



## MANITOBA RUNNERS' ASSOCIATION

### Sep 21, 2021 Report to Athletics Manitoba

- 2021 membership as of Sep was 230, which should be the total for the year as 2022 memberships go on sale November 1<sup>st</sup>. 2020 total was 345 and 2019 was 531.
- We have one new member joining our Board of Directors-Lorraine Walton. She will be a valuable addition coming from a retail background (Manager of the Kenaston Running Room) as well as having Race Director experience and doing much volunteer work.
- The first sanctioned in-person event was held on September 5<sup>th</sup>, not to mention the fact that it was the first large in-person road running event in Canada this year! The Manitoba Marathon went very smoothly and credit goes to the very hard work put in by Rachel Munday, Kristen Parker and their entire committee to make it successful. We now have a flurry of activity for the rest of September with 6 more in-person events over the next two weekends.
- Our two summer students, Calvin Reimer and Noel Kendel, have been working with coach Carolyn Coffin all summer putting on a series of track sessions for MRA members. We have been meeting every Wednesday evening at the Victor Mager Track with 36 registered road running athletes. These sessions have been so popular that we have continued into the month of September, and are hoping to offer more in January, February and March at the Max Bell Track. Many of the participants have never stepped on a track before and it's so rewarding to see them start to understand the benefits of speed work and proper warmups. We're hoping that this will encourage some of them to try a track meet at some point, now that they're more comfortable with being on a track.
- Profiles of athletes, coaches, board members, sponsors and volunteers integral to the success of the MRA over the past 50 years continue to be published on the MRA website (<https://mraweb.ca/mra-50th-anniversary/>). You'll recognise many of them, including our Treasurer, Brian Walker! New profiles go up every month, roughly featuring 5 years of MRA and Manitoba Road Running history.
- Training on our new timing system, MRA Timing Services, has begun and we have our first event on September 19<sup>th</sup> with the Riding Mountain Half, 10k & 5k. Dwayne, the previous owner, will be doing the timing along with Sam Neis and his wife, Tima. Reg Brown (MRA Board Member) and myself have also been involved with the training.