



Track & Field / Athlétisme
Winnipeg, MB - 2019

PRESENTED BY / PRÉSENTÉ PAR



USPORTS TRACK AND FIELD CHAMPIONSHIPS
University of Manitoba
March 7, 8 & 9, 2019
Schedule of Events

Day 1

Thursday, March 7, 2019

1:00 pm	Weight Throw	W	Final
3:00 pm	60 M Hurdles	W	Pent
3:20 pm	60 M	M	Hep
4:00 pm	High Jump	W	Pent
4:00 pm	Long Jump	M	Hep
5:30 pm	Shot Put	M	Hep
6:15 pm	60 M	W	Heats
6:30 pm	60 M	M	Heats
6:30 pm	Shot Put	W	Pent
7:00 pm	600 M	W	Heats
7:15 pm	600 M	M	Heats
7:30 pm	60 M	W	Final
7:40 pm	60 M	M	Final
7:45 pm	Long Jump	W	Pent
8:30 pm	High Jump	M	Hep
8:30 pm	4 x 200m	W	Heats
8:45 pm	4 x 200m	M	Heats
9:15 pm	800 M	W	Pent

Awards: Weight Throw (W) / 60m (W & M) / Pent (W)



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Day 2
Friday, March 8, 2019

12:30 pm	Weight Throw	M	Final
2:30 pm	60m Hurdles	M	Hep
3:15 pm	60m Hurdles	W	Heats
3:30 pm	60m Hurdles	M	Heats
3:30 pm	Pole Vault	M	Hep
4:00 pm	Long Jump	W	Final
4:30 pm	1000 M	W	Final
4:45 pm	1000 M	M	Final
5:15 pm	60 M Hurdles	W	Final
5:30 pm	60 M Hurdles	M	Final
6:00 pm	300 M	W	Heats
6:15 pm	300 M	M	Heats
6:15 pm	Long Jump	M	Final
6:30 pm	Pole Vault	W	Final
6:45 pm	High Jump	M	Final
6:45 pm	Shot Put	W	Final
6:45 pm	3000 M	W	Final
7:05 pm	3000 M	M	Final
7:25 pm	1000m	M	Hep

*Awards: Weight Throw (M) / 60m Hurdles (W & M)
3000m (W & M)*

7:45 pm	300 M	W	Final
8:00 pm	300 M	M	Final
8:30 pm	4 x 800 M Relay	W	Final
8:45 pm	4 x 800 M Relay	M	Final

*Awards: Pole Vault (W) / High Jump (M) / Long Jump (W & M) / Shot Put (W) /
300m (W & M) / 1000m (W & M) / 4 x 800m (W & M) / Hep (M)*



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Day 3

Saturday, March 9, 2019

12:30 pm	Triple Jump	W	Final
12:30 pm	Pole Vault	M	Final
1:15 pm	600 M	W	Final
1:30 pm	600 M	M	Final
1:45 pm	Shot Put	M	Final
2:15 pm	4 x 200 M Relay	W	Final
2:25 pm	4 x 200 M Relay	M	Final
2:30 pm	High Jump	W	Final
2:45 pm	Triple Jump	M	Final
2:45 pm	1500 M	W	Final
3:00 pm	1500 M	M	Final
3:45 pm	4 x 400 M Relay	W	Final
4:00 pm	4 x 400 M Relay	M	Final

*Awards: Pole Vault (M) / Triple Jump (W & M) / Shot Put (M) / High Jump (W)
600m (W & M) / 1500m (W & M) / 4 x 200m (W & M) / 4 x 400m (W & M)
MVP's / Team Banners*