



TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY

145 Pacific Ave, Winnipeg, MB R3B 2Z6 - 204-925-5744 - Fax 204-925-5792

Athletics Manitoba Winter Open Meet

January 15th & 16th, 2016

James Daly Fieldhouse, Max Bell Centre, U of Manitoba

FINAL Schedule

Track Events will be run from Fastest to Slowest heats

*****Events can run up to 15mins ahead of schedule******

Friday, January 15th - TRACK

6:00 PM	60m	Pee Wee & up Men	50
6:30 PM	60m	Pee Wee & up Women	38
7:05 PM	1200m	Midget & Under Men	6
7:10 PM	1200m	Midget & Under Women	4
7:15 PM	1500m	Youth & up Men	8
7:25 PM	1500m	Youth & up Women	5
7:35 PM	300m	Bantam & Up Men	30
7:55 PM	300m	Bantam & Up Women	37
8:20 PM	4x800m	University Men & Women	2+3

Friday, January 15th - FIELD

6:00 PM	Pole Vault	Midget & up Men & Women	4+4
6:00 PM	Triple Jump	Midget & up Men & Women	8
6:45 PM	Long Jump	Pee Wee/Bantam Men	10
7:00 PM	Shot Put	Pee Wee & Bantam Men & Women	3+5
7:30 PM	Long Jump	Pee Wee/Bantam Women	10
8:00 PM	Weight Throw	Youth & up Men & Women	3+5



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Saturday, January 16th - TRACK

10:00 AM	60m Hurdles	Men	5
10:10 AM	60m Hurdles	Women	9
10:20 AM	2000m	Midget Men	2
10:30 AM	2000m	Midget Women	1
10:40 AM	3000m	Youth & Up Men	4
10:50 AM	3000m	Youth & Up Women	1
11:05 AM	150m	Pee Wee/Bantam Men	9
11:15 AM	150m	Pee Wee/Bantam Women	16
11:30 AM	600m	Pee Wee & up Men	18
12:00 PM	600m	Pee Wee & up Women	28
12:30 PM	4x200m	Midget & up Men & Women	1+3

Saturday, January 16th - FIELD

10:00 AM	Standing Long Jump	Pee Wee/Bantam Men & Women	3+5
10:30 AM	High Jump	Bantam & up Women	9
11:00 AM	Long Jump	Midget & up Men	14
11:00 AM	Shot Put	Midget & up Women	6
12:15 PM	Long Jump	Midget & up Women	14
12:15 PM	Shot Put	Midget & up Men	5
12:15 PM	High Jump	Bantam & up Men	7