



TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY

145 Pacific Ave. Winnipeg, MB. R3B 2Z6 • Tel: 204-925-5745 • Fax: 204-925-5792
 programs@athleticsmanitoba.com • execdirector@athleticsmanitoba.com

Athletics Manitoba 2017 Canada Summer Games Team

| Name | Event | Personal Coach | Club/School |
|--------------------|----------------------|----------------------------|-------------------------------|
| Andie Wood | 3000m SC | Mike Wood | Unattached |
| Borzah Yankey | Javelin | Ming Pu Wu | Winnipeg Optimist Athletics |
| Brianna Tynes | 100m/4X100m | Jonathon Fast/John Iwanski | Sisler High School |
| Brianna Young | Discus | Glen Young | Unattached |
| Brock Segal | Hammer | Reed/Bruce | Flying M Athletic Club |
| Brooke-Lynn Boyd | Shot Put and Javelin | Ming Pu Wu | Winnipeg Optimist Athletics |
| Bryan Yallits | 4 X 100m | Alex Gardiner | Bison Athletic Club |
| Bryarre Gudmundson | Hammer | Jill Seymour | Flying M Athletic Club |
| Caleb deJong | 300m SC/5000m | Mark Bomba | Unattached |
| Clement Sackey | Shot Put/Discus | Ming Pu Wu/Justin Charrier | Winnipeg Optimist Athletics |
| Connor Boyd | 1500m | Claude Berube/Andy Tough | Bison Athletic Club |
| Daniel Heschuk | 5000m | Claude Berube | Prairie Storm Athletics |
| Denita Cameron | High Jump | Mingpu Wu/ Sean Kennedy | Unattached |
| Deric Kornelson | 1500m | Claude Berube | Stride Ahead Tough Track |
| Emma Kusch Dahle | 5000m | Andrew Carlson | North Dakota State University |
| Erin Tramley | 1500m | Claude Berube | Bison Athletic Club |



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|------------------------|------------------------|---|-----------------------------|
| Erin Valgardson | 1500m | Scott Radley | Winnipeg Optimist Athletics |
| Erin White | 4 X 400m | Claude Berube | Winnipeg Optimist Athletics |
| Jackson Penner | Decathlon | Wayne McMahan | Unattached |
| James Kenny | Pole Vault | Alanna Boudreau/Scot Dressler | Winnipeg Optimist Athletics |
| Jamie Dumarán | Triple Jump | Alanna Boudreau | Winnipeg Optimist Athletics |
| Jared Allary | Shot Put/Discus/Hammer | Jill Seymour | Flying M Athletic Club |
| Jean-Luc Perron | Decathlon | Wayne McMahan | Winnipeg Optimist Athletics |
| Jennie Baragar-Petrash | 5000m | Tim Riley/James Li | University of Arizona |
| John Shortt | 110mH/400mH | Rory McIntyre | Winnipeg Optimist Athletics |
| Josh Magri | Triple Jump | Alanna Boudreau | Winnipeg Optimist Athletics |
| Keara Andrew | Hammer | Reed Rimke / Bruce Pirnie | Winnipeg Optimist Athletics |
| Luc Deleau | 200m/400m/4 X 400m | Andy Tough | Stride Ahead Tough Track |
| Luxon Glor | 100m/Long Jump/4X 100m | Mingpu Wu/ St. Mary U | Winnipeg Optimist Athletics |
| Madisson Lawrence | High Jump | Oyinkansola Akinola/ Alanna Boudreau/Wayne McMahan | Winnipeg Optimist Athletics |
| Marcel Dufault | 4 X 100m | Chris Belof | Unattached |
| Mathieu Desmarais | 3000m SC | Claude Berube | Bison Athletic Club |



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| Nathan Smith | High Jump | Mingpu Wu | Winnipeg Optimist Athletics |
| Rachael McLeod | 4 X 100m | Alex Gardiner | Bison Athletic Club |
| Rebekah Eckert | Triple Jump | Ming Pu Wu | Flying M Athletic Club |
| Rebekah Sass | 800m | Claude Berube/Andy Tough | Bison Athletic Club |
| Sarah Smith | 100mH/400mH | Rory McIntyre | Winnipeg Optimist Athletics |
| Sasanie Wanigasekara | Triple Jump/Long Jump | Alanna Boudreau | Winnipeg Optimist Athletics |
| Shane Dillon | 800m/4x400m | Andy Tough | Stride Ahead Tough Track |
| Sidiki Sow | High Jump | Ming Pu Wu/Alanna Boudreau | Winnipeg Optimist Athletics |
| Simon Berube | 400m/800m/4X400m | Claude Berube | Stride Ahead Tough Track |
| Sophia Mbabaali | 100mH/400mH | Rory McIntyre | Winnipeg Optimist Athletics |
| Stefan Hreno | 100m/200m/4 X 100m | Chris Belof | Stride Ahead Tough Track |
| Taylor Heald | Shot Put and Discus | Bruce Pirnie | Grant Park High School |
| Tayo Babalola | 200m/400m/4 X 100m/ 4 X 400m | Rory McIntyre | Winnipeg Optimist Athletics |
| Tegan Turner | 100m/200m/4X 100m | Alex Gardiner | Bison Athletic Club |
| Tristan Allen | 4 X 400m | Andy Tough | Stride Ahead Tough Track |
| Tyra Duma | Long Jump | Alanna Boudreau | Winnipeg Optimist Athletics |
| Victoria Tachinski | 400m/800m/ 4X 400m | Andy Tough | Stride Ahead Tough Track |
| William Nti | Long Jump/Javelin | Alanna Boudreau/Ming Pu Wu | Winnipeg Optimist Athletics |



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| Special O | | | |
|------------------|---------------------|-----------------------|--------------------|
| Name | Event | Personal Coach | Club/School |
| Caleb Friesen | 100m/200m/Long Jump | Rhonda Wiebe | Steinbach Flames |
| Matthew Therrien | 100m/200m/Long Jump | Ian Cook | Bulldogs |
| Regan Hofley | 100m/200m/Long Jump | Janice Howe | Navvies Track Club |
| Vesta Orchard | 100m/200m/Long Jump | Janice Howe | Navvies Track Club |

| Coaching Staff | | | |
|-----------------------|---|----------------------------------|--|
| Name | Event | Club/School | |
| Claude Berube | Head Coach/Distance | University of Manitoba Bisons | |
| Alanna Boudreau | Associate Head Coach/Jumps | Unattached | |
| Ming Pu Wu | Assistant Coach/Throws/Jumps | Unattached | |
| Haley Sigurdson | Women in Coaching Apprentice Coach/Jumps | Arborg Collegiate | |
| Justin Charrier | Assistant Coach/Throws | Flying M | |
| Liam Francis | Assistant Coach/Sprints/Relays | Stride Ahead Tough Track | |
| Rory McIntyre | Assistant Coach/Sprints/Relays | Winnipeg Optimist Athletics | |
| Donna Harris | Assistant Coach/Sprints/Relays | Unattached | |
| Josée Levesque | Manager | Unattached | |
| Janice Howe | Head Coach/Special O | Navvies Track Club | |
| Ryan Croy | Special O Chaperone | Unattached | |