



2018 Kinsmen Outdoor Track & Field Championships Schedule of Events

****PLEASE NOTE: All times are tentative and are subject to change****

TIME:	EVENT:
8:30 A.M	Team Registration
8:45 A.M.	Head Coaches Meeting
9:00 A.M.	Opening Remarks/Ceremonies
9:10 A.M.	Marshalling begins
9:20 A.M.	Events Begin

TIME:	FIELD EVENTS (ALL):	TRACK EVENTS (ALL):
9:20- 12:00 P.M.	Shot Put –Under 14 Men	3000/5000 Meter – Combined Divisions (Male & Female)
	Shot Put – 14 & Over Men	100 Meter
	Shot Put – Under 12 Female	50 Meter
	Shot Put – 12 & Over Female	400 Meter
	Standing Long Jump (M&F)	

LUNCH BREAK 12:00 P.M. – 12:30 P.M.

TIME:	FIELD EVENTS (ALL):	TRACK EVENTS (ALL):
12:30 P.M.- 2:30P.M	High Jump – Combined Divisions (Male & Female)	Hurdles 110 M, 100M, (Male and Female)
	Shot Put – Under 12 Female	800 Meter
	Shot Put – 12 & Over Female	200 Meter
	Shot Put –Under 14 Men	1500 Meter
	Shot Put – 14 & Over Men	Relay`s if time permits
	Running Long Jump (M&F)	

Field Events: coaches will take athletes to marshalling table and then marshal will escort athletes to their jumping or throwing events.

Note: Each track event will run one gender following the other for each race.