

Cleaning Protocols for Track and Field Equipment Use at the James Daly Fieldhouse

General Notes

- The University of MB has provided supplies for multiple cleaning/sanitization stations throughout the facility.
- AM Staff/Volunteer onsite for each training session will bring out the additional cleaning supply kits each day at practice and place at the designated area.
- Coaches are responsible for making sure their athletes follow the guidelines, reminding athletes to sanitize their hands prior to using any equipment, and ensuring that all equipment is disinfected after use.
- Cloths will be washed to disinfect and then returned for another training session.
- One coach has volunteered to be responsible for the washing/replacing the used cloths. This will likely need to happen once/twice per week.

In addition to the stations throughout the facility, there will be additional cleaning supply kits that can be used throughout the facility by training groups. They will include,

- 1 bottle of disinfecting spray
- 1 bottle of hand sanitizer
- Bag with clean unused cloths
- A bag for used cloths
- HJ/PV specific supplies – a Swiffer style floor mop, tarps.

Event specific Process and Procedures

Cones, medicine balls, wickets etc.

- All equipment must be disinfected before and after use.
- Athletes and coaches MUST sanitize their hands before and after use.
- Coaches should be in charge of retrieving and replacing equipment as much as possible and must supervise athletes if/when they assist.

Throws

- All equipment must be cleaned and disinfected before and after use.
- Each athlete must use the equipment designated for their exclusive use during the training session.
- If equipment must be shared, it must be disinfected between each use.
- Athletes will be required to retrieve their own equipment on the landing surface.

Blocks

- If equipment must be shared, it must be disinfected between each use.
- Blocks must be sprayed with disinfectant after each use.
- One person handles (replaces) the blocks and then disinfects blocks and sanitizes hands.

Hurdles

- Whenever possible, athletes should not share hurdles.
- Only one person per group handles hurdles and must disinfect the hurdles and sanitize hands before and after use.
- If athletes are sharing a lane of hurdles, the hurdles must also be sprayed/wiped after any unplanned contact.

High Jump/Pole Vault

- Mats are to be covered by a large tarp that must be fully disinfected before and after each individual athlete. OR;
- Pits are to be covered by a large tarp that is unique to each athlete and put in place and removed before and after each individual athlete/user (therefore multiple tarps needed). OR;
- Only one person handles (places) the first mat/sheet, which is disinfected and then placed on landing area. Jumper does one or more jumps, then removes mat/sheet and disinfects it and sanitizes hands.
- A second clean mat/sheet is placed on the pit for the next jumper while the other is disinfected.

Long Jump/Triple Jump

- Prior to the first use of the sand pits a high mist spray of disinfectant of a suitable concentration neutralise the virus, will be sprayed over the sand prior to use, as well as turned and raked.
- The disinfectant used for this purpose will be provided by the University of Manitoba and will be the same product used by the Active Living Centre to disinfect equipment.
- To help mitigate any additional risk we strongly recommend that athletes:
 - Sanitize hands before and after each jump.
 - Avoid getting sand in your eyes, nose, or mouth.
 - The landing pit should be fully turned and raked before and after each individual athlete/user.
 - Equipment such as rakes, measuring tapes, should be managed by dedicated individuals for a particular session i.e. one athlete or the coach, and cleaned and disinfected between one athlete's series of jumps or between sessions.
- Subsequently, at the end of each training session, coaches will be required to spray their pit.
- If possible, different training groups should not share sand pits on any particular night.
 - Example: Group 1 finishes training in Pit #1 at 5:30pm, Coach sprays down the pit before departing.
 - Group 2 uses Pit #2, Coach sprays down the pit before departing.
- If multiple training groups must share a sand pit on a particular night, all equipment must be disinfected, and the sand must be sprayed, turned over, raked and sprayed again before the second group can start.