



TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY

145 Pacific Ave, Winnipeg, MB R3B 2Z6 - 204-925-5744 - Fax 204-925-5792

Athletics Manitoba Indoor Last Chance Meet

December 7th and 8th, 2018

James Daly Fieldhouse, Max Bell Centre, U of Manitoba

FINAL Schedule

Track Events will be run from Fastest to Slowest heats

****3 Attempts for Pee Wee/Bantam Field Events****

<u>Friday Dec 7th - TRACK</u>			<u>Entries</u>	<u>Heats</u>
6:00 PM	60m	Men (All Ages)	52	7
6:30 PM	60m	Women (All Ages)	51	7
7:00 PM	1200m	Bantam & Midget Men	9	1
7:05 PM	1200m	Bantam & Midget Women	11	1
7:15 PM	400m	Youth & up Men	17	3
7:25 PM	400m	Youth & up Women	13	3
7:40 PM	300m	Bantam & Midget Men	13	3
7:50 PM	300m	Bantam & Midget Women	19	4
8:00 PM	1500m	Youth & up Men	20	2
8:15 PM	1500m	Youth & up Women	8	1

<u>Friday Dec 7th - FIELD</u>			<u>Entries</u>
6:00 PM	Pole Vault	Midget & up Women	3
6:15 PM	Long Jump	Pee Wee/Bantam Men (outside pit)	11
6:30 PM	Shot Put	Pee Wee/Bantam Men & Women	13
6:30 PM	Triple Jump	Midget & up Men (inside pit)	10
7:00 PM	Long Jump	Pee Wee/Bantam Women (outside pit)	15
7:15 PM	Shot Put	Midget & up Men	7
7:15 PM	Triple Jump	Midget & up Women (inside pit)	7
7:50 PM	Shot Put	Midget & Up Women	11

****Starting in 2019, we will be updating our Age Group Classifications Names.**

Please see our website for more details**



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<u>Saturday Dec 8th - TRACK</u>			<u>Entries</u>	<u>Heats</u>
10:00 AM	60m Hurdles	Midget, Junior & Open Men	2+2+1	1
10:10 AM	60m Hurdles	Youth & Open Women	2+6	1
10:15 AM	60m Hurdles	Midget Women	2	1
10:30 AM	2000m	Midget Men	1	1
10:40 AM	2000m	Midget Women	5	1
10:50 AM	3000m	Youth & Up Men	9	1
11:10 AM	150m	Pee Wee/Bantam Men	11	2
11:15 AM	150m	Pee Wee/Bantam Women	20	4
11:35 AM	200m	Midget & up Men	31	6
11:55 AM	200m	Midget & up Women	38	7
12:15 PM	600m	Men (All Ages)	49	9
12:45 PM	600m	Women (All Ages)	32	6

<u>Saturday Dec 8th - FIELD</u>			<u>Entries</u>
10:00 AM	Stdg Long Jump	Pee Wee/Bantam Men & Women (outside pit)	15
10:45 AM	Pole Vault	Midget & Up Men	3
11:00 AM	High Jump	Women	8
11:00 AM	Long Jump	Midget & Up Men (inside pit)	14
12:30 PM	High Jump	Men	8
12:30 PM	Weight Throw	Youth & Up Women & Men	12
12:30 PM	Long Jump	Midget & Up Women (inside pit)	13

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