



2019 Summer Jam Mini-Meets

Events at #1 Wed. May 22 Start Time - 5:30 PM End time 7:30 PM
Intermediate Hurdles (400mH for 18 & Older)(200mH for U16 & Under)
100m (80m for U12 & U14)
1500m (1000m for U 12) (1200m for U14 & U16)
400m (300m for U14 & U16)
2000m S/C (U18 & Older)
Triple Jump (U16 & Older), Pole Vault, Shot Put, Hammer(U16 & Older)
Standing Long Jump (U14 & U12)

Events at #2 Wed. June 12 Start Time - 5:30 PM End time 7:30 PM
Events To Be Announced – Will consist of events not run in SATT Open,
plus requests!

Events at #3 Wed. July 17 Start Time - 5:30 PM End time 7:30 PM
Sprint Hurdles (80mH for U14 & U16 Women)
(100mH for U16 Men & U18 and Older Women)
(110m Hurdles for U18 & Older Men)
800m (600m for U 12)
200m (150m for U 12 & U14)
3000m (2000m for U14 & U16)
Long Jump, High Jump, Discus (U14 & Older), Javelin (U14 & Older)
Ball Throw (U12)

Meet Operation: **Heats & Flights will be seeded based on entry marks and then separated
into appropriate Age Groups when results are produced**

Eligibility: Competitors must be Members of Athletics Manitoba, Athletics Canada or pay an
additional day meet fee of \$10.00 to Athletics Manitoba.

Entry Fee: Entry Fees are: \$10.00 per event. Entries are made through Trackiereg.

Entry Deadlines: Summer Jam Mini-Meet #1, May 19th at 23:59 (Central Time)

<https://www.trackie.com/online-registration/register/summer-jam-mini-meet-1/33013/>

Summer Jam Mini-Meet #2, June 9th at 23:59 (Central Time)

To Be Posted

Summer Jam Mini-Meet #3, July 17th at 23:59 (Central Time)

<https://www.trackie.com/online-registration/register/summer-jam-mini-meet-3/33014/>