



JOEL SKINNER

Joel is the Head Coach of Sarnia Athletics Track and Field Club and has some of the highest levels of national and global coaching certification available in the sport of track and field, including NCCP level 4/5 and IAAF level 5 Jumps. He is also currently working on attaining level 5 certification in combined events.

Although Joel has coached Corunna, ON native Derek Drouin to a bronze medal at the London Olympic Games, he realizes that he hasn't even scratched the surface on how much he knows about the sport of Track and Field. He currently coaches with Sarnia Athletics Southwest Track and Field Club and created an "Elite" team that he trains with on a continual basis. Currently, this elite group of three athletes are all working hard to live out their Olympic dreams.

Although he has seen success at the elite coaching level, Joel has never stopped passing his knowledge onto all ages of athletes, and still coaches at the High School and the developmental club levels.



GUY SCHULTZ

Guy Schultz enters his fourth year as head coach of the Mustangs cross country team for the 2016-17 season, after taking over in 2014 for long-time coach Bob Vigars. Schultz had coached with the Mustangs in the past under Vigars, in three stints totalling 13 years. Serving as an assistant coach from 1995-1997 as well as 1998-2004, Schultz returned as the associate head coach in 2010 through the end of the 2013-14 season. Guy will also be entering his 16th year (1995-1997), 1998-2004 & 2010-present) as assistant distance coach with the track and field team.

Schultz, a Level 3 NCCP certified coach, has also served as an assistant coach with the University of Alberta for a year and a half, as well an assistant coach with the Manitoba Bisons for three and a half years. In 2009 he was the distance coach for Manitoba's Canada Summer Games track and field team, and was the track and field coach for Team Ontario during the 2002 and 2006 North American Indigenous Games.

As an athlete he is a former CIS and OUA champion, as well as having competed for the NCAA's Alabama Crimson Tide from 1987-1992 where he qualified for the NCAA championship in cross country as well as in track and field in the 1,500m and 3,000m steeplechase.

Schultz attended the University of Alabama on a full scholarship and graduated with a Bachelor of Science in Education. He also holds a Master of Arts degree from Western, where he also runs the intramural program. While serving as head coach of the cross country program he also continues as a distance coach for the Western track and field team.