 232 Women Javelin Throw 500g U14**

Name	Yr	Team	Seed Mark
1 Turner, Rocklyn	10	Unattached-M	ND
2 Barnych, Danielle	10	Winnipeg Opt	ND
3 Zahariuk, Mackenzie	10	Predator Ath	ND

**Event 233 Men Javelin Throw 500g U14**

Name	Yr	Team	Seed Mark
1 Hartwich, Kayden	11	Predator Ath	ND

**Event 234 Women Javelin Throw 500g U16**

Name	Yr	Team	Seed Mark
1 Pelland, Jade	08	Manitoba Nai	31.14m
2 Martin, Ciara	09	Winnipeg Opt	ND
3 Buccini, Sara	08	Winnipeg Opt	ND
4 Monias, Hayven	08	Manitoba Nai	ND

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**Event 235 Men Javelin Throw 600g U16**

Name	Yr	Team	Seed Mark
1 Whitford, Danny (dj)	09	Manitoba Nai	ND
2 Anderson, Cohen	09	Unattached-M	ND
3 Cottes, Archer	09	Predator Ath	ND

**Event 236 Women Javelin Throw 600g U18**

Name	Yr	Team	Seed Mark
1 Turner, Jett	07	Winnipeg Opt	31.92m
2 Ponce, Lauriz	06	Sisler High	26.60m
3 Alexander, Ivy	06	Gimli High S	25.35m
4 Catellier, Carley	06	Lord Selkirk	22.24m
5 Kapusta, Brenya	06	Manitoba Nai	ND
6 Morrow, Ashley	06	Winnipeg Opt	ND

**Event 237 Men Javelin Throw 700g U18**

Name	Yr	Team	Seed Mark
1 Sarna, Deighton	06	Garden City	48.00m
2 Boychuk, Thomas	06	Unattached-M	46.30m
3 Ferreira, Elliot	07	Lord Selkirk	35.28m
4 Huska, Zack	06	Predator Ath	ND
5 Anderson, Scott	06	Winnipeg Opt	ND
6 Smith, Cody	06	Manitoba Nai	ND
7 Benediktson, Blaze	06	Manitoba Nai	ND
8 Lounsbury, Zakery	07	Manitoba Nai	ND

**Event 238 Women Javelin Throw 600g U20**

Name	Yr	Team	Seed Mark
1 Turner, Trynity	05	Unattached-M	38.85m
2 Crocker, Juliana	05	Winnipeg Opt	ND
3 Sanderson, Rayna	04	Manitoba Nai	ND
4 Kubay, Danica	05	Winnipeg Opt	ND

**Event 241 Men Javelin Throw 800g Open**

Name	Yr	Team	Seed Mark
1 Furletti, Jordan	02	Winnipeg Opt	57.70m
2 Turner, Daxx	02	Winnipeg Opt	52.70m
3 Neill, Jason	73	Unattached-M	50.04m

**Event 244 Women Standing Long Jump U12**

Name	Yr	Team	Seed Mark
1 Fourre, Annabelle	12	Unattached-M	ND
2 Harwood, Adele	12	Unattached-M	ND
3 Salvador, Zoe	13	Tough Track	ND
4 Manaigre, Élise	12	Winnipeg Opt	ND
5 Jeje, Mercy	13	Winnipeg Opt	ND
6 Oderemi, Mary	13	Winnipeg Opt	ND

**Event 245 Men Standing Long Jump U12**

Name	Yr	Team	Seed Mark
1 Duncan, Noah	12	Winnipeg Opt	1.97m
2 Akinlade, Ezekiel	13	Winnipeg Opt	1.81m
3 Mitchell, Malcolm	14	Tough Track	ND

**Event 248 Women Ball Throw U12**

Name	Yr	Team	Seed Mark
1 Manaigre, Élise	12	Winnipeg Opt	ND

**Event 249 Men Ball Throw U12**

Name	Yr	Team	Seed Mark
1 Duncan, Noah	12	Winnipeg Opt	ND
2 Kunzelman, Cayden	12	Tough Track	ND
3 Akinlade, Ezekiel	13	Winnipeg Opt	ND
4 Beardy-Berard, Max	12	Winnipeg Opt	ND

**Event 252 Women Outdoor Pentathlon U16**

Name	Yr	Team	Points
1 Oderemi, Elizabeth	08	Winnipeg Opt	NP
2 Akinlade, Esther	08	Winnipeg Opt	NP

**Event 254 Women Heptathlon U18**

Name	Yr	Team	Points
1 Palmer, Caeli	06	Garden City	NP
2 Teichroeb, Regan	07	William Mort	NP
3 Darragh, Colby	07	Warren Colle	NP

**Event 255 Women Heptathlon U20**

Name	Yr	Team	Points
1 Gagne, Teanna	04	Winnipeg Opt	NP

**Event 262 Men 800 Meter Run Master**

Name	Yr	Team	Seed Time
1 Athayde, Greg	61	Tough Track	2:15.17
2 Faucher, Claude	67	Unattached-M	2:20.00
3 Beckel, Noel	69	Roadkill Run	3:00.00
4 Flett, Gordon	60	Roadkill Run	3:05.00

**Event 263 Men 1500 Meter Run Master**

Name	Yr	Team	Seed Time
1 Ferguson, Andrew	88	Roadkill Run	5:35.00
2 Zhou, Sam	68	Roadkill Run	5:50.00

**Event 264 Men 35+ 2000 Meter Steeplechase Master**

Name	Yr	Team	Seed Time
1 Flett, Gordon	60	Roadkill Run	9:55.00
2 Zhou, Sam	68	Roadkill Run	11:50.00

**Event 265 Men 35+ 4x100 Meter Relay Master**

Team	Relay	Seed Time
1 Unattached-M	A	NT
1) Stewart, George 59	2) Saria, Darrell 76	
3) Yumang, Melvin 83	4) Ferguson, Andrew 88	

**Event 266 Men 35+ 4x400 Meter Relay Master**

Team	Relay	Seed Time
1 Unattached-M	A	NT
1) Ferguson, Andrew 88	2) Zhou, Sam 68	
3) Yumang, Melvin 83	4) Gurney, Scott 66	

**Event 267 Men 100 Meter Dash Para-Ambulatory**

Name	Yr	Team	Seed Time
1 Berard, Timothy	81	Winnipeg Opt	23:23.00

**Event 269 Men Shot Put Para-Ambulatory**

Name	Yr	Team	Seed Mark
1 Berard, Timothy	81	Winnipeg Opt	5.10m

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	<b>Name</b>	<b>Yr</b>	<b>Team</b>	<b>Seed Mark</b>
1	Berard, Timothy	81	Winnipeg Opt	15.38m

**Event 271 Men Javelin Throw Para-Ambulatory**

	<b>Name</b>	<b>Yr</b>	<b>Team</b>	<b>Seed Mark</b>
1	Berard, Timothy	81	Winnipeg Opt	11.73m

**Event 275 Men 1 Mile Run Master**

	<b>Name</b>	<b>Yr</b>	<b>Team</b>	<b>Seed Time</b>
1	Athayde, Greg	61	Tough Track	5:10.31
2	Bruce, Jason	82	Roadkill Run	5:20.00
3	Yumang, Melvin	83	Roadkill Run	5:57.00
4	Weber, Harvey	65	Running Wild	5:59.99
5	Zhou, Sam	68	Roadkill Run	6:10.00
6	Lang, Dennis	51	Unattached-M	6:15.00
7	Beckel, Noel	69	Roadkill Run	6:30.00
8	Flett, Gordon	60	Roadkill Run	6:47.33
9	Buzunis, Chris	79	Unattached-M	NT
10	Ferguson, Andrew	88	Roadkill Run	NT

**Event 276 Men 400 Meter Dash Para-Ambulatory**

	<b>Name</b>	<b>Yr</b>	<b>Team</b>	<b>Seed Time</b>
1	Berard, Timothy	81	Winnipeg Opt	NT