



TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY

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www.athleticsmanitoba.com

Provincial Athlete Identification Camp/Practices

Who:

Targeted at athletes grade 7-12 (14-17 years old)

Identified athletes will be invited to attend Sunday practices led by Provincial Coach Ming Pu Wu.

Goals:

To identify talented athletes and prepare them for future Provincial Team selection and competition

To compliment existing training programs by focusing on technical skill development

To attract promising athletes to further training and competition opportunities.

Please note the following:

- **All sessions will be held at the James Daly Field House (indoors) from 12pm until 2pm.**
- Cost - \$20 per session (includes GST)
- Due to capacity restraints these practices will be run by invitation only. All athletes will receive an invitation from provincial program staff
- A tentative schedule of practice dates can be found below. The schedule will be made available online at www.athleticsmanitoba.com in the coming weeks.
- Athletes are NOT required to participate in these sessions in order to be selected to any Provincial Team opportunities.
- These practices are NOT meant to recruit athletes away from existing club or school programs. They simply provide an opportunity for athletes to work with Provincial Coach Ming Pu Wu and receive additional technical practices.
- Payments can be taken online - <http://www.trackie.com/online-registration/event.php?id=2575> (there is an online processing fee) or cash/cheque at practice (cheques can be made out to Athletics Manitoba). Receipts are available upon request

Upcoming Indoor Dates:

- **All sessions will be held at the James Daly Field House (Indoors) from 12pm until 2pm.**

January 17th

February 7th

February 21st

March 6th

March 20th

March 27th

April 3rd

April 17th