

Special Olympics Manitoba



2019 SOM Kinsmen Outdoor Track & Field Championships Schedule of Events

8:30 AM Team Registration
8:45 AM Head Coach Meeting/Volunteer Orientation
9:00 AM Opening Remarks and Torch Run
9:10 AM Marshalling Begins for all events
TBA Lunch
TBA Competition Resumes - **Please be back in Time!**
5:00 PM Competition Ends

9:10 AM Morning Events

Shot Put - Under 14 Men (Div M1-M3)+ High Jump
Shot Put - 14 & Over Men Group 1 (Div-M1-M5)
RLJ Men- Group 1 (Div M4-M6)
SIJ Men- Group 1 (Div- M6,M7)
Break
Shot put 14 & Over Men - Group 2 (Div-M6-M9)
RLJ Men- Group 2 (Div M1-M3)
SIJ Men- Group 2 (Div- M1-M5))
Mens Lunch

3000/1500 Meter - Combined Divisions
100 Meter - Women
400 Meter -Women
50 Meter - Women
800 Meter- Women
200 Meter- Women
1500 Meter
Womens Lunch

LUNCH 30- 45 minutes

Afternoon Events

Shot Put - Under 12 Women
Shot Put - 12 & Over Women Group 1 (Div F1-F3)
RLJ Women- Group 1 (Div F1-F5)
SLJ Women- Group 1 (Div F5-F8)
Break
Shot Put -12 & over Group 2 (Div F4-F8)
SLJ Women- Group (Div F1-F4)

1500 Meter -Men
100 Meter Men
400 Meter - Men
50 Meter - Men
800 Meter - Men
200 Meter - Men