



◆.....◆

INDOOR PROVINCIAL RECORDS

U16 1200m	Annika De Smet - WOA	3:41.11
U16 2000m	Annika De Smet - WOA	6:38.62
Senior High Jump	Madisson Lawrence - WOA	1.80m
Senior Pentathlon	Madisson Lawrence - WOA	4114 pts
U18 800m	Noah Neves - Tough Track	1:52.95
Senior 5000m	Sam Vincent - Tough Track	14:06.70



OUTDOOR PROVINCIAL RECORDS

U16 2000m	Annika De Smet - WOA	6:23.93
Senior Heptathlon	Madisson Lawrence - WOA	5710 pts
U16 Shot Put	Isaac Annoh - Unattached Manitoba	16.13m
U16 Pentathlon	Ben Dnes - WOA	3225 pts
U18 4x100m	Terik Burchill, Joshua Onwuanimkwu, Elijah Falade, Augustine Nkundimana	42.33



MASTERS
INDOOR PROVINCIAL RECORDS

35-39	Kris Shaw - Unattached Manitoba	800m
	Andrew Ferguson - Roadkill RC	400m + 1500m
	D. Harder, K. Friesen, A. Ferguson, C. Faucher	4x400m
	A. Ferguson, A. Ortega, S. Zhou, K. Shaw	4x800m
	S. Smith, A. Ortega, S. Zhou, K. Shaw	4x100m
40-44	A. Ortega, G. Athayde, G. Flett, S. Zhou	4x400m
45-49	Michael Morris - Tough Track	60m + 200m + 300m + 400m



MASTERS
INDOOR PROVINCIAL RECORDS

50-54	Darcey Harder - Roadkill RC	200m
	S. Terichow Parrott, G. Flett, S. Zhou, D. Harder	4x400m
55-59	Claude Faucher - Unattached Manitoba	400m + 600m
60-64	Greg Athayde - Tough Track	200m + 400m + 600m + 800m + 1000m + 1500m
	G. Stewart, K. Friesen, S. Smith, G. Flett	4x200m
65-69	Clemus Laurila - Roadkill RC	Shot Put
	Ken Friesen - Tough Track	300m + 400m + 800m + 3000m



MASTERS
OUTDOOR PROVINCIAL RECORDS

35-39	Melvin Yumang - Unattached Manitoba	Mile
	A. Ortega, G. Flett, S. Zhou, A. Ferguson	4x800m
	G. Stewart, D. Saria, M. Yumang, A. Ferguson	4x100m
	G. Stewart, A. Ferguson, C. Faucher, K. Shaw	4x400m
40-44	Ken Wong - WOA	Discus + High Jump + Pole Vault + Long Jump



MASTERS
OUTDOOR PROVINCIAL RECORDS

45-49	Michael Morris - Tough Track	100m + 200m + 400m
50-54	Jason Neill - Unattached Manitoba	Javelin
	Sam Zhou - Roadkill RC	1500mRW + 3000m + Mile
	S. Gurney, S. Terichow Parrott, N. Beckel, S. Zhou	4x400m
60-64	Greg Athayde - Tough Track	200m + 400m + Mile

Athletics Manitoba



Annual Awards Gala

◆-----◆
EVENING PROGRAM

6:00pm	Doors Open
6:30pm	Welcome, Intro, Recognition of Major Competition Medalists & Records, Dave Lyon Legacy Fund
7:00pm	Dinner
7:20pm-7:50pm	Event Category Awards
7:55pm-8:35pm	Age Class Awards
8:45pm-9:30pm	Coaches and Officials awards and Athletes of the Year
9:30pm	Prize Draws

◆-----◆
2023
◆-----◆

*Athletics
Manitoba*



*Annual
Awards Gala*

EVENT GROUP
NOMINEES

2023

*Athletics
Manitoba*



*Annual
Awards Gala*

FEMALE SPRINTS
NOMINEES

2023



OUTSTANDING FEMALE SPRINTS NOMINEES

Kyla Findley, Amira Lawrence, Zoe Nonato, Donnae Gordon

KYLA FINDLEY

- Ranked #1 Overall in Manitoba in the 100m (12.36)
- Ranked #3 Overall in Manitoba in the 200m (25.22)
- MHSAA Provincial Champion in the 100m, 200m and Long Jump
- Bronze Medal in the 100m at the Legion National Youth Track and Field Championships
- 4th place in the 200m at the Legion National Youth Track and Field Championships
- Gold Medal in the 100m and 200m at the Canada West Challenge



OUTSTANDING FEMALE SPRINTS NOMINEES

Kyla Findley, Amira Lawrence, Zoe Nonato, Donnae Gordon

AMIRA LAWRENCE

- Ranked #1 in Manitoba Indoors as U18 in the 200m (25.48) and 400m (59.26), and Outdoors in the 100m (12.70), 200m (25.07), and 400m (58.18).
- Ranked #1 in Manitoba, overall Indoors in the 200m (25.48)
- 7th place in the 400m at the Simplot Games
- Ranked 5th nationally Indoors in the 200m and 6th nationally in the 400m
- MHSAA Provincial Champion in the 100m and 400m, and Silver Medal in the 200m



OUTSTANDING FEMALE SPRINTS NOMINEES

Kyla Findley, Amira Lawrence, Zoe Nonato, Donnae Gordon

ZOE NONATO

- Ranked #1 in Manitoba Indoors in the U20 60m (7.76) and 300m (40.74)
- Ranked #7 nationally Indoors in the 300m
- Bronze Medal in the 4x200m and 4x400m relays at Can West Championships
- 5th place in the 300m at the Can West Championships
- 7th place in the 60m at the Can West Championships
- Member of the 4x200m and 4x400m that represented University of MB at U SPORTS
- Outdoor Provincial Champion in the 100m



OUTSTANDING FEMALE SPRINTS NOMINEES

Kyla Findley, Amira Lawrence, Zoe Nonato, Donnae Gordon

DONNAE GORDON

- Ranked #1 Outdoors in Manitoba in the Senior 100m (12.38)
- Gold Medal in the 4x100m relay at the Canadian Track and Field Championships
- Member of the 4x200m relay team that represented University of MB at U SPORTS
- Ranked #2 in Manitoba Indoors in the Senior 60m (7.88), 300m (42.06), and 400m (1:00.97)



*Athletics
Manitoba*



*Annual
Awards Gala*

MALE SPRINTS
NOMINEES

2023





OUTSTANDING MALE SPRINTS NOMINEES

Augustine Nkundimana, Jordan Soufi, Tyler Cox-Yestrau, Yusuff Ajibola Yusuff

AUGUSTINE NKUNDIMANA

- Ranked #1 Indoors in Manitoba in the U18 60m (7.15) and 200m (22.85)
- Ranked #1 Outdoors in Manitoba in the U18 100m (10.97) and 200m (22.50)
- Indoor Provincial Champion in the 60m and 200m
- MHSAA Provincial Champion in the 100m and 200m
- Gold Medal in the 100m at Canada West Challenge
- Silver Medal in the 200m at Canada West Challenge
- Gold Medal in the 4x100m relay at Canada West Challenge + Provincial Record (42.33)
- Silver Medal in the 4x100m relay at Legion National Youth Track and Field Championships



OUTSTANDING MALE SPRINTS NOMINEES

Augustine Nkundimana, Jordan Soufi, Tyler Cox-Yestrau, Yusuff Ajibola Yusuff

JORDAN SOUFI

- Ranked #1 Indoors in Manitoba in the Senior 50m (5.87) and 60m (6.73) and #3 in the 200m (22.33)
- Ranked #1 Outdoors in Manitoba in the Senior 100m (10.43)
- Gold Medal in the 60m at the Can West Championships
- Bronze Medal in the 4x200m at the Can West Championships
- 4th place in the 4x200m at U SPORTS
- 5th place in the 60m at U SPORTS



OUTSTANDING MALE SPRINTS NOMINEES

Augustine Nkundimana, Jordan Soufi, Tyler Cox-Yestrau, Yusuff Ajibola Yusuff

TYLER COX-YESTRAU

- Ranked #1 Indoors in Manitoba in the Senior 200m (22.08), 300m (34.04), and 400m (47.74)
- Ranked #3 nationally Indoors in both the 300m and 400m
- Ranked #1 Outdoors in Manitoba in the Senior 200m (21.32) and 400m (46.79)
- Gold Medal in the 4x400m at the Can West Championships
- Gold Medal in the 300m at the Can West Championships
- Gold Medal in the 4x400m at U SPORTS
- 4th place finish in the 300m at U SPORTS



OUTSTANDING MALE SPRINTS NOMINEES

Augustine Nkundimana, Jordan Soufi, Tyler Cox-Yestrau, Yusuff Ajibola Yusuff

YUSUFF AJIBOLA YUSUFF

- Ranked #1 Indoors in Manitoba in the U16 60m (7.55), 200m (24.15) and 300m (38.77)
- Ranked #1 Outdoors in Manitoba in the U16 100m (11.50), 200m (23.09) and 300m (36.84)
- Indoor Provincial Champion in the 60m, 200m, 300m and 4x200m
- Bronze Medal in the 300m at the Legion National Youth Track and Field Championships

*Athletics
Manitoba*



*Annual
Awards Gala*

FEMALE HURDLES
NOMINEES

2023

Athletics Manitoba



Annual Awards Gala

OUTSTANDING FEMALE HURDLES NOMINEES

Madisson Lawrence, Jordyn Davis, Raina Garland

MADISSON LAWRENCE

- Ranked #1 Indoors in Manitoba in the Senior 60mH (8.72)
- Ranked #1 Outdoors in Manitoba in the Senior 100mH (13.92)
- Holds the 8 fastest 100mH times in Manitoba this season

Athletics Manitoba



Annual Awards Gala

OUTSTANDING FEMALE HURDLES NOMINEES

Madisson Lawrence, Jordyn Davis, Raina Garland

JORDYN DAVIS

- Ranked #1 Outdoors in Manitoba in the U20 and U18 100mH (15.74)
- Outdoor Age Class Provincial Champion in the 100mH
- MHSAA Provincial Champion in the 80mH
- 4th place in the 100mH at the Canada West Challenge
- Represented Team Manitoba/Northwest Ontario at the Legion National Track and Field Championships



OUTSTANDING FEMALE HURDLES NOMINEES

Madisson Lawrence, Jordyn Davis, Raina Garland

RAINA GARLAND

- Ranked #1 Outdoors in Manitoba in the U16 80mH (13.19)
- Ranked #1 Indoors in Manitoba in the U16 60mH (9.98)
- Indoor Provincial Champion in the 60mH
- Bronze Medal MHSAA Provincial Championships in the 80mH
- Represented Team Manitoba/Northwest Ontario at the Legion National Track and Field Championships
- Represented Team Manitoba at the North American Indigenous Games

*Athletics
Manitoba*



*Annual
Awards Gala*

MALE HURDLES
NOMINEES

2023



OUTSTANDING MALE HURDLES NOMINEES

Adam Andres, Simranjeet Singh Brar, Max Speiser, Jordan Beinert

ADAM ANDRES

- Bronze Medal in the 60mH (8.36) at the Can West Championships
- Represented the University of MB at the U Sports Championships in the 60m Hurdles
- Ranked #1 Outdoors in Manitoba in the Senior 110mH (14.10)
- Ranked #2 Indoors in Manitoba in the Senior 60mH (8.25)
- 5th place at the Canadian Track and Field Championships
- Ranked #8 nationally in the 110mH

Athletics Manitoba



Annual Awards Gala

OUTSTANDING MALE HURDLES NOMINEES

Adam Andres, Simranjeet Singh Brar, Max Speiser, Jordan Beinert

SIMRANJEET SINGH BRAR

- Ranked #1 Indoors in Manitoba in the Senior 60mH (8.15)
- Ranked #2 Outdoors in Manitoba in the Senior 110mH (14.78)
- Indoor Provincial Champion in the 60mH
- Ranked #8 nationally in the 60mH

2023

Athletics Manitoba



Annual Awards Gala

OUTSTANDING MALE HURDLES NOMINEES

Adam Andres, Simranjeet Singh Brar, Max Speiser, Jordan Beinert

MAX SPEISER

- Ranked #3 Indoors in Manitoba in the Senior 60mH (8.65)
- Ranked #3 Outdoors in Manitoba in the Senior 110mH (15.57)
- 9th place at Can West Championships in the 60mH



OUTSTANDING MALE HURDLES NOMINEES

Adam Andres, Simranjeet Singh Brar, Max Speiser, Jordan Beinert

JORDAN BEINERT

- Ranked #1 Indoors in Manitoba in the U20 60mH (8.68)
- Indoor Provincial Champion in the 60mH
- Ranked #4 Indoors in Manitoba in the Open 60mH (8.95)
- Ranked #1 Outdoors in Manitoba in the U20 110mH (15.20)
- MHSAA Provincial Champion in the 100mH
- 8th place in the 110mH at the Canadian Track and Field Championships

*Athletics
Manitoba*



*Annual
Awards Gala*

FEMALE DISTANCE
NOMINEES

2023



OUTSTANDING FEMALE DISTANCE NOMINEES

Annika De Smet, Logan Harz, Lena Klässen, Tracy Towns, Gina Tranquada

ANNIKA DE SMET

- Ranked #1 Indoors in Manitoba in the U16 400m (1:00.40), 800m (2:18.65), 1200m (3:41.44), 2000m (6:38.62), and 4x400m (4:08.51)
- Indoor Provincial Record in the 1200m (3:41.44) and 2000m (6:38.62)
- Indoor Provincial Champion in the 800m, 1200m, 2000m and 4x400m
- Ranked #1 Outdoors in Manitoba in the U16 1200m and 2000m
- MHSAA Provincial Champion in the 800m, 1500m and 3000m
- Outdoor Age Class Provincial Champion in the 1200m and 2000m
- Silver Medal in the 2000m and Bronze Medal in the 1200m at the Legion National Youth Track and Field Championships, setting a new Outdoor Provincial Record in the 2000m
- MHSAA Cross Country Provincial Champions and Manitoba Age Class Provincial Cross Country Champion



OUTSTANDING FEMALE DISTANCE NOMINEES

Annika De Smet, Logan Harz, Lena Klassen, Tracy Towns, Gina Tranquada

LOGAN HARZ

- Ranked #1 Indoors in Manitoba in the U20 600m (1:41.27), 1000m (2:59.88), and 4x400m (4:08.51)
- Ranked #1 Outdoors in Manitoba in the U20 1500m (4:47.56)
- Outdoor Age Class Provincial Champion in the 800m and 1500m
- MHSAA Provincial Champion in the 800m and 1500m
- Silver Medal at Manitoba Provincial Cross Country Championships
- Bronze Medal at MHSAA Cross Country Championships



OUTSTANDING FEMALE DISTANCE NOMINEES

Annika De Smet, Logan Harz, Lena Klassen, Tracy Towns, Gina Tranquada

LENA KLASSEN

- Ranked #1 Indoors in Manitoba in the U20 800m (2:19.55), 1500m (4:46.78), and 4x400m (4:08.51)
- Ranked #1 Outdoors in Manitoba in the U20 800m (2:17.69)
- Indoor Provincial Champion in the 800m
- Gold Medal at the Manitoba Provincial Cross Country Championships
- Gold Medal at MHSAA Cross Country Championships

Athletics Manitoba



Annual Awards Gala

OUTSTANDING FEMALE DISTANCE NOMINEES

Annika De Smet, Logan Harz, Lena Klassen, Tracy Towns, Gina Tranquada

TRACY TOWNS

- Ranked #1 Indoors in Manitoba in the Senior 800m (2:10.09) and Mile (5:00.78)
- Ranked #1 Outdoors in Manitoba in the Senior 800m (2:06.79) and 1500m (4:28.10)
- 7th place in the 800m at the Big 10 Outdoor Championships

Athletics Manitoba



Annual Awards Gala

OUTSTANDING FEMALE DISTANCE NOMINEES

Annika De Smet, Logan Harz, Lena Klassen, Tracy Towns, Gina Tranquada

GINA TRANQUADA

- 1st place at the Manitoba Provincial Cross Country Championships 5km (20:43)
- 27th place at the Black Canyon Ultra 100km (10:48:26)
- 6th place finish and member of Team Canada at the North American, Central American and Caribbean Mountain and Trail Running Championships in Saskatchewan
- Selected to Team Canada for the IAU 50km Road World Championships in India

*Athletics
Manitoba*



*Annual
Awards Gala*

MALE DISTANCE
NOMINEES

2023



OUTSTANDING MALE DISTANCE NOMINEES

Noah Neves, Alejandro Civetta, Andrew Simard, Sam Vincent, Simon Berube

NOAH NEVES

- Ranked #1 nationally and #1 in Manitoba, Indoors in the U18 400m (50.70), 600m (1:21.20) and 800m (1:52.95)
- 5th place at Commonwealth Youth Games in the 800m
- Ranked #1 Outdoors in Manitoba in the U18 400m (49.91) and 800m (1:53.86)
- Bronze Medal in the 800m at Simplot Games
- 7th place at Nike Indoor Nationals in the 800m
- Gold Medal in the 400m at the Canada West Challenge and Silver Medal in the 800m

Athletics Manitoba



Annual Awards Gala

OUTSTANDING MALE DISTANCE NOMINEES

Noah Neves, Alejandro Civetta, Andrew Simard, Sam Vincent, Simon Berube

ALEJANDRO CIVETTA

- Ranked #1 Indoors in Manitoba in the U20 600m (1:21.62), 800m (1:53.91), 1500m (4:10.00) and 4x400m (3:36.82)
- Ranked #5 nationally Indoors in the 800m
- 6th place at Simplot Games in the 800m
- 9th place at Nike Outdoor Nationals in the 800m

2023

Decorative gold-colored corner flourishes in the bottom-left and bottom-right corners of the page.

Athletics Manitoba



Annual Awards Gala

OUTSTANDING MALE DISTANCE NOMINEES

Noah Neves, Alejandro Civetta, Andrew Simard, Sam Vincent, Simon Berube

ANDREW SIMARD

- Ranked #1 Outdoors in Manitoba in the 400m (49.64), 800m (1:51.67), and 1500m (3:56.17)
- Ranked #7 nationally Outdoors in the 800m
- 7th place at the IC4/ECAC Outdoor Championships in the 800m
- Represented Manitoba at the U20 Bell Canadian National Championships in the 800m

Athletics Manitoba



Annual Awards Gala

OUTSTANDING MALE DISTANCE NOMINEES

Noah Neves, Alejandro Civetta, Andrew Simard, Sam Vincent, Simon Berube

SAM VINCENT

- Ranked #1 Indoors in Manitoba in the Senior 5000m (14:06.70)
- Indoor Provincial Record in the Senior 5000m
- Ranked #1 Outdoors in Manitoba in the Senior 5000m (13:52.94)
- 8th place in the 5000m at the Canadian Track and Field Championships
- 2022 Cross Country Age Class Provincial Champion



OUTSTANDING MALE DISTANCE NOMINEES

Noah Neves, Alejandro Civetta, Andrew Simard, Sam Vincent, Simon Berube

SIMON BERUBE

- Ranked #1 Indoors in Manitoba in the Senior 800m (1:52.22), 1000m (2:25.49), and Mile (4:06.95)
- Ranked #1 Outdoors in Manitoba in the Senior 1500m (3:42.75)
- Ranked #12 nationally Outdoors in the 800m
- 2nd place at the Royal City Inferno in the 1500m
- 5th place at the Victoria Track Classic

*Athletics
Manitoba*



*Annual
Awards Gala*

FEMALE JUMPS
NOMINEES

2023

Athletics Manitoba



Annual Awards Gala

OUTSTANDING FEMALE JUMPS NOMINEES

Kyla Findley, Madison Lawrence, Emily Blackner, Rofiat Agboola

KYLA FINDLEY

- Outdoor Age Class Provincial Champion in Long Jump (5.19m)
- MHSAA Provincial Champion in Long Hump (5.17m)
- Gold Medal in Long Jump at the Canada West Challenge
- 14th place in Long Jump at the Legion National Youth Track and Field Championships



OUTSTANDING FEMALE JUMPS NOMINEES

Kyla Findley, Madisson Lawrence, Emily Blackner, Rofiat Agboola

MADISSON LAWRENCE

- Gold Medal in High Jump at U SPORTS Championships (1.76m)
- Set a U SPORTS Pentathlon High Jump record (1.80m)
- Ranked #2 nationally Indoors in High Jump
- 5th place in Long Jump at U SPORTS (5.59m)
- Ranked #1 Indoors and Outdoors in Manitoba in High Jump and Long Jump
- Bronze Medal in High Jump at the Canadian Track and Field Championships
- 1st place in Long Jump at the Johnny Loaring Classic



OUTSTANDING FEMALE JUMPS NOMINEES

Kyla Findley, Madison Lawrence, Emily Blackner, Rofiat Agboola

EMILY BLACKNER

- Ranked #1 Indoors and Outdoors in Manitoba in Senior Pole Vault (3.96m indoor), (4.05m outdoor)
- 6th place in Pole Vault at the Canadian Track and Field Championships
- Outdoor Provincial Champion in Pole Vault
- 6th place in Pole Vault at the Royal City Inferno



OUTSTANDING FEMALE JUMPS NOMINEES

Kyla Findley, Madisson Lawrence, Emily Blackner, Rofiat Agboola

ROFIAT AGBOOLA

- Ranked #1 Outdoors in Manitoba in Senior Triple Jump (12.01m)
- 9th place in Triple Jump at the Canadian Track and Field Championships
- 10th place in Triple Jump at the Royal City Inferno
- Ranked #2 Outdoors in Manitoba in Senior Long Jump (5.67m)
- 9th place in Long Jump at the Canadian Track and Field Championships
- 4th place in Triple Jump and Long Jump at the OUA Championships
- 8th place in Triple Jump at U SPORTS

*Athletics
Manitoba*



*Annual
Awards Gala*

MALE JUMPS
NOMINEES

2023



OUTSTANDING MALE JUMPS NOMINEES

Daxx Turner, Max Speiser, Mathieu Indome, Deven Gowdar, Olayinka Odeleye

DAXX TURNER

- Ranked #1 Indoors in Manitoba in Senior High Jump (2.02m) and Triple Jump (15.40m) and Outdoors in Triple Jump (15.44m)
- Ranked #2 nationally Indoors in Triple Jump
- Gold Medal in Triple Jump and Silver Medal in High Jump at the Can West Championships
- Bronze Medal in Triple Jump at the Canadian Track and Field Championships
- Outdoor Provincial Champion in High Jump and Triple Jump



OUTSTANDING MALE JUMPS NOMINEES

Daxx Turner, Max Speiser, Mathieu Indome, Deven Gowdar, Oláyinka Odeleye

MAX SPEISER

- Ranked #1 Indoors in Manitoba in Senior Pole Vault (4.55m)
- 1st place in High Jump (1.96m) and Pole Vault (4.55m) in the Heptathlon at U SPORTS Championships
- Ranked #1 Outdoors in Manitoba in Senior High Jump (1.97m) and Pole Vault (4.35m)
- 1st place in High Jump (1.97m) in the Decathlon at the Canadian Track and Field Championships



OUTSTANDING MALE JUMPS NOMINEES

Daxx Turner, Max Speiser, Mathieu Indome, Deven Gowdar, Olayinka Odeleye

MATHIEU INDOME

- Ranked #1 Outdoors in Manitoba in Senior Long Jump (7.28m)
- 4th place in Long Jump at the Canadian Track and Field Championships
- 8th place in Long Jump at the Royal City Inferno
- 3rd place in Long Jump at OUA Championships (7.25m)
- 8th place in Long Jump at U Sports Championships



OUTSTANDING MALE JUMPS NOMINEES

Daxx Turner, Max Speiser, Mathieu Indome, Deven Gowdar, Olayinka Odeleye

DEVEN GOWDAR

- Ranked #1 Indoors in Manitoba in U20 High Jump (1.99m)
- Ranked #5 nationally Indoors in High Jump
- Ranked #1 Outdoors in Manitoba in U20 High Jump (1.95m)
- Bronze Medal in High Jump at the Canadian Track and Field Championships
- Represented University of MB at the Canada West Championships in High Jump



OUTSTANDING MALE JUMPS NOMINEES

Daxx Turner, Max Speiser, Mathieu Indome, Deven Gowdar, Oláyínká Odeleye

OLAYINKA ODELEYE

- Ranked #1 Indoors in Manitoba in U20 Long Jump (5.87m) and Triple Jump (12.40m)
- Outdoor Age Class Provincial Champion in Long Jump (6.68m) and Triple Jump (13.57m)
- MHSAA Provincial Champion in Long Jump (6.78m) and Triple Jump (13.54m)
- 7th place in Triple Jump at the Canadian Track and Field Championships
- Ranked #1 Outdoors in Manitoba in U20 Long Jump and Triple Jump

*Athletics
Manitoba*



*Annual
Awards Gala*

FEMALE THROWS
NOMINEES

2023

Athletics Manitoba



Annual Awards Gala

OUTSTANDING FEMALE THROWS NOMINEES

Anna McConnell, Ashley Morrow, Jade Pelland, Jencie Henry, Trynity Turner

ANNA MCCONNELL

- Gold Medal in Shot Put at U SPORTS Championships (14.62m)
- Gold Medal in Shot Put at the Can West Championships
- Ranked #1 Indoors and Outdoors in Manitoba in Senior Shot Put (14.62m indoor) and (13.92m outdoor) and Discus (36.99m)
- 6th place in Shot Put at the Canadian Track and Field Championships
- Ranked #3 nationally Indoors in Shot Put

Athletics Manitoba



Annual Awards Gala

OUTSTANDING FEMALE THROWS NOMINEES

Anna McConnell, Ashley Morrow, Jade Pelland, Jencie Henry, Trynity Turner

ASHLEY MORROW

- Ranked #1 Indoors in Manitoba in U18 Shot Put (11.79m) and Weight Throw (13.68m) and Outdoors in Discus (28.21m), Hammer (48.17m), and Shot Put (13.47m)
- Bronze Medal in Shot Put at the Legion National Youth Track and Field Championships
- 4th place in Hammer and 10th place in Discus at the Legion National Youth Track and Field Championships
- Indoor Provincial Champion in Shot Put and Weight Throw
- Outdoor Age Class Provincial Champion in Hammer and Shot Put
- MHSAA Provincial Champion in Shot Put



OUTSTANDING FEMALE THROWS NOMINEES

Anna McConnell, Ashley Morrow, Jade Pelland, Jencie Henry, Trynity Turner

JADE PELLAND

- Ranked #1 Indoors in Manitoba in U16 Shot Put (9.25m), and #1 Outdoors in Javelin (31.41m)
- Indoor Provincial Champion in Shot Put (9.25m)
- Outdoor Age Class Provincial Champion in Discus and Javelin
- Silver Medal in Javelin at the MHSAA Provincial Championships
- Gold Medal in Javelin and Bronze Medal in Shot Put at the North American Indigenous Games



OUTSTANDING FEMALE THROWS NOMINEES

Anna McConnell, Ashley Morrow, Jade Pelland, Jencie Henry, Trynity Turner

JENCIE HENRY

- Ranked #1 Outdoors in Manitoba in U16 Discus (29.58m), and Shot Put (12.30m)
- 6th place in Shot Put and 8th place in Discus at the Legion Youth National Track and Field Championships
- Outdoor Age Class Provincial Champion in Shot Put
- Bronze Medal in Discus at MHSAA Provincial Championships



OUTSTANDING FEMALE THROWS NOMINEES

Anna McConnell, Ashley Morrow, Jade Pelland, Jencie Henry, Trynity Turner

TRYNITY TURNER

- Ranked #1 Outdoors in Manitoba in U20 Javelin (37.09m)
- Outdoor Age Class Provincial Champion in the Javelin
- MHSAA Provincial Champion in Javelin
- Ranked #3 Outdoors in Manitoba in U20 Discus (27.83m)
- Silver Medal in Discus at Outdoor Age Class Provincial Championships
- 4th place finish in Discus at MHSAA Provincial Championships

*Athletics
Manitoba*



*Annual
Awards Gala*

MALE THROWS
NOMINEES

2023



OUTSTANDING MALE THROWS NOMINEES

Joshua Suelzle, Graham Wright, Jordan Furletti, Isaac Annoh, Thomas Boychuk

JOSHUA SUELZLE

- Ranked #1 Indoors in Manitoba in Senior Shot Put (15.37m)
- Gold Medal in Shot Put at the Can West Championships
- 8th place in Shot Put at U SPORTS Championships
- Ranked #2 Indoors in Manitoba in Senior Weight Throw (17.27m)
- Bronze Medal in Weight Throw at the Can West Championships
- 5th place in Weight Throw at U SPORTS Championships



OUTSTANDING MALE THROWS NOMINEES

Joshua Suelzle, Graham Wright, Jordan Furletti, Isaac Annoh, Thomas Boychuk

GRAHAM WRIGHT

- Ranked #1 Indoors in Manitoba in Senior Weight Throw (17.49m)
- Silver Medal in Weight Throw at the Can West Championships
- 4th place in Weight Throw at U SPORTS Championships
- Ranked #1 Outdoors in Manitoba in Senior Hammer (49.05m) and Shot Put (14.30m)
- Outdoor Provincial Champion in the Shot Put, Hammer, and Discus

Athletics Manitoba



Annual Awards Gala

OUTSTANDING MALE THROWS NOMINEES

Joshua Suelzle, Graham Wright, Jordan Furletti, Isaac Annoh, Thomas Boychuk

JORDAN FURLETTI

- Ranked #1 Outdoors in Manitoba in Senior Javelin (60.27m)
- Outdoor Provincial Champion in Javelin
- 1st place in Javelin at the Foote Field Open



OUTSTANDING MALE THROWS NOMINEES

Joshua Suelzle, Graham Wright, Jordan Furletti, Isaac Annoh, Thomas Boychuk

ISAAC ANNOH

- Ranked #1 Outdoors in Manitoba in U16 Discus (38.16m), Hammer (33.62m), and Shot Put (16.13m)
- MHSAA Provincial Champion in Shot Put
- Gold Medal in Shot Put at the Legion National Youth Track and Field Championships and set a new Provincial Record
- Silver Medal in Shot Put and Bronze Medal in Discus at Canada West Challenge
- 7th place in Hammer and 13th place in Discus at the Legion National Youth Track and Field Championships

Athletics Manitoba



Annual Awards Gala

OUTSTANDING MALE THROWS NOMINEES

Joshua Suelzle, Graham Wright, Jordan Furlétti, Isaac Annoh, Thomas Boychuk

THOMAS BOYCHUK

- Ranked #1 Outdoors in Manitoba in Discus (36.24m), Javelin (50.59m), and Shot Put (12.47m)
- MHSAA Provincial Champion in Javelin
- Gold Medal in Hammer, Javelin and Shot Put at the Canada West Challenge
- Outdoor Provincial Champion in Discus, Javelin and Shot Put

*Athletics
Manitoba*



*Annual
Awards Gala*

FEMALE COMBINED
EVENTS NOMINEES

2023

Athletics Manitoba



Annual Awards Gala

OUTSTANDING FEMALE COMBINED EVENTS NOMINEES

Madisson Lawrence, Teanna Gagne, Karina Kuznecova, Regan Teichroeb

MADISSON LAWRENCE

- Gold Medal in the Pentathlon at U SPORTS Championships
- Indoor Provincial Record in the Pentathlon
- Ranked #1 in Manitoba in the Senior Pentathlon and Heptathlon
- Ranked #3 nationally in the Pentathlon, and #5 in the Heptathlon
- Bronze Medal in the Heptathlon at the Canadian Track and Field Championships
- 4th place at Sweden Combined Events Challenge

Athletics Manitoba



Annual Awards Gala

OUTSTANDING FEMALE COMBINED EVENTS NOMINEES

Madisson Lawrence, Teanna Gagne, Karina Kuznecova, Regan Teichroeb

TEANNA GAGNE

- Ranked #1 Indoors in Manitoba in Long Jump (5.25m)
- Indoor Provincial Champion in Long Jump (5.25m), Silver Medal in the 200m (26.96) and Bronze Medal in Shot Put (9.31m) at the Indoor Provincial Championships
- Ranked #1 Outdoors in Manitoba in the Heptathlon (3713 pts)
- 8th place at the Canadian Track and Field Championships

Athletics Manitoba



Annual Awards Gala

OUTSTANDING FEMALE COMBINED EVENTS NOMINEES

Madisson Lawrence, Teanna Gagne, Karina Kuznecova, Regan Teichroeb

KARINA KUZNECOVA

- Ranked #1 Outdoors in Manitoba in the U18 Heptathlon (3242 pts)
- Gold Medal in the Heptathlon at the Canada West Challenge
- MHSAA Provincial Champion in the Pentathlon and Bronze Medal in the 100mH

Athletics Manitoba



Annual Awards Gala

OUTSTANDING FEMALE COMBINED EVENTS NOMINEES

Madisson Lawrence, Teanna Gagne, Karina Kuznecova, Regan Teichroeb

REGAN TEICHROEB

- Ranked #2 Outdoors in Manitoba in the U18 Heptathlon (3036 pts)
- Silver Medal in the Heptathlon at the Canada West Challenge
- 4th place finish in the 80mH and 9th place finish in the Pentathlon at the MHSAA Provincial Championships

*Athletics
Manitoba*



*Annual
Awards Gala*

MALE COMBINED
EVENTS NOMINEES

2023



OUTSTANDING MALE COMBINED EVENTS NOMINEES

Max Speizer, Ben Dnes

MAX SPEISER

- Ranked #1 Indoors in Manitoba in the Senior Heptathlon (5040 pts)
- Ranked #4 nationally in the Heptathlon
- Bronze Medal in the Heptathlon at U SPORTS Championships
- Ranked #1 Outdoors in Manitoba in the Senior Decathlon (6729 pts)
- Ranked #8 nationally in the Decathlon
- Bronze Medal in the Decathlon at the Canadian Track and Field Championships



OUTSTANDING MALE COMBINED EVENTS NOMINEES

Max Speizer, Ben Dnes

BEN DNES

- Ranked #1 Outdoors in Manitoba in the U16 Pentathlon (3225 pts)
- MHSAA Provincial Champion in the Pentathlon and Bronze Medal in the High Jump
- Silver Medal in the Pentathlon at the Legion National Youth Track and Field Championships
- Set Pentathlon record in the Long Jump at the Legion National Youth Championships (5.99m)

*Athletics
Manitoba*



*Annual
Awards Gala*

FEMALE U12
NOMINEES

2023



OUTSTANDING U12 FEMALE NOMINEES

Elise Manaigre, Zoe Salvador, Jaeda Liske

ELISE MANAIGRE

- Ranked #1 Indoors in Manitoba in the 60m (8.90) and Shot Put (6.72m)
- Indoor Provincial Champion in the 60m and Shot Put
- Ranked #2 Indoors in Manitoba in Long Jump (3.86m)
- Ranked #1 Outdoors in Manitoba in the 80m (11.38), 150m (21.22), Standing Long Jump (2.15m) and Shot Put (8.35m)
- Outdoor Provincial Champion in the 80m, 150m, Long Jump, Standing Long Jump, and Shot Put



OUTSTANDING U12 FEMALE NOMINEES

Elise Manaigre, Zoe Salvador, Jaeda Liske

ZOE SALVADOR

- Ranked #3 Indoors in Manitoba in the 60m (9.40) and Long Jump (3.36m)
- Silver Medal in the 150m at the Outdoor Provincial Championships
- Ranked #2 Outdoors in Manitoba in the Standing Long Jump (1.91m)
- Ranked #3 Outdoors in Manitoba in the 80m (11.78), 150m (22.87) and Long Jump (3.39m)



OUTSTANDING U12 FEMALE NOMINEES

Elise Manaigre, Zoe Salvador, Jaeda Liske

JAEDA LISKE

- Ranked #1 Indoors in Manitoba in the Long Jump (4.03m)
- Indoor Provincial Champion in the Long Jump
- Ranked #1 Outdoors in Manitoba in High Jump (1.30m) and Long Jump (4.27m)
- Outdoor Provincial Champion in High Jump
- Ranked #2 Outdoors in Manitoba in the 80m (11.80) and Shot Put (5.89m)

*Athletics
Manitoba*



*Annual
Awards Gala*

MALE U12 NOMINEES

2023

Athletics Manitoba



Annual Awards Gala

OUTSTANDING U12 MALE NOMINEES

Ezekiel Akinlade, Noah Duncan, Xavier Zarichanski

EZEKIEL AKINLADE

- Ranked #1 Indoors in Manitoba in the 60m (9.15), 150m (22.21), Standing Long Jump (1.66m) and Long Jump (3.33m)
- Indoor Provincial Champion in the 60m, 150m, and Long Jump
- Ranked #1 Outdoors in Manitoba in the 150m (21.66)
- Outdoor Provincial Champion in the 80m (11.42) and 600m (2:06.04)



OUTSTANDING U12 MALE NOMINEES

Ezekiel Akinlade, Noah Duncan, Xavier Zarichanski

NOAH DUNCAN

- Ranked #1 Outdoors in Manitoba in High Jump (1.30m) and Standing Long Jump (1.97m)
- Outdoor Provincial Champion in Long Jump (4.08m)
- Silver Medal in the 80m at Outdoor Provincial Championships
- Ranked #2 Outdoors in Manitoba in the 150m (22.37)

Athletics Manitoba



Annual Awards Gala

OUTSTANDING U12 MALE NOMINEES

Ezekiel Akinlade, Noah Duncan, Xavier Zarichanski

XAVIER ZARICHANSKI

- Ranked #2 Outdoors in Manitoba in Long Jump (3.50m) and Shot Put (6.37m)
- Outdoor Provincial Champion in Shot Put (6.37m)
- Bronze Medal in the 80m at Outdoor Provincial Championships
- Ranked #3 Outdoors in Manitoba in the 150m (22.46)

*Athletics
Manitoba*



*Annual
Awards Gala*

FEMALE U14
NOMINEES

2023



OUTSTANDING U14 FEMALE NOMINEES

Faustine Ogweno, Lily Hemlow

FAUSTINE OGWENO

- Ranked #1 Indoors in Manitoba in the 60m (8.62), 150m (20.84), Long Jump (4.60m), and Triple Jump (9.62m)
- Indoor Provincial Champion in the 150m and Long Jump
- Ranked #1 Outdoors in Manitoba in the 80m (10.84), 150m (20.48), Long Jump (4.73m) and Triple Jump (10.32m)
- Outdoor Provincial Champion in the 80m, Silver Medal in the 150m and Long Jump



OUTSTANDING U14 FEMALE NOMINEES

Faustine Ogwen, Lily Hemlow

LILY HEMLOW

- Ranked #1 Indoors in Manitoba in the 300m (48.12), 800m (2:41.04), and 1200m (4:19.31)
- Ranked #3 Indoors in Manitoba in the 60m (9.16) and Long Jump (3.61m)
- Indoor Provincial Champion in the 800m and 1200m
- Ranked #1 Outdoors in Manitoba in the 800m (2:27.96), 1200m (3:56.63), 2000m (7:35.89), and Standing Long Jump (2.03m)

*Athletics
Manitoba*



*Annual
Awards Gala*

MALE U14 NOMINEES

2023



OUTSTANDING U14 MALE NOMINEES

Reed Passmore, Cashton Chastellaine, Caedmon Freisen

REED PASSMORE

- Ranked #1 Indoors in Manitoba in the 60m (8.17), 150m (19.29), 300m (40.69), 60mH (10.30), Pole Vault (2.65m), and 4x200m (1:48.02)
- Indoor Provincial Champion in the 60m, 150m, 300m, 60mH, Pole Vault and 4x200m
- Ranked #1 Outdoors in Manitoba in the 80m (10.38), 150m (18.68), 300m (40.91) and 80mH (12.57)

Athletics Manitoba



Annual Awards Gala

OUTSTANDING U14 MALE NOMINEES

Reed Passmore, Cashton Chastellaine, Caedmon Freisen

CASHTON CHASTELLAINÉ

- Ranked #1 Outdoors in Manitoba in Long Jump (4.34m) and Shot Put (9.53m)
- Outdoor Provincial Champion in the 80m (11.36) and Shot Put
- 11th place at the North American Indigenous Games in both the 150m and Long Jump
- Ranked #2 Outdoors in Manitoba in the 80m and 150m

Athletics Manitoba



Annual Awards Gala

OUTSTANDING U14 MALE NOMINEES

Reed Passmore, Cashton Chastellaine, Caedmon Friesen

CAEDMON FRIESEN

- Ranked #1 Indoors in Manitoba in the 800m (2:42.98) and 1200m (4:21.26)
- Silver Medal in the 1200m and Bronze Medal in the 800m at the Indoor Provincial Championships
- Ranked #1 Outdoors in Manitoba in the 800m (2:37.86) and 1200m (4:12.12)
- Ranked #3 Outdoors in Manitoba in the 80m (12.11)

*Athletics
Manitoba*



*Annual
Awards Gala*

FEMALE U16
NOMINEES

2023



OUTSTANDING U16 FEMALE NOMINEES

Kyla Findley, Lillian Waldner, Annika De Smet,

KYLA FINDLEY

- Ranked #1 Overall in Manitoba in the 100m (12.36)
- Ranked #3 Overall in Manitoba in the 200m (25.22)
- MHSAA Provincial Champion in the 100m, 200m and Long Jump
- Bronze Medal in the 100m at the Legion National Youth Track and Field Championships
- 4th place in the 200m at the Legion National Youth Track and Field Championships
- Gold Medal in the 100m and 200m at the Canada West Challenge



OUTSTANDING U16 FEMALE NOMINEES

Kyla Findley, Lillian Waldner, Annika De Smet,

LILLIAN WALDNER

- Ranked #1 Indoors in Manitoba in the 60m (8.23), 200m (26.46), and 300m (42.68)
- Indoor Provincial Champion in the 200m and 300m
- Ranked #1 Outdoors in Manitoba in the 300m (41.66)
- Outdoor Age Class Provincial Champion in the 300m
- Silver Medal at the MHSAA Provincial Championships in both the 100m and the 200m
- Gold Medal in the 300m, Silver Medal in the 200m, and Bronze Medal in the 100m at the Canada West Challenge
- Ranked #2 Outdoors in Manitoba in the 100m (12.61) and 200m (25.64)



OUTSTANDING U16 FEMALE NOMINEES

Kyla Findley, Lillian Waldner, Annika De Smet,

ANNIKA DE SMET

- Ranked #1 Indoors in Manitoba in the U16 400m (1:00.40), 800m (2:18.65), 1200m (3:41.44), 2000m (6:38.62), and 4x400m (4:08.51)
- Indoor Provincial Record in the 1200m (3:41.44) and 2000m (6:38.62)
- Indoor Provincial Champion in the 800m, 1200m, 2000m and 4x400m
- Ranked #1 Outdoors in Manitoba in the U16 1200m and 2000m
- MHSAA Provincial Champion in the 800m, 1500m and 3000m
- Outdoor Age Class Provincial Champion in the 1200m and 2000m
- Silver Medal in the 2000m and Bronze Medal in the 1200m at the Legion National Youth Track and Field Championships, setting a new Outdoor Provincial Record in the 2000m
- MHSAA Cross Country Provincial Champions and Manitoba Age Class Provincial Cross Country Champion

*Athletics
Manitoba*



*Annual
Awards Gala*

MALE U16 NOMINEES

2023

Athletics Manitoba



Annual Awards Gala

OUTSTANDING U16 MALE NOMINEES

Isaac Annoh, Ben Dnes, Yusuff Ajibola Yusuff

ISAAC ANNOH

- Ranked #1 Outdoors in Manitoba in U16 Discus (38.16m), Hammer (33.62m), and Shot Put (16.13m)
- MHSAA Provincial Champion in Shot Put
- Gold Medal in Shot Put at the Legion National Youth Track and Field Championships
- Silver Medal in Shot Put and Bronze Medal in Discus at Canada West Challenge
- 7th place in Hammer and 13th place in Discus at the Legion National Youth Track and Field Championships



OUTSTANDING U16 MALE NOMINEES

Isaac Annoh, Ben Dnes, Yusuff Ajibola Yusuff

BEN DNES

- Ranked #1 Outdoors in Manitoba in the 100mH (14.59), High Jump (1.73m), Long Jump (6.01m), Triple Jump (11.45m), and Pentathlon (3225 pts)
- Silver Medal in the Pentathlon at the Legion National Youth Track and Field Championships
- Outdoor Provincial Record in the Pentathlon
- Gold Medal in the Pentathlon at the Canada West Challenge
- Outdoor Provincial Champion in Triple Jump

Athletics Manitoba



Annual Awards Gala

OUTSTANDING U16 MALE NOMINEES

Isaac Annoh, Ben Dnes, Yusuff Ajibola Yusuff

YUSUFF AJIBOLA YUSUFF

- Ranked #1 Indoors in Manitoba in the 60m (7.55), 200m (24.15), 300m (38.77), 4x200m (1:48.02), 4x400m (3:57.06), and Long Jump (5.52m)
- Indoor Provincial Champion in the 200m, 300m, 4x200m and 4x400m
- Ranked #1 Outdoors in Manitoba in the 100m (11.50), 200m (23.09), 300m (36.84) and 4x100m (45.19)
- Bronze Medal in the 300m at the Legion National Youth Track and Field Championships
- Gold Medal in the 100m at the Canada West Challenge

2023

*Athletics
Manitoba*



*Annual
Awards Gala*

FEMALE U18
NOMINEES

2023



OUTSTANDING U18 FEMALE NOMINEES

Amira Lawrence, Ashley Morrow, Sydney Burak, Sadie Maciura

AMIRA LAWRENCE

- Ranked #1 in Manitoba Indoors as U18 in the 200m (25.48) and 400m (59.26), and Outdoors in the 100m (12.70), 200m (25.07), and 400m (58.18).
- Ranked #1 in Manitoba, overall Indoors in the 200m (25.48)
- 7th place in the 400m at the Simplot Games
- Ranked 5th nationally Indoors in the 200m and 6th nationally in the 400m
- MHSAA Provincial Champion in the 100m and 400m, and Silver Medal in the 200m



OUTSTANDING U18 FEMALE NOMINEES

Amira Lawrence, Ashley Morrow, Sydney Burak, Sadie Maciura

ASHLEY MORROW

- Ranked #1 Indoors in Manitoba in U18 Shot Put (11.79m) and Weight Throw (13.68m) and Outdoors in Discus (28.21m), Hammer (48.17m), and Shot Put (13.47m)
- Bronze Medal in Shot Put at the Legion National Youth Track and Field Championships
- 4th place in Hammer and 10th place in Discus at the Legion National Youth Track and Field Championships
- Indoor Provincial Champion in Shot Put and Weight Throw
- Outdoor Age Class Provincial Champion in Hammer and Shot Put
- MHSAA Provincial Champion in Shot Put

Athletics Manitoba



Annual Awards Gala

OUTSTANDING U18 FEMALE NOMINEES

Amira Lawrence, Ashley Morrow, Sydney Burak, Sadie Maciura

SYDNEY BURAK

- Ranked #1 Indoors in Manitoba in High Jump (1.55m) and Triple Jump (9.85m)
- Silver Medal in High Jump and Triple Jump at Indoor Provincial Championships
- Ranked #1 Outdoors in Manitoba in High Jump (1.59m)
- Outdoor Age Class Provincial Champion in High Jump and Triple Jump
- Silver Medal in High Jump and Bronze Medal in Triple Jump at the Canada West Challenge

2023

Athletics Manitoba



Annual Awards Gala

OUTSTANDING U18 FEMALE NOMINEES

Amira Lawrence, Ashley Morrow, Sydney Burak, Sadie Maciura

SADIE MACIURA

- Ranked #1 Indoors in Manitoba in the 3000m (11:31.33), and #2 in the 1500m (5:17.81)
- Indoor Provincial Champion in the 3000m
- Ranked #1 Outdoors in Manitoba in the 1500m (5:06.40) and 3000m (10:55.58)
- Bronze Medal in both the 1500m and 3000m at the MHSAA Provincial Championships

*Athletics
Manitoba*



*Annual
Awards Gala*

MALE U18 NOMINEES

2023



OUTSTANDING U18 MALE NOMINEES

Augustine Nkundimana, Noah Neves, Thomas Boychuk, Nate Phillips

AUGUSTINE NKUNDIMANA

- Ranked #1 Indoors in Manitoba in the U18 60m (7.15) and 200m (22.85)
- Ranked #1 Outdoors in Manitoba in the U18 100m (10.97) and 200m (22.50)
- Indoor Provincial Champion in the 60m and 200m
- MHSAA Provincial Champion in the 100m and 200m
- Gold Medal in the 100m at Canada West Challenge
- Silver Medal in the 200m at Canada West Challenge
- Gold Medal in the 4x100m relay at Canada West Challenge + Provincial Record (42.33)
- Silver Medal in the 4x100m relay at Legion National Youth Track and Field Championships



OUTSTANDING U18 MALE NOMINEES

Augustine Nkundimana, Noah Neves, Thomas Boychuk, Nate Phillips

NOAH NEVES

- Ranked #1 nationally and #1 in Manitoba, Indoors in the 400m (50.70), 600m (1:21.20) and 800m (1:52.95)
- Bronze Medal in the 800m at Simplot Games
- 7th place at Nike Indoor Nationals in the 800m
- Ranked #1 Outdoors in Manitoba in the 400m (49.91) and 800m (1:53.86)
- MHSAA Provincial Champion in the 400m, Silver Medal in the 800m and Bronze in the 200m
- 5th place at Commonwealth Youth Games in the 800m
- Gold Medal in the 400m at the Canada West Challenge and Silver Medal in the 800m



OUTSTANDING U18 MALE NOMINEES

Augustine Nkundimana, Noah Neves, Thomas Boychuk, Nate Phillips

THOMAS BOYCHUK

- Ranked #1 Outdoors in Manitoba in Discus (36.24m), Javelin (50.59m), and Shot Put (12.47m)
- MHSAA Provincial Champion in Javelin
- Gold Medal in Hammer, Javelin and Shot Put at the Canada West Challenge
- Outdoor Age Class Provincial Champion in Discus, Javelin and Shot Put

Athletics Manitoba



Annual Awards Gala

OUTSTANDING U18 MALE NOMINEES

Augustine Nkundimana, Noah Neves, Thomas Boychuk, Nate Phillips

NATE PHILLIPS

- Ranked #1 Indoors in Manitoba in the 1500m (4:15.91) and the 3200m (10:19.06)
- Ranked #1 Outdoors in Manitoba in the 1500m (4:04.88), 3000m (8:56.25), and 4x400m (3:28.42)
- MHSAA Provincial Champion in the 1500m, 3000m and Silver Medal in the 800m
- 11th place in the 3000m at the Legion National Youth Track and Field Championships
- Silver Medal in the 1500m at the Canada West Challenge
- Gold Medal at the Provincial Cross Country Championships

*Athletics
Manitoba*



*Annual
Awards Gala*

FEMALE U20
NOMINEES

2023



OUTSTANDING U20 FEMALE NOMINEES

Zoe Nonato, Signy McKim, Teanna Gagne, Logan Harz, Erica Udoh, Lena Klassen

ZOE NONATO

- Ranked #1 in Manitoba Indoors in the U20 60m (7.76) and 300m (40.74)
- Ranked #7 nationally Indoors in the 300m
- Bronze Medal in the 4x200m and 4x400m relays at Can West Championships
- 5th place in the 300m at the Can West Championships
- 7th place in the 60m at the Can West Championships
- Member of the 4x200m and 4x400m that represented University of MB at U SPORTS
- Outdoor Provincial Champion in the 100m



OUTSTANDING U20 FEMALE NOMINEES

Zoe Nonato, Signy McKim, Teanna Gagne, Logan Harz, Erica Udoh, Lena Klassen

SIGNY MCKIM

- Ranked #1 Indoors in Manitoba in Triple Jump (11.52m), and #3 in High Jump (1.60m)
- Indoor Provincial Champion in High Jump (1.55m) and Triple Jump (11.52m)
- Ranked #5 nationally Indoors in Triple Jump
- Ranked #1 Outdoors in Manitoba in Triple Jump (11.34m)
- Outdoor Provincial Champion in the 100m (13.24) and Triple Jump (11.01m)



OUTSTANDING U20 FEMALE NOMINEES

Zoe Nonato, Signy McKim, Teanna Gagne, Logan Harz, Erica Udoh, Lena Klassen

TEANNA GAGNE

- Ranked #1 Indoors in Manitoba in Long Jump (5.25m)
- Indoor Provincial Champion in Long Jump (5.25m), Silver Medal in the 200m (26.96) and Bronze Medal in Shot Put (9.31m) at the Indoor Provincial Championships
- Ranked #1 Outdoors in Manitoba in the Heptathlon (3713 pts)
- 8th place at the Canadian Track and Field Championships



OUTSTANDING U20 FEMALE NOMINEES

Zoe Nonato, Signy McKim, Teanna Gagne, Logan Harz, Erica Udoh, Lena Klassen

LOGAN HARZ

- Ranked #1 Indoors in Manitoba in the U20 600m (1:41.27), 1000m (2:59.88), and 4x400m (4:08.51)
- Ranked #1 Outdoors in Manitoba in the U20 1500m (4:47.56)
- Outdoor Age Class Provincial Champion in the 800m and 1500m
- MHSAA Provincial Champion in the 800m and 1500m
- Silver Medal at Manitoba Provincial Cross Country Championships
- Bronze Medal at MHSAA Cross Country Championships

Athletics Manitoba



Annual Awards Gala

OUTSTANDING U20 FEMALE NOMINEES

Zoe Nonato, Signy McKim, Teanna Gagne, Logan Harz, Erica Udoh, Lena Klassen

ERICA UDOH

- Ranked #1 Indoors in Manitoba in Shot Put (11.33m) and Weight Throw (13.10m)
- Indoor Provincial Champion in Shot Put (10.85m) and Weight Throw (12.74m)
- 10th place at the Can West Championships
- Ranked #1 Outdoors in Manitoba in Hammer (36.60m) and Shot Put (10.82m)
- Outdoor Provincial Champion in Hammer and Shot Put

Athletics Manitoba



Annual Awards Gala

OUTSTANDING U20 FEMALE NOMINEES

Zoe Nonato, Signy McKim, Teanna Gagne, Logan Harz, Erica Udoh, Lena Klassen

LENA KLASSEN

- Ranked #1 Indoors in Manitoba in the 800m (2:19.55), 1500m (4:46.78), and 4x400m (4:08.51)
- Ranked #1 Outdoors in Manitoba in the 800m (2:17.69)
- Indoor Provincial Champion in the 800m
- Gold Medal in the Provincial Cross Country Championships
- Gold Medal at MHSAA Cross Country Championships

*Athletics
Manitoba*



*Annual
Awards Gala*

MALE U20
NOMINEES

2023

Athletics Manitoba



Annual Awards Gala

OUTSTANDING U20 MALE NOMINEES

Andrew Simard, Alejandro Civetta, Olayinka Odeleye, Jordan Beinert

ANDREW SIMARD

- Ranked #1 Outdoors in Manitoba in the 400m (49.64), 800m (1:51.67), and 1500m (3:56.17)
- Ranked #7 nationally Outdoors in the 800m
- 7th place at the IC4/ECAC Outdoor Championships in the 800m
- Represented Manitoba at the U20 Bell Canadian National Championships in the 800m



OUTSTANDING U20 MALE NOMINEES

Andrew Simard, Alejandro Civetta, Olayinka Odeleye, Jordan Beinert

ALEJANDRO CIVETTA

- Ranked #1 Indoors in Manitoba in the 600m (1:21.62), 800m (1:53.91), 1500m (4:10.00) and 4x400m (3:36.82)
- Ranked #5 nationally Indoors in the 800m
- 6th place at Simplot Games in the 800m
- MHSAA Provincial Champion in the 800m and 1500m, Silver Medal in the 400m
- 9th place at Nike Outdoor Nationals in the 800m
- Represented Tough Track and Manitoba at the U20 Bell Canadian National Championships in the 800m



OUTSTANDING U20 MALE NOMINEES

Andrew Simard, Alejandro Civetta, Olayinka Odeleye, Jordan Beinert

OLAYINKA ODELEYE

- Ranked #1 Indoors in Manitoba in U20 Long Jump (5.87m) and Triple Jump (12.40m)
- Outdoor Provincial Champion in Long Jump (6.68m) and Triple Jump (13.57m)
- 7th place in Triple Jump at the Canadian Track and Field Championships
- Ranked #1 Outdoors in Manitoba in U20 Long Jump and Triple Jump
- MHSAA Provincial Champion in Long Jump (6.78m) and Triple Jump (13.54m)

Athletics Manitoba



Annual Awards Gala

OUTSTANDING U20 MALE NOMINEES

Andrew Simard, Alejandro Civetta, Oláyinka Odeleye, Jordan Beinert

JORDAN BEINERT

- Ranked #1 Indoors in Manitoba in the U20 60mH (8.68)
- Indoor Provincial Champion in the 60mH
- Ranked #4 Indoors in Manitoba in the Open 60mH (8.95)
- Ranked #1 Outdoors in Manitoba in the U20 110mH (15.20)
- MHSAA Provincial Champion in the 100mH
- 8th place in the 110mH at the Canadian Track and Field Championships
- Ranked #2 Indoors in Manitoba in High Jump (1.65m) and #4 Outdoors in Long Jump (5.90m)

*Athletics
Manitoba*



*Annual
Awards Gala*

FEMALE SENIOR
NOMINEES

2023



OUTSTANDING SENIOR FEMALE NOMINEES

Madisson Lawrence, Tracy Towns, Anna McConnell

MADISSON LAWRENCE

- Gold Medal in the Pentathlon (4114 pts) and High Jump at U SPORTS Championships (1.76m)
- Set a U SPORTS Pentathlon High Jump record (1.80m)
- Indoor Provincial Record in the Pentathlon and High Jump
- Bronze Medal in the Heptathlon and High Jump at the Canadian Track and Field Championships
- Ranked #1 in Manitoba Indoors in the 60mH, High Jump, Long Jump and Pentathlon and Outdoors in the 200m, 100mH, 4x100m, High Jump, Long Jump, and Heptathlon
- Outdoor Provincial Record in the Heptathlon (5710 pts)



OUTSTANDING SENIOR FEMALE NOMINEES

Madisson Lawrence, Tracy Towns, Anna McConnell

TRACY TOWNS

- Ranked #1 Indoors in Manitoba in the 800m (2:10.09) and Mile (5:00.78)
- Ranked #1 Outdoors in Manitoba in the 800m (2:06.79) and 1500m (4:28.10)
- 7th place in the 800m at the Big 10 Outdoor Championships

Athletics Manitoba



Annual Awards Gala

OUTSTANDING SENIOR FEMALE NOMINEES

Madisson Lawrence, Tracy Towns, Anna McConnell

ANNA MCCONNELL

- Gold Medal in Shot Put at U SPORTS Championships (14.62m)
- Gold Medal in Shot Put at the Can West Championships
- Ranked #1 Indoors and Outdoors in Manitoba in Shot Put (14.62m indoor) and (13.92m outdoor) and #1 in Discus (36.99m)
- 6th place in Shot Put at the Canadian Track and Field Championships
- Ranked #3 nationally Indoors in Shot Put

*Athletics
Manitoba*



*Annual
Awards Gala*

MALE SENIOR
NOMINEES

2023



OUTSTANDING SENIOR MALE NOMINEES

Jordan Soufi, Tyler Cox-Yestrau, Simon Berube, Sam Vincent, Max Speiser, Daxx Turner

JORDAN SOUFI

- Ranked #1 Indoors in Manitoba in the 50m (5.87) and 60m (6.73) and #3 in the 200m (22.33)
- Ranked #1 Outdoors in Manitoba in the 100m (10.43)
- Gold Medal in the 60m at the Can West Championships
- Bronze Medal in the 4x200m at the Can West Championships
- 4th place in the 4x200m at U SPORTS
- 5th place in the 60m at U SPORTS



OUTSTANDING SENIOR MALE NOMINEES

Jordan Soufi, Tyler Cox-Yestrau, Simon Berube, Sam Vincent, Max Speiser, Daxx Turner

TYLER COX-YESTRAU

- Ranked #1 Indoors in Manitoba in the Senior 200m (22.08), 300m (34.04), and 400m (47.74)
- Ranked #3 nationally Indoors in both the 300m and 400m
- Ranked #1 Outdoors in Manitoba in the Senior 200m (21.32) and 400m (46.79)
- Gold Medal in the 4x400m at the Can West Championships
- Gold Medal in the 300m at the Can West Championships
- Gold Medal in the 4x400m at U SPORTS
- 4th place finish in the 300m at U SPORTS

Athletics Manitoba



Annual Awards Gala

OUTSTANDING SENIOR MALE NOMINEES

Jordan Soufi, Tyler Cox-Yestrau, Simon Berube, Sam Vincent, Max Speiser, Daxx Turner

SIMON BERUBE

- Ranked #1 Indoors in Manitoba in the 800m (1:52.22), 1000m (2:25.49), and Mile (4:06.95)
- Ranked #1 Outdoors in Manitoba in the 1500m (3:42.75)
- Ranked #12 nationally Outdoors in the 800m
- 2nd place at the Royal City Inferno in the 1500m
- 5th place at the Victoria Track Classic

2023

Athletics Manitoba



Annual Awards Gala

OUTSTANDING SENIOR MALE NOMINEES

Jordan Soufi, Tyler Cox-Yestrau, Simon Berube, Sam Vincent, Max Speiser, Daxx Turner

SAM VINCENT

- Ranked #1 Indoors in Manitoba in the 5000m (14:06.70)
- Indoor Provincial Record in the 5000m
- Ranked #1 Outdoors in Manitoba in the 5000m (13:52.94)
- 8th place in the 5000m at the Canadian Track and Field Championships



OUTSTANDING SENIOR MALE NOMINEES

Jordan Soufi, Tyler Cox-Yestrau, Simon Berube, Sam Vincent, Max Speiser, Daxx Turner

MAX SPEISER

- Ranked #1 Indoors in Manitoba in Pole Vault (4.55m) and Heptathlon (5040 pts)
- Ranked #4 nationally in the Heptathlon
- Bronze Medal in the Heptathlon at U SPORTS Championships
- Ranked #1 Outdoors in Manitoba in High Jump, Pole Vault, Discus and Decathlon
- Ranked #8 nationally in the Decathlon
- Bronze Medal in the Decathlon at the Canadian Track and Field Championships

Athletics Manitoba



Annual Awards Gala

OUTSTANDING SENIOR MALE NOMINEES

Jordan Soufi, Tyler Cox-Yestrau, Simon Berube, Sam Vincent, Max Speiser, Daxx Turner

DAXX TURNER

- Ranked #1 Indoors in Manitoba in High Jump (2.02m) and Triple Jump (15.40m) and Outdoors in Triple Jump (15.44m)
- Ranked #2 nationally Indoors in Triple Jump
- Gold Medal in Triple Jump and Silver Medal in High Jump at the Can West Championships
- Bronze Medal in Triple Jump at the Canadian Track and Field Championships
- Outdoor Provincial Champion in High Jump and Triple Jump



*Athletics
Manitoba*



*Annual
Awards Gala*

FEMALE MASTERS
NOMINEES

2023



Athletics Manitoba



Annual Awards Gala

OUTSTANDING MASTERS FEMALE NOMINEES

Hillaríe Tasche, Omena Babalóla, Carolyn Coffin

HILLARIE TASCHE

- Ranked #1 Indoors in Manitoba in the 60m (9.09), 60mH (11.38), and Pole Vault (3.15m)
- Represented the University of MB at the Canada West Championships

2023

Athletics Manitoba



Annual Awards Gala

OUTSTANDING MASTERS FEMALE NOMINEES

Hillaríe Tasche, Omena Babalola, Carolyn Coffin

OMENA BABALOLA

- Ranked #1 Indoors in Manitoba in the 50m (8.47), 60m (9.90), and 200m (34.70)
- Gold Medal in the 50m at the Canadian Masters Championships
- Silver Medal in the 60m and 200m at the Canadian Masters Championships
- Ranked #1 Outdoors in Manitoba in the 100m (16.49), and 200m (36.41)

Athletics Manitoba



Annual Awards Gala

OUTSTANDING MASTERS FEMALE NOMINEES

Hillarie Tasche, Omena Babalola, Carolyn Coffin

CAROLYN COFFIN

- Ranked #1 Indoors in Manitoba in the 1500m (5:44.00), 3000m (12:12.48) and 5000m (21:15.83)
- Indoor Provincial Champion in the 1500m and 3000m
- 224th overall in the Canadian 10km Championships

2023



*Athletics
Manitoba*



*Annual
Awards Gala*

MALE MASTERS
NOMINEES

2023



Athletics Manitoba



Annual Awards Gala

OUTSTANDING MASTERS MALE NOMINEES

Greg Athayde, Michael Morris, Claude Faucher, Ken Freisen

GREG ATHAYDE

- Indoor Provincial Records in the 200m (28.95), 400m (1:00.87), 600m (1:37.44), and 1500m (4:55.10)
- Outdoor Provincial Records in the 200m (28.44) and 400m (1:00.54)
- Silver Medal in the 800m at the USATF Masters Championships



OUTSTANDING MASTERS MALE NOMINEES

Greg Athayde, Michael Morris, Claude Faucher, Ken Freisen

MICHAEL MORRIS

- Indoor Provincial Record in the 60m (7.67), 200m (24.85), and 400m (55.89)
- Outdoor Provincial Record in the 100m (11.97), 200m (24.21), and 400m (55.47)

Athletics Manitoba



Annual Awards Gala

OUTSTANDING MASTERS MALE NOMINEES

Greg Athayde, Michael Morris, Claude Faucher, Ken Freisen

CLAUDE FAUCHER

- Indoor Provincial Record in the 600m (1:38.94)
- Indoor Provincial Champion in the 1500m (4:49.90)
- Silver Medal in the 400m and Bronze in the 800m at the Indoor Provincial Championships



OUTSTANDING MASTERS MALE NOMINEES

Greg Athayde, Michael Morris, Claude Faucher, Ken Friesen

KEN FRIESEN

- Gold Medal in the 800m (2:34.90) at the Canadian Masters Indoor Championships
- Silver Medal in the 1500m (5:51.41) at the Canadian Masters Indoor Championships
- Provincial Record in the Indoor 65-69 300m (48.99), 400m (1:06.74), 800m (2:34.87), and 3000m (12:07.20)