



**2018 CANADA WEST TRACK & FIELD CHAMPIONSHIPS  
 FEBRUARY 23 & 24  
 MAX BELL FIELDHOUSE  
 UNIVERSITY OF MANITOBA**

**FRIDAY, FEBRUARY 23**

2:00pm	M	Long Jump (15)	FINAL
2:00pm	W	60m Hurdles Pentathlon (10)	
2:10pm	W	60m Hurdles (14)	Heats
2:20pm	M	60m Hurdles (9)	Heats
2:40pm	M	60m Heptathlon (9)	
3:15pm	W	1000m (22)	TIMED FINALS
3:30pm	M	1000m (32)	TIMED FINALS
3:30pm	W	High Jump Pentathlon (10)	
3:30pm	M	Weight Throw (16)	FINAL
3:45pm	M	Long Jump Heptathlon (9)	
3:50pm	W	300m (12)	Heats
4:05pm	M	300m (22)	Heats
4:30pm	W	3000m (13)	FINAL
4:45pm	M	3000m (21)	TIMED FINALS
4:45pm	W	Shot Put Pentathlon (10)	

**AWARDS**

Long Jump (M) / 1000m (W & M) / Weight Throw (M)

5:15pm	M	Shot Put Heptathlon (9)	
6:00pm	W	Long Jump Pentathlon (10)	
6:10pm	W	60m Hurdle	FINAL
6:20pm	M	60m Hurdle	FINAL
6:20pm	W	Pole Vault (13)	FINAL
6:40pm	W	300m	TIMED FINALS
6:50pm	M	300m	TIMED FINALS
7:15pm	M	High Jump Heptathlon (9)	
7:15pm	W	Shot Put (16)	FINAL
7:15pm	W	Long Jump (16)	FINAL
7:15pm	W	800m Pentathlon (10)	

**AWARDS**

60m Hurdles (W & M) / 3000m (W & M) / 300m (W & M)

7:50pm	W	4 x 800m Relay (6)	FINAL
8:05pm	M	4 x 800m Relay (6)	FINAL

**AWARDS**

Pentathlon (W) / Pole Vault (W) / Shot Put (W) / Long Jump (W) /  
 4 x 800m (W & M)



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**SATURDAY, FEBRUARY 24**

11:30am	M	60m Hurdles Heptathlon (9)	
12:00pm	M	Triple Jump (15)	FINAL
12:00pm	W	60m (24)	Heats
12:20pm	M	60m (22)	Heats
12:30pm	M	Pole Vault Heptathlon (9)	
12:50pm	W	600m (21)	TIMED FINALS
1:10pm	M	600m (23)	TIMED FINALS
1:30pm	W	60m	FINAL
1:35pm	M	60m	FINAL
2:10pm	M	1000m Heptathlon (9)	
2:10pm	W	High Jump (15)	FINAL
2:10pm	W	Weight Throw (18)	FINAL
2:15pm	W	Triple Jump (16)	FINAL
2:15pm	M	Pole Vault (10)	FINAL

**AWARDS**

60m (W & M) / 600m (W & M) / Triple Jump (M)

2:45pm	W	4 x 200m Relay (5)	FINAL
2:55pm	M	4 x 200m Relay (6)	FINAL
3:15pm	W	1500m (27)	TIMED FINALS
3:30pm	M	Shot Put (14)	FINAL
3:30pm	M	High Jump (10)	FINAL
3:35pm	M	1500m (44)	TIMED FINALS

**AWARDS**

4 x 200m (W & M) / High Jump (W) / Weight Throw (W) /  
Triple Jump (W) / Heptathlon (M)

4:20pm	W	4 x 400m Relay (6)	FINAL
4:30pm	M	4 x 400m Relay (7)	TIMED FINALS

**AWARDS**

1500m (W & M) / 4 x 400m (W & M) / Shot Put (M) / High Jump (M)  
Pole Vault (M)