



## Summer Jam #1 & #2

- Date:** June 1,2, 2022  
**Sanction:** Athletics Manitoba  
**Host:** Winnipeg Optimist Athletics Club  
**Venue:** University of Manitoba Stadium  
**Entries:**
1. All participants must be registered members of Athletics Manitoba or a Provincial Association recognised by Athletics Canada
  2. Entry Fee - \$10.00 per Event – entries paid online (unless clubs ask to be billed!)
  3. Entry Deadline – Sunday, May 29, 11:59 PM CST.
  4. Entries must be done on Trackiereg. The link is posted on Athletics Manitoba:  
<http://athleticsmanitoba.com/event/woa-summer-jam-1-3/>
  5. Late Entry - \$20.00 per event if accepted.
  6. Seeded Sections – Please submit accurate seed performances!

- Age Classes for 2022:**
- U12 Born in 2011 or later
  - U14 Born in 2009 or 2010
  - U16 Born in 2007 or 2008
  - U18 Born in 2005 or 2006
  - U20 Born in 2003 or 2004
  - Senior Born in 2002 & Earlier
  - Masters Born in 1917 & earlier

### Tentative Schedule – Men first , Higher Hurdle Events First

<b>Wednesday, June 1, 2022</b>		<b>Thursday, June 2, 2022</b>	
5:30 PM	Sprint Hurdles	5:30 PM	400m Hurdles
to follow	100m	to follow	300m Hurdles
	80m U14 & Under		200m Hurdles
	1500m		200m
	1200m U16		150m U14 & Under
	300m U16 & Under		300m U16 & Under
	1000m U14 & Under		800m
	400m		600m U14 & Under
5:30 PM	High Jump - Men	5:30 PM	Triple Jump - Men
5:30 PM	Long Jump - Women	5:30 PM	Discus - All
5:30 PM	Hammer - All	to follow	Triple Jump - Women
to follow	High Jump -Women	to follow	Javelin - All
to follow	Long Jump - Men		
to follow	Shot - All		