

2018 MILK Cross Country Challenge

Cross Country Challenge

Wednesday, September 26th, 2018

PROVINCIAL SCHOOL TEAM CHAMPIONSHIP

Kilcona Park/Harbourview Golf Club

Milk Every Moment



10:00 am	Grade 4 Girls	2km
10:40 am	Grade 4 Boys	2km
11:20 am	Grade 5 Girls	2km
12:00 pm	Grade 5 Boys	2km
12:40 pm	Grade 6 Girls	2km
1:20 pm	Grade 6 Boys	2km
2:00 pm	Grade 7 Girls	2km
2:15 pm	Grade 7 Boys	2km
2:30 pm	Grade 8 Girls	2km
2:45 pm	Grade 8 Boys	2km
3:00 pm	Grade 9/10 Girls (JV)	3km
3:15 pm	Grade 9/10 Boys (JV)	4km
3:30 pm	Varsity Girls	4km
3:45 pm	Varsity Boys	5km



*Please note: the schedule has been adjusted based on previous years. We will make every effort to run events early to accommodate busing. Therefore, races can run up to 15 minutes ahead so please arrange arrival times accordingly.

VOLUNTEERS

Each school must provide one volunteer for this event. Volunteer names must be submitted to Noelle at programs@athleticsmanitoba.com prior to the event. Roles will be assigned and distributed via e-mail.

AWARDS

Banner for Top Team, (Male and Female) in each Grade

Top 10 athletes in each age category receive award ribbons.

All athletes receive a participation ribbon and a carton of chocolate milk.

ENTRY INFORMATION

Team Entries: A team will consist of a maximum of 6 and a minimum of 4 athletes of one gender with the best 4 performances counting in the team score. Athletes must belong to the same school. Entry fee of \$15.00 per team (per age group) to a maximum of \$150.00 per school. Individual entries \$10.00 per person. Cheques payable to Athletics Manitoba.

Entry Deadline: All entries must be completed either online through Trackie - www.trackiereg.com/2018-MilkXC or with an entry form template: (Download [HERE](#)). Please send template to programs@athleticsmanitoba.com) **no later than Tuesday, September 18th, 2019.**

Changing and washroom facilities will be open for use at the Harbourview Club House. This meet is sanctioned by Athletics Manitoba and MHSAA and sponsored by Dairy Farmers of Manitoba.