



TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY

145 PACIFIC AVE, WINNIPEG, MANITOBA R3B 2Z6 TEL: 204-925-5744 FAX: 204-925-5792 www.athleticsmanitoba.com

2017 MILK Cross Country Challenge - UPDATED SCHEDULE

10:00 am	Grade 4 Girls	2km
10:30 am	Grade 4 Boys	2km
11:00 am	Grade 5 Girls – Section 1 Grade 5 Girls – Section 2	2km
11:40 am	Grade 5 Boys – Section 1 Grade 5 Boys – Section 2	2km
12:20 pm	Grade 6 Girls – Section 1 Grade 6 Girls – Section 2	2km
1:00 pm	Grade 6 Boys – Section 1 Grade 6 Boys – Section 2	2km
1:30 pm	Grade 7 Girls	2km
1:45 pm	Grade 7 Boys	2km
2:00 pm	Grade 8 Girls	2km
2:15 pm	Grade 8 Boys – Section 1 Grade 8 Boys – Section 2	2km
2:45 pm	Grade 9/10 Girls (JV)	3km
3:00 pm	Grade 9/10 Boys (JV)	4km
3:20 pm	Varsity Girls	4km
3:40 pm	Varsity Boys	5km

Races can run up to 15 minutes ahead so please arrange arrival times accordingly.

Changing and washroom facilities will be open for use at the Harbourview Club House. We will also have 5 porta potties on site.

This meet is sanctioned by Athletics Manitoba and MHSAA and sponsored by Dairy Farmers of Manitoba.