



# TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY

145 Pacific Ave, Winnipeg, MB R3B 2Z6 - 204-925-5744 - Fax 204-925-5792

## Manitoba Age Class Championships

June 22nd & 23rd 2018

U of Manitoba Stadium

### FINAL Schedule

**\*Track Events will be run from Fastest to Slowest heats\***

**\*\*\*Events can run up to 15mins ahead of schedule\*\*\*\***

#### Friday, June 22nd - TRACK

5:45 PM	<b>Event #1</b> 100mh	Heptathlon Women	1
5:50 PM	100m Heats	Midget Men	16
5:55 PM	100m Heats	Midget Women	10
6:00 PM	100m Heats	Youth Men	15
6:05 PM	100m Heats	Youth Women	9
6:10 PM	100m Heats	Junior & Senior Men	9 + 5
6:15 AM	100m FINAL	Junior & Senior & Masters Women	2 + 4 + 2
6:20 PM	100m FINAL	Masters Men	7
6:35 PM	80m Heats	Peewee Men	15
6:40 PM	80m Heats	Peewee Women	18
6:45 PM	80m Heats	Bantam Men	12
6:50 PM	80m FINAL	Bantam Women	7
7:05 PM	1500m Timed Finals	Youth & Older Men	7+2+6
7:10 PM	1500m Timed Finals	Youth & Older Women	4+2+4
7:20 PM	300m Timed Finals	Bantam Men	7
7:25 PM	300m Timed Finals	Bantam Women	6
7:30 PM	300m Timed Finals	Midget Men	10
7:35 PM	300m Timed Finals	Midget Women	14
7:50 PM	100m Finals	Junior & Senior Men Final	8
7:55 PM	100m Finals	Youth Men	8
	100m Finals	Youth Women	8
8:00 PM	100m Finals	Midget Men	8
	100m Finals	Midget Women	8
8:05 PM	80m Finals	Bantam Men	8
	80m Finals	Peewee Men	8
8:10 PM	80m Finals	Peewee Women	8
8:15 PM	<b>Event #4</b> 200m	Heptathlon Women	1



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#### Friday, June 22nd - TRACK

8:25 PM	1200m Timed Finals	Bantam/Midget Men	8 + 7
8:35 PM	1200m Timed Finals	Bantam/Midget Women	1 + 10
8:45 PM	400m Timed Finals	Youth Men	17
8:55 PM	400m Timed Finals	Youth Women	10
9:00 PM	400m Timed Finals	Junior Senior Master Men	8 + 5 + 3
9:10 PM	400m Timed Finals	Junior Senior Women	7 + 4

#### Friday, June 22nd - FIELD

5:30 PM	Shot Put *infield	Peewee/Bantam Men <b>3 attempts</b>	4 + 7
6:00 PM	Pole Vault	Midget & Older Men	3
6:00 PM	Discus	Junior & Older Men & Women	3+2+3/3+2
6:15 PM	Shot Put *infield	Peewee/Bantam Women <b>3 attempts</b>	3 + 3
6:15 PM	<b>Event #2</b> High Jump	Heptathlon Women	1
6:30 PM	Standing Long Jump	Peewee/Bantam Men & Women	12 + 18
7:00 PM	Triple Jump	Midget & Older Men	5+5+4+3
7:00 PM	Shot Put *infield	Midget & Older Men	2+3+3+2+3
7:30 PM	<b>Event #3</b> Shot Put	Heptathlon Women <b>3 attempts</b>	1
7:30 PM	Discus	Bantam & Midget & Youth Women	2+5+5
8:00 PM	Shot Put *infield	Midget & Older Women	4+3+4+3+1
8:00 PM	Pole Vault	Midget & Older Women	2
8:30 PM	Triple Jump	Midget & Older Women	1+7+3+1
8:30 PM	Discus	Bantam & Midget & Youth Men	4+3+3



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#### Saturday, June 23rd, AFTERNOON- TRACK

9:30 AM	<b>Event #1</b> 80mh	Pentathlon Women (Midget)	1
	80mh Timed Finals	Bantam/Midget Women	2 + 2
9:35 AM	100mh Timed Final	Midget Men	2
9:40 AM	100mh Timed Final	Youth Women	4
	100mh Timed Final	Junior Women	3
	100mh Timed Final	Senior Women	1
9:50 AM	110mh Timed Final	Youth Men	3
	110mh Timed Final	Junior & Mater Men	2
	110mh Timed Final	Senior Men	1
10:00 AM	100m FINAL	Masters Invitational	1
10:10 AM	3000m Timed Final	Youth & Older Men	4 + 5
10:25 AM	3000m Timed Final	Youth & Older Women	4
10:40 AM	200m Timed Finals	Midget Men	15
10:45 AM	200m Timed Finals	Midget Women	14
10:55 AM	200m Heats	Youth Men	18
11:05 AM	200m Heats	Youth Women	15
11:05 AM	200m Heats	Junior Senior Men	11 + 5
11:10 AM	200m Final	Junior Senior Master Women	4 + 6 + 3
11:15 AM	200m Final	Master Men	7
11:20 AM	600m Timed Final	Peewee Men	6
11:25 AM	600m Timed Final	Peewee Women	6
11:35 AM	1500m Steeplechase	Midget Women	1
11:45 AM	2000m Steeplechase	Youth Women	3
11:55 AM	2000m Steeplechase	Youth Men	1
12:05 PM	3000m Steeplechase	Senior Master Men	1 + 1

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#### Saturday, June 23rd, AFTERNOON- TRACK

1:00 PM	4x100 Relays	All Men & Women	7
1:05 PM	<b>Event #7</b> 800m	Heptathlon Women	1
1:15 PM	150m Timed Final	Peewee Men	12
	150m Timed Final	Peewee Women	14
1:25 PM	150m Timed Final	Bantam Men	9
	150m Timed Final	Bantam Women	9
1:35 PM	200m Final	Youth Men	8
	200m Final	Youth Women	8
1:40 PM	200m Final	Junior/Senior Men	8
1:50 PM	800m Timed Finals	Bantam Men	6
1:55 PM	800m Timed Finals	Bantam Women	6
2:00 PM	800m Timed Finals	Midget Men	9
2:10 PM	800m Timed Finals	Midget Women + <b>Pentathlon</b>	9+1
2:20 PM	800m Timed Finals	Youth Men	12
2:25 PM	800m Timed Finals	Youth Women	7
2:30 PM	800m Timed Finals	Junior Senior Men	7 + 13
2:40 PM	800m Timed Finals	Junior Senior Women	8 + 5
3:00 PM	400mh Timed Final	Youth/Junior/Senior Men	5 + 1 +1
3:10 PM	400mh Timed Final	Youth/Junior/Senior Women	3 + 3 +1
3:20 PM	2000m Timed Final	Bantam & Midget Men	1 + 3
	2000m Timed Final	Bantam & Midget Women	1 + 5
3:30 PM	4x400m Relays	All Men & Women	6
3:45 PM	Exhibition Racewalk	All Men & Women	



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#### Saturday, June 23rd - FIELD

9:15 AM	Ball Throw	Peewee/Bantam Men & Women <b>3 Attempts</b>	6 + 8
10:15 AM	<b>Event #5</b> Long Jump	Heptathlon Women <b>3 Attempts</b>	1
10:15 AM	<b>Event #2</b> High Jump	Pentathlon Women	1
10:45 AM	Long Jump	Peewee & Bantam Men <b>3 Attempts</b>	8 + 7
10:45 AM	Long Jump	Peewee & Bantam Women <b>3 Attempts</b>	13 + 7
11:00 AM	Javelin	Midget & Older Women + <b>Heptathlon</b>	6 + 1
11:30 AM	<b>Event #3</b> Shot Put	Pentathlon Women	1
11:30 AM	High Jump	Peewee & Bantam Women	3 + 2
12:00 PM	Long Jump	Junior & Senior Women	5+1
12:30 PM	High Jump	Midget & Older Men	4+6+1+2
12:30 PM	Javelin	Youth & Older Men	1+3+4+2
1:00 PM	Long Jump	Midget & Youth Women + <b>Pentathlon</b>	3+6+1
1:30 PM	Javelin	Bantam & Midget Men	5+4
1:45 PM	High Jump	Peewee & Bantam Men	4+1
2:15 PM	Long Jump	Midget & Youth Men	8+6
3:00 PM	Hammer	All Men & Women	11
3:00 PM	High Jump	Midget & Older Women	4+4+1
3:15 PM	Long Jump	Junior & Senior Men	5 + 4



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