



2016 Summer Jam Mini-Meets

University of Manitoba, University Stadium

Dates +Events + Tentative Schedule:

Summer Jam 1A - Tuesday, May 17, 2016

- 5:30 PM Sprint Hurdles
to follow 100m then 80m for PeeWee and Bantam (2003+2004)
300m for Midget (2001) and younger then 400m
1200m for Midget and younger, then 1500m
- 5:30 PM Women Long Jump, Men High Jump
5:30 PM Women Discus, Men Javelin

Summer Jam 1B - Thursday, May 19, 2016

- 5:30 PM Intermediate Hurdles.
to follow 2000m for Midget and younger then 3000m
150m for Bantam and younger then 200m
800m
- 5:30 PM Men Long Jump, Women High Jump
5:30 PM Men Discus, Women Javelin

Summer Jam 2A - Tuesday, May 31, 2016

- 5:30 PM Sprint Hurdles
to follow 100m then 80m for PeeWee and Bantam
300m for Midget and younger then 400m
1200m for Midget and younger, then 1500m
- 5:30 PM Women Pole Vault Jump, Men Triple Jump,
5:30 PM Women + Men Shot Put

Summer Jam 2B or not 2B- Wednesday, June 1, 2016

- 5:30 PM Steeplechase (Various lengths depending on age group)
to follow 150m for Midget and younger then 200m
800m
- 5:30 PM Men Pole Vault Jump, Women Triple Jump,
5:30 PM Women + Men Hammer

Eligibility: Age Group Competition
** Heats and flights will be seeded based on entry marks and then separated into the appropriate age groups when results are produced ***

Entry Fee: Entry fees will be \$ 8.00 per event.
Day of event or late entries \$10.00.

Entries: Entries can be done using the Trackie.reg

The entry deadline for Summer Jam 1A & 1B - Sunday, May 13, 2016

The entry deadline for Summer Jam 2A & 2B or not 2B - Sunday, May 29, 2015

Meet Contact: Please direct all question regarding these meets to:
Wayne McMahan at: gwaynemcmahan@gmail.com

Schedule: Event requests will be considered if there is two weeks notice.
A Final Schedule will be set once all entries have been received.
*Meet may be postponed in case of extreme weather.

Training Information: We are sharing the track with regular training groups that will be engaged in training. We will work so groups will not interfere with the competition or their training.