



# CANADIAN ATHLETE PERFORMANCE PATHWAY (CAPP) INTERIM SELECTION POLICY 2018

Able-bodied and Para athletes

Athletics Canada (AC) runs a high performance program whose purpose is: *To systematically guide and support Canadian athletes along a sustainable pathway to Olympic and Paralympic medals.*

A key part of the program is to identify and support named athletes who have the potential to contribute directly to our Olympic & Paralympic success. These athletes will be supported through Athletics Canada's Canadian Athlete Performance Pathway (CAPP) program.

CAPP will supersede the current Enhanced Funding programs and the NextGen programs and combine them into a single program. The current Enhanced Funding programs run to March 31, 2018 and the current NextGen programs run to September 30, 2018. To align the dates of all of these programs AC will select athletes for an "Interim CAPP program" which will run from April 1 to September 30, 2018.

Former Enhanced Funding program athletes selected to CAPP will need to complete new paperwork. NextGen athletes will simply be assigned a "nominal" to an appropriate CAPP program level – they won't need to complete any new paperwork.

The Commonwealth Games starts on April 8, 2018 and we hope that athletes will perform well enough there to influence their CAPP program level. Therefore athletes NOT competing at the Commonwealth Games will be selected to the Interim CAPP program by March 31 and athletes competing at the Commonwealth Games will be considered before April 30.

This document outlines how Athletics Canada will consider athletes and decide if they will be selected for the Interim CAPP and, if so, at which level. The document is structured as follows:

- |                                                |                                                               |
|------------------------------------------------|---------------------------------------------------------------|
| <b>1. Introduction</b>                         | High level overview of the CAPP program.                      |
| <b>2. CAPP Programs &amp; Levels</b>           | Details of how the CAPP is structured.                        |
| <b>3. The Selection Process</b>                | The mechanics of the CAPP selection process.                  |
| <b>4. Athlete Progression</b>                  | Guidelines on how athletes are expected to improve over time. |
| <b>5. Podium Program</b>                       | The specifics of Podium Program selection.                    |
| <b>6. Transition Program</b>                   | The specifics of Transition Program selection.                |
| <b>7. Talent Confirmation Program</b>          | The specifics of Talent Confirmation Program selection.       |
| <b>8. Membership Requirements</b>              | Requirements for program membership.                          |
| <b>9. Membership types</b>                     | Types of CAPP program members.                                |
| <b>10. Eligible Performances</b>               | Requirements for eligible performances.                       |
| <b>11. 2017 World Rankings</b>                 | How world rankings are calculated and used.                   |
| <b>12. Able-bodied Consideration Standards</b> | Performance standards for able-bodied athletes.               |
| <b>13. Para Consideration Standards</b>        | Performance standards for Para athletes.                      |
| <b>14. Frequently Asked Questions</b>          | Answers to some common questions about the program.           |



## 1. PROGRAM INTRODUCTION

### 1.1 CAPP's Aims

The CAPP is AC's implementation of its Strategic Plan initiative to "Develop an integrated performance pathway which will enable sustainable success at the Olympic / Paralympic Games and World Championships".

The aim of AC's high performance (HP) department is to: Increase the number of Canadian athletes at major championships who:

- improve on their pre-event ranking,
- set new season's bests,
- set new personal bests,
- place in the top half of their field,
- place in the top eight, or
- win a medal.

### 1.2 HP Philosophy

Membership of CAPP is offered as an investment in an athlete to help them reach and maintain the **Podium** level of the program. Membership is not offered as a reward for past success.

CAPP is an integrated program for our Olympic and Paralympic athletes that recognizes the varying needs of the different events groups, different athletes and different coaches.

AC believes that the keys to a successful HP program in athletics are (in order):

- Athletes
- Coaches
- Support services (eg medical services and the sports sciences)
- Facilities & Equipment
- Competition

AC believes that outstanding physical potential, world class processes and outstanding mental resilience are required for sustained success at the World and Olympic/Paralympic level.

### 1.3 Stakeholders and Partners

The CAPP program is resourced by AC with the valued support of our partners including Own The Podium (OTP), Sport Canada (SC), the Canadian Olympic & Paralympic Sport Institute Network (COPSIN), the Canadian Olympic Committee (COC), the Canadian Paralympic Committee (CPC), Commonwealth Games Canada (CGC), 94Forward, Ontario High Performance Sport Initiative (OHPSI), B2Ten and the provincial branches, partners, sponsors and supporters of Athletics Canada.

### 1.4 Underlying Programs

The CAPP program consolidates and aligns a number of AC's current support programs including OTP's "Enhanced Funding", "NextGen Funding" and SC's AAP.



### **1.5 Limitations**

The benefits offered to members of the CAPP program are limited by AC's resources and may also be limited by additional rules of our supporting partners. Resourcing priorities may impact the number of athletes supported at the various program levels. Varying Provincial / Territorial priorities are also likely to impact resourcing; however every effort will be made to achieve full alignment of the program across Canada for the greatest level of consistency.

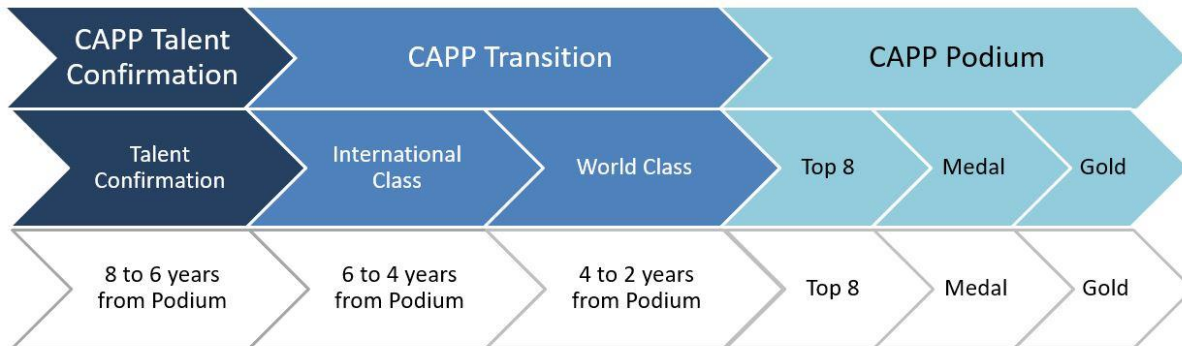
### **1.6 Interim CAPP Year**

The Interim CAPP Year runs from April 1 to September 30, 2018.



## 2. PROGRAM STRUCTURE

### 2.1 CAPP Programs & Levels



Program	Level	Criteria
Podium	Gold	Gold medallist at a recent Podium Benchmark Event with the Realistic Capacity to sustain this level of performance at the next Podium Benchmark Event.
	Medal	Silver or Bronze medallist at a recent Podium Benchmark Event with the Realistic Capacity to sustain this level of performance at the next Podium Benchmark Event.
	Top 8	Fourth to eighth place at a recent Podium Benchmark Event, or an equivalent performance, with the Realistic Capacity to place in the top eight at the next Podium Benchmark Event.
Transition	World Class	Individual Athletes and Relay Teams with the Realistic Capacity to reach the <b>Podium</b> program within two years.
	International	Individual Athletes and Relay Teams with the Realistic Capacity to reach the <b>Podium</b> program within four years.
Talent Confirmation	Talent Confirmation	Individual Athletes showing the potential to eventually perform at the <b>Podium</b> program level and with the Realistic Capacity to progress to the <b>Transition</b> program within two years.

The “Podium Benchmark Events” are the Olympic Games, Paralympic Games, IAAF World Athletics Championships and the WPA World Athletics Championships.

Additional classification and depth of field criteria apply to Para athletes as explained elsewhere in this document.

Other terms such as “Realist Capacity”, “Individual Athlete” and “Relays Teams” are defined elsewhere in this document.



## 2.2 Realistic Capacity

Throughout this document reference is made to an athlete's Realistic Capacity to progress within the sport and achieve extremely high levels of success. Judging an athlete's Realistic Capacity is a subjective exercise based on a combination of expert opinion, objective performance data and statistical modelling.

AC believes that outstanding (1 physical potential, (2 world class processes and (3 outstanding mental resilience are required for sustained success at the World and Olympic/Paralympic level.

It is important that athletes and their coaches understand and accept that the CAPP program will consciously assess and re-assess these characteristics against *the best in the world*.

Our expectations of an athlete in these three key areas (1) physical potential; 2) processes; and 3) mental resilience) will depend on an athlete's training age and experience within the sport. For example we expect that **Podium** athletes will always have world class processes and demonstrate performance on demand. We do not expect **Talent Confirmation** program athletes to be perfect across all three areas – however we do expect these athletes to improve quickly once they are in our program.

Chronological age will not be a deciding factor in retaining/selecting athletes for CAPP but training and competition age will be considered and may become deciding factors.

- 1) Factors that provide evidence to an athlete's physical potential include:
  - Training age.
  - Year-on-year performance progression compared to their global peers.
  - Technical and tactical skills.
  - Physical resilience to stress, injury and illness.
  - Physical attributes.
  
- 2) Factors that provide evidence to an athlete's processes include:
  - Daily Training Environment (DTE) including:
    - Coaching;
    - Access to Facilities & Equipment; and
    - Access to Sport Science & Sports Medicine support.
  - Planning for the short, medium and long term.
  - Engagement with CAPP / AC and the wider Canadian sporting network.
  - Lifestyle management.
  - Professionalism.
  
- 3) Factors that provide evidence to an athlete's mental resilience include:
  - Competition history, especially their record at major championships.
  - Approach to challenges, such as illness and injury.
  - Training commitment.
  - Sport commitment.

For the Interim CAPP program the AC Selectors will use their knowledge of athletes to assess their Realistic Capacity. For future programs a more formal assessment process, including an athlete self-assessment, may be used.





### **3. THE SELECTION PROCESS**

#### **3.1 Interim CAPP Selection Panel**

3.1.1 The CAPP Selection Panel will consist of the following voting members:

- High Performance Director (chair),
- Head Coach, and
- Paralympic Performance Lead.

3.1.2 The Selection Panel will include non-voting experts, who have no power to vote, will be invited by the Panel to provide additional information for the voting members and could include, but is not limited to:

- AC's HP Operations Lead (to comment on logistical and financial matters) and
- AC's Chief Medical Officer or their representative (to comment on medical issues).

3.1.3 The High Performance Director, in consultation with AC's CEO, may vary the CAPP Selection Panel membership should circumstances require, for example if one of the named selectors is ill or otherwise unavailable.

#### **3.2 Selection Decisions**

3.2.1 Using the processes and guidelines within this document the Selection Panel may select athletes to any level of the CAPP Transition for which they are eligible program.

3.2.2 Being a member of the current Enhanced Funding program does not guarantee selection to the Interim CAPP program.

3.2.3 All members of the current NextGen program will be assigned a level on the Interim CAPP program.

3.2.4 Athletes will be informed of the outcomes ASAP either directly (for existing members of the Enhanced Funding and NextGen programs) or via published lists on the AC website (for athletes not on the current Enhanced Funding and NextGen programs).

#### **3.3 Selection Dates**

3.3.1 Athletes NOT selected for the Commonwealth Games will have their performances and rankings as of March 31<sup>st</sup>, 2018 to be considered for the Interim CAPP criteria outlined below.

3.3.2 Athletes selected for the Commonwealth Games will have their performances and rankings as of April 30<sup>th</sup>, 2018 to be considered for the Interim CAPP criteria outlined below.

3.3.3 Athlete membership will start on April 1 or when the athlete has been invited whichever is later AND when they have successfully completed any required assessments and/or returned all of the requested paperwork (see section 8.1).

3.3.4 In general, membership will run until 30 September, 2018 (unless an athlete's eligibility changes).

#### **3.4 Order of Selection Decisions**

3.4.1 Able-bodied and Para athlete selections will be considered separately.



- 3.4.2 At each stage the selectors will only consider eligible athletes (see section 8.1) and eligible performances (see section 3.3.1, 3.3.2 and 10.1).
- 3.4.3 The selectors will consider athletes for the CAPP levels in the order of **Gold, Medal, Top 8, World Class, International** and finally **Talent Confirmation**.
- 3.4.4 In general athletes will be allocated for Automatic Selection or Discretionary Selection as described in the “Program” sections (see sections 5, 6 and 7) and then:
- 3.4.5 Athletes eligible for Automatic Selection will be selected.
- 3.4.6 Athletes eligible for Discretionary Selection will be considered as follows:
- The selectors will prioritize athletes who they consider to best match the characteristics of the program level (see Section 2).
  - The selectors may use any factors that they consider relevant in making this decision.
  - The Selectors will take account of the guidelines on athlete progression (see section 4) as well as any specific limitations on athlete numbers mentioned in the “Program” sections (see sections 5, 6 and 7).
  - For the avoidance of doubt there is no guarantee of selection for Discretionary Selection athletes.

### 3.5 Para Athlete Guides

- 3.5.1 In specific Para events the IPC rules allow for a visually impaired track athlete to use a guide runner. For these events we will also support a guide at the same level as the selected athlete. The guide must meet all of the same eligible criteria as other athletes in the program.
- 3.5.2 An athlete’s supported guide will be agreed upon with the Para Performance Lead each year. In exceptional circumstances AC’s Para Performance Lead, in agreement with the High Performance Director, may split the guide support across two athletes or decline to support a guide who we do not believe will help the athlete to reach and then maintain the Podium level of the program.
- 3.5.3 If an athlete who requires a Para Athlete Guide is exited from the program, then their guide is also exited from the program.
- 3.5.4 If, for any reason, an athlete changes their guide during the season, the original guide may be exited from the program and their new guide offered membership. This change will be at the sole discretion of the High Performance Director who will consult with AC’s Para Performance Lead.
- 3.5.5 Where limitations on athlete numbers are mentioned in this document (outside of AAP card allocations) an athlete and their guide will be considered as “using” one place. The reason for this clause is to ensure that visually impaired athletes with guides are not unintentionally excluded from the program to optimise quota numbers.

### 3.6 Exit from the Enhanced Funding program

Members of the current Enhanced Funding program who are not included on Interim CAPP program will be informed of the decision to exit them, along with a brief description of the reason why, in writing. It is



expected that the athletes will be informed of their exit from the program verbally before receiving written notification if that is practical. Athletes have the right to ask for a more detailed explanation of the selection decision upon request.

### **3.7 Non-selection to the program**

Athletes considered for, but not selected to the program will not be informed individually. Athletes have the right to ask for an explanation of the selection decision upon request.





#### 4. ATHLETE PROGRESSION

##### 4.1 Progression between the CAPP program levels

- 4.1.1 CAPP athletes are expected to show consistent progression, against the rest of the world, up through the program levels towards the podium. Once an athlete reaches a program level they are not expected to drop back to a lower level. The exception to this general rule is that it is possible for a **Podium** athlete to miss the top eight at any particular Championships but retain their Realistic Capacity to return to the **Podium** level. For these reasons only the following program level changes are allowed within the program:

Highest AC level prior to 2018	Allowed new CAPP level (s)	
	Current member	Former member
Enhanced Level 1 or 2 level	World Class or higher	World Class or higher
Enhanced Level 3 level	World Class or higher	World Class or higher
NextGen Level 1 level	International or higher	International or higher
NextGen Level 2 program	Talent Confirmation or higher	International or higher

For the avoidance of doubt, for former members there is no time limit on how long ago an athlete was on a “prior level” level, for example if an athlete was funded on **NextGen Level 2** five years ago they must return to CAPP at the **International** level or higher.

- 4.1.2 These progression rules only apply to individual athletes and not to individual Relay Team members. For example an athlete supported as a relay athlete on the **Podium** program in one year *may* later become an individual member of the program at the **International** level in a following year provided that they meet all of the relevant selection criteria.
- 4.1.3 Occasionally athletes may change their main event focus. AC, at its sole discretion, may waive the progression rules above for an athlete changing their main event. However the following changes will not normally be considered a change of main event: changes between 100m & 200m; 800m & 1,500m; or 5,000m & 10,000m.

##### 4.2 Year-on-year Progression

- 4.2.1 Personal best progression: **Talent Confirmation** program athletes and **Transition** program athletes are expected to show progression in their personal best every year that they are on the CAPP program. Athletes who fail to progress their personal best for two consecutive years, regardless of injuries or other circumstances, should expect to be de-selected from the program. However, at its own discretion, AC may choose to retain an athlete if it has good reason to believe that the athlete still has the Realistic Capacity to reach and/or maintain the **Podium** level of the program.
- 4.2.2 CAPP progression: **Talent Confirmation** program athletes and **Transition** program athletes are expected to progress to the next level of CAPP within three years. Athletes that aren’t promoted within this timescale, regardless of injuries or other circumstances, should expect to be de-selected from the program. However, at its own discretion, AC may choose to retain an athlete if it has good reason to believe that the athlete still has the Realistic Capacity to reach and/or maintain the **Podium** level of the program.
- 4.2.3 For the avoidance of doubt, the comments in this section (4.2) refer to the maximum time an athlete should normally expect to remain on any level of the CAPP program before being seriously considered for de-selection. The minimum time an athlete remains a members of the CAPP program could be as short as the



time between consecutive selection meetings (approximately six months) but would typically not be less than one year.

#### 4.3 Relationship to previous programs

In places this selection policy relies on an athlete’s previous program level, for example when considering progression between levels, whether an athlete is being considered for selection, and so on. In these cases the following table of equivalents will be used:

OTP Program & Tier before 1 April 2018		Equivalent CAPP level or program
Enhanced Funding	Tier 1	<b>Gold &amp; Medal</b> levels
	Tier 2	<b>Top 8</b> level
	Tier 3	<b>World Class</b> level
NextGen	Tier 1	<b>International</b> level
	Tier 2	<b>Talent Confirmation</b> program
	Tier 3	No equivalent



## 5. PODIUM PROGRAM

### 5.1 Overview

The **Podium** program consists of three levels: **Gold**, **Medal** and **Top 8**. These are the highest levels of the CAPP program. Selected athletes are expected to be capable of, and fully committed to, winning global medals. Athletes, and their coaches, should be comfortable being measured directly against their peers – the very best in the world.

Selectors will consider Individual Athlete and Relay Teams for the **Podium** program based the Program Structure (see section 2), the Selection Process (see section 3) and the following notes.

Current World Ranking will have the meaning set out in section 11.

### 5.2 Gold:

Consideration	Requirement
Automatic Selection	1 <sup>st</sup> place at the 2017 IPC or IAAF World Championships
Discretionary Selection	1 <sup>st</sup> place at the 2016 Olympic or Paralympic Games

### 5.3 Medal:

Consideration	Requirement
Automatic Selection	2 <sup>nd</sup> or 3 <sup>rd</sup> at the 2017 IPC or IAAF World Championships
Discretionary Selection	2 <sup>nd</sup> or 3 <sup>rd</sup> at the 2016 Olympic or Paralympic Games

### 5.4 Top 8:

Consideration	Requirement
Automatic Selection	4 <sup>th</sup> to 8 <sup>th</sup> at the 2017 IAAF World Championships 4 <sup>th</sup> to 8 <sup>th</sup> and top half of the field at the 2017 IPC World Championships
Discretionary Selection	4 <sup>th</sup> to 8 <sup>th</sup> at the 2016 Olympic Games 4 <sup>th</sup> to 8 <sup>th</sup> and top half of the field at the 2016 Paralympic Games

### 5.5 Limitations

5.5.1 There are no limitations on the number of qualified athletes who can be selected onto the **Podium** program.

### 5.6 Exits

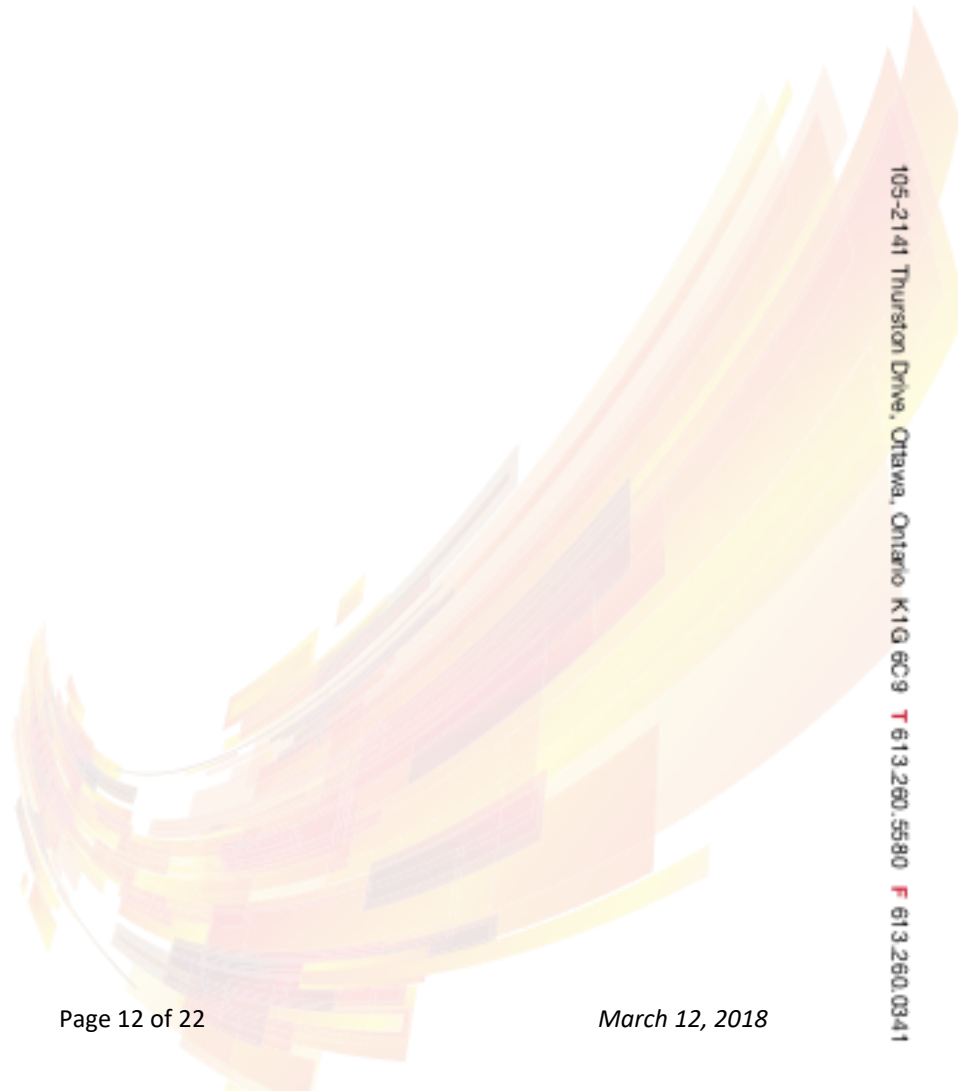
Members of the previous year's Enhanced Funding program T1 and T2 tiers who are not retained will be either:

5.6.1 Moved to the **World Class** level if the selectors believe that an Individual Athlete or Relay Team has the Realistic Capacity to finish in the top 8 at a future Podium benchmark event (but not the next event)



otherwise they would have been retained); or

5.6.2 Exited from the Enhanced Funding program.





## 6. TRANSITION PROGRAM

### 6.1 Overview

The CAPP **Transition** program is intended to help athletes negotiate the changes from being a very promising athlete to a major championships finalist in contention for medals.

The **World Class** level is the higher level of the Transition program. Members of this level of the program are expected to regularly finish at least in the top half of the field at Podium Benchmark events.

The **International** level is the lower level of the Transition program. Members of this level of the program are expected to regularly gain selection to Podium Benchmark events.

Selectors will consider Individual Athlete and Relay Teams for the **Transition** program based the Program Structure (see Section 2), the Selection Process (see section 3) and the following notes.

Current World Ranking will have the meaning set out in section 11.

### 6.2 World Class:

#### 6.2.1 Able-bodied athletes:

Consideration	Requirement
Automatic Selection	9 <sup>th</sup> to 12 <sup>th</sup> at the 2017 IAAF World Championships.  Top 12 compared to the 2017 World Rankings (see section 11).
Discretionary Selection	<b>World Class</b> Consideration Standard (see section 13).  Top 16 in the 2017 World Rankings (see section 11).  Top 32 and top half of the field at the 2017 IAAF World Championships or the 2016 Olympic Games.  Won an Individual medal at the 2018 Commonwealth Games.  Considered for the <b>Podium</b> Program but not selected.

#### 6.2.2 Para athletes:

Consideration	Requirement
Automatic Selection	9 <sup>th</sup> to 12 <sup>th</sup> & top half at the 2017 IPC World Championships.  Top 12 & top half in the 2017 World Rankings (see section 11).
Discretionary Selection	<b>World Class</b> Consideration Standard (see section 13).  Top 16 & top half compared to the 2017 World Rankings (see section 11).  Top half of the field at the 2017 IPC World Championships or 2016 Paralympic Games



	<p>Won an Individual medal at the 2018 Commonwealth Games.</p> <p>Considered for the <b>Podium</b> Program but not selected.</p> <p>Remaining members of the previous year's <b>World Class</b> level.</p>
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**6.3 International:**

6.3.1 Able-bodied athletes:

Consideration	Requirement
Automatic Selection	<p>Top 16 compared to the 2017 World Rankings (see section 11).</p> <p>All member of the current NextGen 1 program.</p>
Discretionary Selection	<p><b>International</b> Consideration Standard (see section 13).</p> <p>Top 32 compared to the 2017 World Rankings (see section 11).</p> <p>Selected to represent Canada in athletics at:</p> <ul style="list-style-type: none"> <li>- the 2017 IAAF World Championships</li> <li>- the 2018 Commonwealth Games</li> <li>- the 2018 IAAF World Indoor Championships</li> </ul> <p>Won an Individual athletics medal at one of the following:</p> <ul style="list-style-type: none"> <li>- 2017 World University Games</li> <li>- 2017 Jeux de la Francophonie</li> <li>- 2017 IAAF World Cross Country Championships (Senior, Individual medal)</li> </ul> <p>Considered for the <b>World Class</b> Program but not selected.</p>

6.3.2 Para athletes:

Consideration	Requirement
Automatic Selection	<p>Top 16 &amp; top compared to the 2017 World Rankings (see section 11).</p>
Discretionary Selection	<p><b>International</b> Consideration Standard (see section 13).</p> <p>Top 32 &amp; top half compared to the 2017 World Rankings (see section 11).</p> <p>Selected to represent Canada in athletics since the last CAPP selection at:</p> <ul style="list-style-type: none"> <li>- the 2017 IPC World Championships (Senior)</li> </ul> <p>Considered for the <b>World Class</b> Program but not selected.</p>





#### 6.4 Limitations

- 6.4.1 No more than three Individual Athletes will be selected onto any **Transition** program level in any one event. (For example the able-bodied women's 400m counts as one event and so no more than three athletes can be selected as Individual Athletes onto the **International** level for the able-bodied women's 400m.) For the avoidance of doubt Relay Team members do not count towards these totals.
- 6.4.2 The selectors may select more athletes than the numbers indicated above – however to do so will impact resources across the entire program. For that reason additional athletes will be only selected in exceptional circumstances, for example if it proves impossible for the selectors to differentiate between the Realistic Capacity of a number of athletes.

#### 6.5 Exits

Any remaining members of the previous year's Enhanced Funding program who are not retained will be exited from the Enhanced Funding program.



## 7. TALENT CONFIRMATION PROGRAM

### 7.1 Overview

The **Talent Confirmation** program is intended to give the CAPP program time to gain an better understanding of an athlete and his / her Daily Training Environment to determine if the athlete truly has the potential to make Podium Benchmark finals and challenge for medals.

The **Talent Confirmation** program is only for Individual Athletes and not Relay Teams.

The selection of athletes on the **Talent Confirmation** program is more subjective than the other levels due to the fact that they have had less time in the sport and less is known about them.

It is expected that **Talent Confirmation** athletes are improving quickly year-on-year and are relatively new to the sport and to their event.

Selectors will consider Individual Athletes for the **Talent Confirmation** program based on the Program Structure (see Section 2), the Selection Process (see section 3) and the following notes.

Current World Ranking will have the meaning set out in section 11.

### 7.2 Talent Confirmation:

Consideration	Requirement
Automatic Selection	All members of the current NextGen 2 program.
Discretionary Selection	<p>Considered for the <b>Transition</b> Program but not selected (and eligible for the <b>Talent Confirmation</b> level) AND</p> <p>Para only: Classified or re-classified since September 1, 2018 and nominated by Para Performance Lead based on outstanding performance potential.</p>

### 7.3 Limitations

7.3.1 No more than three Individual Athletes will be selected onto the **Talent Confirmation** level in any one event. (For example the able-bodied men's 100m counts as one event and so no more than three Individual Athletes can be selected onto the **Talent Confirmation** level for the able-bodied men's 100m.)

7.3.2 The selectors may select more athletes than the numbers indicated above – however to do so will impact resources across the entire program. For that reason additional athletes will be only selected in exceptional circumstances, for example if it proves impossible for the selectors to differentiate between very strong candidates.

### 7.4 Exits

Members of the previous year's **Talent Confirmation** program who are not retained will be exited from the CAPP program.



## 8. MEMBERSHIP REQUIREMENTS

### 8.1 Eligibility

8.1.1 In order to be eligible for membership of the CAPP athletes must:

- a. Satisfy all relevant International Association of Athletics Federations (IAAF), International Olympic Committee (IOC), International Paralympic Committee (IPC) and Commonwealth Games Federation's (CGF) eligibility and nationality rules; and
- b. Hold Canadian citizenship; and
- c. Be a registered member of Athletics Canada through their Branch Association; and
- d. In the case of Para-athletes, hold a national IPC classification (**Talent Confirmation** program) or international IPC classification (**Transition** and **Podium** programs) which is of "review" or "confirmed" status; and
- e. In the case of Para-athletes, be in a classification that is likely to be contested at the upcoming Paralympic Games; and
- f. In the case of able-bodied athletes, be in an events that are likely to be contested at the upcoming Olympic Games; and
- g. Complete and sign AC paperwork as required and on time. Such paperwork may include an Athlete Contract and/or an Athlete Agreement. The required paperwork will be made clear in the letter offering program membership; and
- h. Complete CCES e-learning modules and updates as requested from time to time; and
- i. Complete and sign an Individual Performance Plan (IPP) in consultation with the athlete's assigned Athlete Performance Advisor (APA) ; and
- j. Maintain regular contact with the assigned APA providing updates on training status and training & competition plans. For Canadian based athletes this process will normally include at least two semi-formal meetings per year with the athlete's coach and personal support team; and
- k. Inform the APA of any injuries or illness that impact upon the athlete's ability to compete or that cause, or will cause, training to be modified for at least seven days; and
- l. Be and remain in 'good standing' with AC and at all times comply with AC's Code of Conduct and conduct themselves in a way that does not bring themselves, their sport or the National Team into disrepute. AC may consider past and present behavioural conduct in determining whether an athlete is in 'good standing'. If AC determines that an athlete is not in 'good standing' with AC, in its absolute discretion AC may choose to invite that athlete to be a member of the CAPP.

### 8.2 Injury, Illness and planned absences from the sport

8.2.1 There are some athletes whose performance during the new CAPP Year is likely to be affected by a "Performance Limiting Injury", "Performance Limiting Factor" or "Planned Absence" from the sport.



- 8.2.2 A Performance Limiting Injury is any medical issue that is likely to impact an athlete's Realistic Capacity to prepare and/or compete at the level required to progress through the CAPP levels. Each case will be judged on an individual's circumstances but as a rough guideline illness or injury having caused, or likely to cause, modified training for three months or more will be considered a Performance Limiting Injury.
- 8.2.3 A Performance Limiting Factor is any lifestyle issue that is likely to impact an athlete's Realistic Capacity to prepare and/or compete at the level required to progress through the CAPP levels. Examples include employment that does not allow for high performance preparation, etc.
- 8.2.4 A Planned Absence from the sport is any known and/or pre-planned extended period of time when an athlete is unable to prepare and/or compete at the level required to progress through the CAPP levels. Each case will be judged on an individual's circumstances but as a rough guideline breaks of three months or more will be considered a Planned Absence. Examples of Planned Absences include pregnancy, extended study or travel breaks, recovery from elective surgery unrelated to athletics performance, etc.
- 8.2.5 It is expected that athletes will proactively inform the Selectors, or their assigned APA if they have one, of Performance Limiting Injuries, Performance Limiting Factors or Planned Absences in advance of the published selection date along with appropriate supporting evidence. Any falsification or withholding of relevant information could lead to non-selection / removal from the CAPP program.
- 8.2.6 Athletes not on the previous year's CAPP program who have a known Performance Limiting Factor or Planned Absence will only be eligible for the CAPP in exceptional circumstances (where the High Performance Director considers that inclusion is in the best interests of the HP program).
- 8.2.7 Athletes on the previous year's CAPP program with a Performance Limiting Factor or Planned Absence may be retained on the program at the Selectors sole discretion. If they are retained their program level will also be at the Selectors sole discretion. In taking these decisions the selectors will be guided by medical advice and the Program Structure (see section 2.1).
- 8.2.8 To assess their medical status and suitability for the program both potential and current CAPP members may also be required to complete a medical form and, if deemed necessary by AC's Chief Medical Officer, undergo further examination. Any falsification of the medical forms will lead to immediate removal from the CAPP program.

### **8.3 Change of eligibility**

- 8.3.1 If an athlete's eligibility for the program changes Athletics Canada may end the athlete's CAPP membership at their sole discretion either as soon as practical after the athlete's status has changed, or at the end of the CAPP Year (30<sup>th</sup> September).
- 8.3.2 Example of how an athlete's eligibility might change include, but are not limited to, a change of nationality, a change to a Para-athlete's classification or the classifications to be contested at the next Paralympic Games, a change of Para Athlete Guide (see section 3.5), an anti-doping violation, a violation of AC's Code of Conduct, etc.



## 9. MEMBERSHIP TYPES

There are several types of CAPP program members as follows:

- 9.1 “Individual Athlete”: an athlete competing in an individual event likely to be on the 2020 Olympic or 2020 Paralympic program.
- 9.2 “Relay Team”: the squad of athletes forming a team in a relay event likely to be on the 2020 Olympic or 2020 Paralympic program. The Relay Team is considered to be composed of the “Strike-4” (the four athletes who actually qualified the team for CAPP support – typically the team that ran in a benchmark event) and “Squad Athletes” (to make the team up to maximum of six athletes). There is no requirement for the Squad Athletes to have been selected for, or competed in, any specific competition.
- 9.3 “Para Athlete Guides”: means guide runners for visually impaired athletes (see section 3.5).

## 10. ELIGIBLE PERFORMANCES

- 10.1 Athletes’ performances must meet the criteria as laid out in the National Team Selection Rules Book (see <http://athletics.ca/national-team/criteria/>) unless specifically noted in point 10.2 below.
- 10.2 Exceptions to the National Team Selection Rules Book, Performance Regulations:
  - 10.2.1 Indoor performances will be allowed for consideration.
- 10.3 Athlete performances from April 1 2017 to the end of the 2018 Commonwealth Games will be considered.



## 11. 2017 WORLD RANKINGS

- 11.1 In the notes below “World Ranking List” means the ordered list of list world’s best legal performances with the following conditions:
- 11.2 Unless otherwise stated only the “open’ (eg all age group) World Ranking Lists will be used.
- 11.3 Able-bodied specific:
- 11.3.1 Only three athletes per nation per event will be counted when considering senior rankings.
- 11.3.2 The commercial ranking website [www.iaaf.org/records/toplists](http://www.iaaf.org/records/toplists) will be used as the source of World Ranking List data.
- 11.4 Para specific:
- 11.4.1 Classifications will be grouped as per the most likely combination on the 2020 Paralympic Games timetable.
- 11.4.2 Only the top half of the published IPC ranking list will be considered (if the ranking lists are combined then they are combined first and then the top half considered).
- 11.4.3 The ranking website [www.paralympic.org/world-rankings/athletics](http://www.paralympic.org/world-rankings/athletics) will be used as the source of World Ranking List data.
- 11.5 At the “End of Year Selection Meeting” an athlete’s “Current World Ranking” will be their best eligible performance compared to the World Ranking List for January 1 to August 31 in the current year.
- 11.6 At the “Mid-year Review” an athlete’s “Current World Ranking” will be their best eligible performance compared to the World Ranking List for January 1 to December 31 in the previous year.





## 12. ABLE-BODIED CONSIDERATION STANDARDS

### Men

Senior implements and hurdle height/spacing is assumed for all events, unless otherwise noted.

	100m	200m	400m	800m	1500m	5000m	10000m
World Class	<b>10.08</b>	<b>20.42</b>	<b>44.20</b>	<b>1:46.00</b>	<b>3:35.66</b>	<b>13:15.62</b>	<b>27:26.19</b>
International	<b>10.17</b>	<b>20.59</b>	<b>44.85</b>	<b>1:47.86</b>	<b>3:38.77</b>	<b>13:26.51</b>	<b>27:39.18</b>

	110mH	400mH	3000mSC	Marathon	20kW	50kW
World Class	<b>13.50</b>	<b>49.58</b>	<b>8:27.43</b>	<b>2:08:41</b>	<b>1:21:40</b>	<b>3:46:52</b>
International	<b>13.65</b>	<b>50.22</b>	<b>8:34.04</b>	<b>2:10:55</b>	<b>1:22:22</b>	<b>3:48:47</b>

	HJ	LJ	TJ	PV	SP	DT	JT	HT	Decathlon
World Class	<b>2.28</b>	<b>7.94</b>	<b>16.58</b>	<b>5.57</b>	<b>20.74</b>	<b>63.43</b>	<b>85.01</b>	<b>75.67</b>	<b>7962</b>
International	<b>2.25</b>	<b>7.84</b>	<b>16.26</b>	<b>5.39</b>	<b>19.85</b>	<b>61.49</b>	<b>82.12</b>	<b>74.16</b>	<b>7663</b>

### Women

Senior implements and hurdle height/spacing is assumed for all events, unless otherwise noted.

	100m	200m	400m	800m	1500m	5000m	10000m
World Class	<b>11.16</b>	<b>23.01</b>	<b>51.39</b>	<b>2:00.00</b>	<b>4:07.42</b>	<b>15:20.14</b>	<b>31:56.77</b>
International	<b>11.25</b>	<b>23.36</b>	<b>52.55</b>	<b>2:02.22</b>	<b>4:13.03</b>	<b>15:30.14</b>	<b>32:26.46</b>

	100mH	400mH	3000mSC	Marathon	20kW
World Class	<b>12.65</b>	<b>55.50</b>	<b>9:35.77</b>	<b>2:27:20</b>	<b>1:32:28</b>
International	<b>12.84</b>	<b>56.08</b>	<b>9:49.79</b>	<b>2:30:40</b>	<b>1:33:26</b>

	HJ	LJ	TJ	PV	SP	DT	JT	HT	Heptathlon
World Class	<b>1.90</b>	<b>6.61</b>	<b>14.06</b>	<b>4.51</b>	<b>17.77</b>	<b>63.09</b>	<b>64.44</b>	<b>68.77</b>	<b>6306</b>
International	<b>1.87</b>	<b>6.51</b>	<b>13.78</b>	<b>4.27</b>	<b>17.08</b>	<b>61.18</b>	<b>60.78</b>	<b>64.50</b>	<b>6075</b>

## 13. PARA CONSIDERATION STANDARDS

These standards are based on the 2018 IPC "Raza" points system found at <https://www.paralympic.org/athletics/events/rules-and-regulations>

Only the senior points tables will be used for CAPP consideration.

CAPP level	2018 Raza Points for Consideration
Top 8	N/A
World Class	Within 95% of the 8 <sup>th</sup> athlete on the Current World Rankings
International	Within 90% of the 8 <sup>th</sup> athlete on the Current World Rankings
Talent Confirmation	Within 80% of the 8 <sup>th</sup> athlete on the Current World Rankings



#### 14. FREQUENTLY ASKED QUESTIONS (FAQ)

Q: Why might some Enhanced Funding athletes not be transferred to the Interim CAPP program when all NextGen athletes are automatically transferred?

A: The current Enhanced Funding program ends on March 31<sup>st</sup> and there would always have been a new selection for April 1<sup>st</sup> – which is why there is a new selection for CAPP now.

The current NextGen program ends on September 30<sup>th</sup> and there would not have been any changes until then – which is why NextGen athletes are simply being transferred at this time.

The full CAPP program will run from October 1<sup>st</sup> to September 30<sup>th</sup> each year and so we will only need this “Interim” 6-month program once – then all program selections will happen at the same time.

Q: How do the CAPP levels relate to the Carding (AAP) levels?

A: There is no exact relationship between CAPP levels and Carding level because the membership and selection rules differ, but the following table shows approximate equivalents:

CAPP level or program	Typical Carding (AAP) level
Podium program	S1 & SR2
World Class level	C1 & SR
International level	D & C1
Talent Confirmation program	D

Q: Where do the Consideration Standards come from?

A: The Qualification Matrix standards are based on research done on our behalf by Canadian Sport Institute staff and Canadian Tire. In every event the year-on-year progression of season’s best of every top eight athlete at the following competitions were studied: Olympic Games, Paralympic Games & World Championships. The standards are based on a statistical analysis of this large data set. These standards will be reviewed every year.

Q: Why are relay runners included on the CAPP when there are athletes ranked higher in the world, in their individual event, who are not included on the CAPP?

A: The CAPP program is about global medals and top eight places. Relay squads are considered based on their capacity to meet these aims *as a team* and not as individuals.

Q: Where can I find updates to the CAPP selection document?

A: This document will be updated from time to time, new versions will be published on the AC web site. Updates will also be mentioned in the AC Performance Newsletter which is sent to interested parties on a regular basis. To be added to the distribution list send your name and email address to [HPNewsletter@athletics.ca](mailto:HPNewsletter@athletics.ca).

Q: How many dollars do you get at each CAPP level?

A: The benefits of the CAPP program come from an integrated approach between athlete/coach, the AC Athlete Performance Advisor (APA) and the Hubs. We include financial support for the majority of CAPP athletes however the amounts are subject to changes with AC’s financial resources.