## Friday, March 2, 2018 Field Events Morning and Afternoon

9:00 AM	Long Jump	Midget Women
9:00 AM	High Jump	Midget Men
11:00 AM	Long Jump	Bantam Women
2:00 PM	Long Jump	Bantam Men
4:00 PM	Long Jump	Youth Men
4:45 PM	Shot Put	Youth Men

### **Track Events Morning and Afternoon**

9:00 AM	300m Time Final	Bantam Women
9:15 AM	300m Time Final	Bantam Men
9:25 AM	300m Time Final	Midget Women
9:40 AM	300m Time Final	Midget Men
9:55 AM	4 x 100m Time Final	Bantam Women
10:10 AM	4 x 100m Time Final	Bantam Men
10:20 AM	4 x 100m Time Final	Midget Women
10:35 AM	4 x 100m Time Final	Midget Men
10:40 AM	60m Heats	Bantam Women
10:55 AM	60m Heats	Bantam Men
11:05 AM	60m Heats	Midget Women
11:25 AM	60m Heats	Midget Men
11:35 AM	Lunch	
1:00 PM	60m Hurdle Heats	Bantam Women
1:10 PM	60m Hurdle Final	Bantam Men
1:20 PM	60m Hurdle Final	Midget Women
1:30 PM	60m Hurdle Final	Midget Men
1:40 PM	1200m Time Finals	Bantam Women
1:45 PM	1200m Time Finals	Bantam Men
1:50 PM	60m Final	Bantam Women
1:55 PM	60m Final	Bantam Men
2:00 PM	60m Final	Midget Women
2:05 PM	60m Final	Midget Men
2:10 PM	60m Heats	Youth Women
2:15 PM	60m Heats	Youth Men
2:30 PM	1200m Time Finals	Midget Women
2:45 PM	1200m Time Finals	Midget Men
3:05 PM	1500m Time Final	Youth Women
3:15 PM	1500m Time Final	Youth Men
3:25 PM	60m Hurdle Final	Bantam Women
3:35 PM	60m Hurdle Heats	Youth Women
3:45 PM	60m Hurdle Exhibition	Junior & Open Women
3:55 PM	60m Hurdle Exhibition	Youth Men
4:00 PM	60m Hurdle Exhibition	Junior & Open Men
4:05 PM	400m Time Final	Youth Women
4:20 PM	400m Time Final	Youth Men
4:40 PM	600m Time Final	PeeWee Women
4:50 PM	600m Time Final	PeeWee Men
4:55 PM	Supper	

## Friday, March 2, 2018

### **Track Events Evening Session**

6:00 PM	60m Hurdle Final	Junior & Open Men
6:05 PM	60m Hurdle Final	Youth Men
6:10 PM	60m Hurdle Final	Junior
6:15 PM	60m Hurdle Final	Open Women
6:20 PM	60m Hurdle Final	Youth Women
6:25 PM	60m Heats	PeeWee Women
6:35 PM	60m Heats	PeeWee Men
6:40 PM	60m Heats	Junior Women
6:45 PM	60m Heats	Junior Men
6:55 PM	60m Exhibition	Open Men
7:00 PM	60m Heats	Special Olympic Women
7:05 PM	60m Heats	Special Olympic Men
7:10 PM	60m Final	Youth Women
7:15 PM	60m Final	Youth Men
7:20 PM	60m Final	Junior Women
7:25 PM	60m Final	Open Women
7:30 PM	60m Final	PeeWee Women
7:35 PM	60m Final	PeeWee Men
7:40 PM	60m Final	Junior Men
7:45 PM	60m Final	Open Men
7:50 PM	60m Final	Special Olympic Women
7:55 PM	60m Final	Special Olympic Men
8:00 PM	400m Time Final	Junior Women
8:05 PM	400m Time Final	Open Women
8:10 PM	400m Time Final	Special Olympic Women
8:20 PM	400m Time Final	Junior Men
8:25 PM	400m Time Final	Open Men
8:30 PM	400m Final	SO Men
8:40 PM	1500m Time Final	Junior Open SO Women
8:50 PM	1500m Time Final	Junior Men
9:00 PM	1500m Time Final	Open Men
9:10 PM	1500m Time Final	Special Olympic Men
9:20 PM	5000m Time Final	Open Men & Open Women

### Field Events Evening Session

5:55 PM	Long Jump	PeeWee Women
7:00 PM	Shot Put	Peewee Men
7:05 PM	Long Jump	Youth Women
7:45 PM	Shot Put	PeeWee Women
8:15 PM	Long Jump	Junior /Open/Spec O Men

## Saturday, March 3, 2018

#### **Track Events**

9:00 AM	150m Heats	Bantam Women
9:15 AM	150m Heats	Bantam Men
9:25 AM	150m Time Final	PeeWee Women
9:40 AM	150m Time Final	PeeWee Men
9:50 AM	200m Heats	Midget Women
10:10 AM	200m Heats	Midget Men
10:20 AM	800m Time Finals	Bantam Women
10:25 AM	800m Time Finals	Bantam Men
10:30 AM	800m Time Finals	Midget Women
10:40 AM	800m Time Finals	Midget Men
11:00 AM	1000m Final	PeeWee Women
11:05 AM	1000m Final	PeeWee Men
11:10 AM	150m Finals	Bantam Women
11:15 AM	150m Finals	Bantam Men
11:20 AM	150m Finals	Bantam Women
11:25 AM	150m Finals	Bantam Men
11:30 AM	200m Finals	Midget Women
11:35 AM	200m Finals	Midget Men
11:40 AM	200m Time Final	Special Olympic Women
11:45 AM	200m Time Final	Special Olympic Men
11:50 AM	Lunch	
1:10 PM	Official Ceremonies	0
1:30 PM	4 x 100m Final Mixed	Special Olympic Men & Women
1:40 PM	4 x 200m Time Final	Bantam Women
1:50 PM	4 x 200m Time Final	Bantam Men
2:00 PM	4 x 200m Time Final	Midget Women
2:05 PM	4 x 200m Time Final	Midget Men
2:20 PM 2:45 PM	200m Heats 200m Heats	Youth Women Youth Men
	200m Heats	Junior Women
3:10 PM 3:30 PM	200m Heats	Junior Men
3:45 PM	200m Heats	Open Women
3:50 PM	200m Heats	Open Men
4:00 PM	800m Time Finals	Youth Women
4:10 PM	800m Time Finals	Youth Men
4:25 PM	800m Time Finals	Junior Men
4:35 PM	800m Time Finals	Open Men
4:40 PM	800m Time Finals	Junior & Open Women
4:50 PM	800m Special Olympic	Special Olympic Women
4:55 PM	800m Special Olympic	Special Olympic Men
5:00 PM	2000m Final	Midget Women
5:10 PM	2000m Final	Midget Men
5:20 PM	3000m Finals	Youth Junior Women
5:45 PM	3000m Time Finals	Youth Men
6:00 PM	Supper	
7:00 PM	200m Final	Youth Women
7:05 PM	200m Final	Youth Men
7:10 PM	200m Final	Junior Women
7:15 PM	200m Final	Junior Men
7:20 PM	200m Final	Open Women
7:25 PM	200m Final	Open Men
7:30 PM	4 x 100m Time Final	Youth Women
7:40 PM	4 x 100m Time Final	Youth Men
7:50 PM	4 x 100m Time Final	Junior Women & Open Women
7:55 PM	4 x 100m Time Final	Junior & Open Men

#### **Track Events continued**

8:05 PM	3000m Final	Junior & Open Men
8:20 PM	4 x 400m Final	Youth Jr Open Women

8:30 PM 4 x 400m Final Youth Men

8:35 PM 4 x 400m Final Junior & Open Men

#### Saturday March 3, 2010

#### **Field Events**

9:00 AM	Long Jump	Midget Men
9:00 AM	Shot Put	Bantam Men Circle
9:00 AM	High Jump	Midget Women
10:00 AM	Shot Put	Midget Women Circle
10:00 AM	High Jump	Youth Junior Open Women
10:45 AM	Long Jump	Peewee Men
11:00 AM	Shot Put	Midget Men - Circle N
10:45 AM	Shot Put	Bantam Women - Circle S
11:30 AM	High Jump	Bantam Men
11:30 AM	Long Jump	Junior/Open/Spec O Women
11:55 AM	Weight Throw	Youth Junior Open Women
1:00 PM	Triple Jump	Midget Women
2:00 PM	High Jump	Bantam Women
2:30 PM	Shot Put	Youth Women Circle S
2:30 PM	Shot Put	Special Olympic Women/Men
2:30 PM	Triple Jump	Midget Men
2:45 PM	Pole Vault	Youth/Junior/Open Women
3:00 PM	High Jump	Youth Men
3:30 PM	Shot Put	Junior & Open Women
4:00 PM	Triple Jump	Youth/Junior/Open Men
4:00 PM	Pole Vault	Youth/Junior/Open Men
5:30 PM	Weight Throw	Youth/Junior/Open Men
7:00 PM	Shot Put	Junior & Open Men
7:00 PM	Triple Jump	Youth/Junior/Open Women
7:00 PM	High Jump	Junior & Open Men