



## 2019 SATT Open

Date: Saturday, June 1 , 2019

Sanction: Athletics Manitoba

Host : **Stride Ahead Tough Track**

Venue: University of Manitoba Stadium

Entries: **1)** All participants must be a member of Athletics Manitoba, or Provincial Association recognized by Athletics Canada

### **2) Entry Fees**

\$10 .00 per individual event

\$15.00 for relays

**Same Day Registration      Individual Events \$15.00      Relays \$20.00**

**3)** Please make cheques payable to:

**Stride Ahead Tough Track**  
108 Shillingstone Road  
Winnipeg Manitoba R3Y 1H7

### **4) Entry Deadline: Tuesday May 28 2019 by 11:59pm**

Please ensure that your entries are in on time. It will allow us to get the schedule out as soon as possible.

**5)** Entries must be done online using TrackieReg.com. The link to the online registration will be posted on the Athletics Manitoba website : <http://athleticsmanitoba.com>

**6) NO** telephone or fax entries will be accepted

**7)** Seeded sections – Please submit **accurate seed performances**

**9)** Any questions please contact:

Until May 28<sup>th</sup> Andy Tough (204) 963-2502 Email: [toughtrack11@shaw.ca](mailto:toughtrack11@shaw.ca)

After May 28<sup>th</sup> Chris Harbeck (204) 290-0777 Email: [chris.harbeck@gmail.com](mailto:chris.harbeck@gmail.com)



## 2019 SATT Open

|                       |          |                       |
|-----------------------|----------|-----------------------|
| AGE CLASSES FOR 2019: | U12:     | BORN IN 2008 or Later |
|                       | U14:     | BORN IN 2006 & 2007   |
|                       | U16:     | BORN IN 2004 & 2005   |
|                       | U18:     | BORN IN 2002 & 2003   |
|                       | U20:     | BORN IN 2000 & 2001   |
|                       | SENIOR:  | BORN IN 1999 & OLDER  |
|                       | MASTERS: | BORN 1983 AND EARLIER |

**\*\*\*\*\*All Relay Team members must be from the Same Club or School\*\*\*\*\***

**\*\*\*NOTE: The Preliminary Schedule is a rough estimate of event times. It will change to a FINAL SCHEDULE based on the number of athletes that are entered per event.**

**The Final Schedule will be produced as soon as possible once all entries are received**

**All jumps and throw athletes are required to report to their event one half hour before the start of their events for warm up.**



# 2019 SATT Open

## TENTATIVE SCHEDULE

EVENTS MAY RUN UP TO 10 MINUTES AHEAD OF SCHEDULE

Saturday, June 1, 2019

### TRACK

|                 |  |
|-----------------|--|
| 9:00 am         | 5000m Final (U18 & Older Women)        |
| 9:25 am         | 5000m Final (U18 & Older Men)          |
| 9:50 am         | 300m Final (U14 & U16 Women)           |
| 10:05 am        | 300m Final (U14 & U16 Men)             |
| 10:20 am        | 400m Final (U18 & Older Women)         |
| 10:35 am        | 400m Final (U18 & Older Men)           |
| 10:50 am        | 80m Final (U12 & U14 Women)            |
| 11:05 am        | 80m Final (U12 & U14 Men)              |
| 11:20 am        | 100m Final (U16 & Older Women)         |
| 11:35 am        | 100m Final (U16 & Older Men)           |
| 11:50 am        | 600m (U12 Men & Women)                 |
| 12:05 pm        | 800m (U14 & Older Men & Women)         |
| <b>12:25 pm</b> | <b>Lunch Break</b>                     |
| 12:55 pm        | 300m Hurdles Final (U16 Women)         |
| 1:00 pm         | 300m Hurdles Final (U16 Men)           |
| 1:10 pm         | 400m Hurdles Final (U18 Women)         |
| 1:20 pm         | 400m Hurdles Final (U18 Men)           |
| 1:30 pm         | 400m Hurdles Final (U20 & Older Women) |
| 1:40 pm         | 400m Hurdles Final (U20 & Older Men)   |
| 1:50 pm         | 150m (U12 & U14 Men & Women)           |
| 2:10 pm         | 200m (U16 & Older Men & Women)         |
| 2:40pm          | 1200m Final (U14 & U16 Women)          |
| 2:50pm          | 1200m Final (U14 & U16 Men)            |
| 3:05 pm         | 1500m Final (U18 & Older Women)        |
| 3:20 pm         | 1500m Final (U18 & Older Men)          |
| 3:35 pm         | 4 x 100m Final (Women)                 |
| 3:45 pm         | 4 x 100m Final (Men)                   |



## 2019 SATT Open

### FIELD

- 9:00 am Shot Put (U12 & U14 Women & Men)
- 9:30 am Pole Vault (Men)
- 9:30 am Standing Long Jump (U12 & U14 Men & Women)
- 10:00 am Shot Put (U16 & Older Women)
- 11:00 am Triple Jump (U16 & Older Men)
- 11:00 am Pole Vault (Women)
- 11:15 am Shot Put (U16 & Older Men)

### Lunch Break

- 12:45 pm Hammer (U16 & Older Women)
- 1:15 pm Triple Jump (U16 & Older Women)
- 2:00 pm Hammer (U16 & Older Men)