



## 2016 Power Smart Manitoba Summer Games

August 7<sup>th</sup> - 10<sup>th</sup>, 2016

Athletics

Stonybrook Middle School Track

Sunday, August 7, 2016

TIME	EVENT	CLASSIFICATION
2:00 PM	Team Practice - Winnipeg Gold & Eastman	
3:00 PM	Team Practice - Central & Westman	
4:00 PM	Team Practice - Interlake & Parkland	
5:00 PM	Team Practice - Norman & Winnipeg Blue	
5:00 PM	Coach/Manager Meeting @ Steinbach Regional Secondary School	
8:30 PM	Opening Ceremonies @ Stonybrook Middle School	

Monday, August 8, 2016

TIME	EVENT	CLASSIFICATION
9:30 AM	Track - Medley Relay	Midget Boys
	Track - Medley Relay	Midget Girls
	Track - Medley Relay	Bantam Boys
	Track - Medley Relay	Bantam Girls
9:30 AM	Field - High Jump	Bantam Boys
	Field - Shot Put	Bantam Girls
	Field - Triple Jump	Midget Girls
10:30 AM	Track - 80m Hurdles	Bantam Girls
	Track - 80m Hurdles	Bantam Boys
	Track - 80m Hurdles	Midget Girls
	Track - 100m Hurdles	Midget Boys
11:00 AM	Field - High Jump	Midget Boys
	Field - Shot Put	Midget Girls
	Field - Discus	Bantam Boys
12:00 PM	Medal Presentations	
1:00 PM	<b>LUNCH</b>	
3:00 PM	Track - 150m	Bantam Girls
	Track - 150m	Bantam Boys
	Track - 200m	Midget Girls
	Track - 200m	Midget Boys
3:00 PM	Field - Long Jump	Midget Girls
	Field - Javelin	Midget Boys
	Field - Standing Long Jump	Bantam Girls
4:00 PM	4x100m	Bantam Girls
	4x100m	Bantam Boys
	4x100m	Midget Girls
	4x100m	Midget Boys
4:30 PM	Field - Long Jump	Bantam Girls
	Field - Ball Throw	Bantam Boys
	Field - Discus	Midget Girls
5:00 PM	8x50m Shuttle	All Ages - Timed Final
5:00 PM	Medal Presentations	

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**Tuesday, August 9, 2016**

<b>TIME</b>	<b>EVENT</b>	<b>CLASSIFICATION</b>
9:30 AM	Track - Distance Medley	Bantam Girls
	Track - Distance Medley	Bantam Boys
	Track - Distance Medley	Midget Girls
	Track - Distance Medley	Midget Boys
9:30 AM	Field - Long Jump	Midget Boys
	Field - Javelin	Midget Girls
	Field - Standing Long Jump	Bantam Boys
10:30 AM	Track - 80m	Bantam Girls
	Track - 80m	Bantam Boys
	Track - 100m	Midget Girls
	Track - 100m	Midget Boys
11:00 AM	Field - Long Jump	Bantam Boys
	Field - Ball Throw	Bantam Girls
	Field - Discus	Midget Boys
12:00 PM	Medal Presentations	
1:00 PM	<b>LUNCH</b>	
3:00 PM	Track - 4x200m	Bantam Co-Ed
	Track - 4x200m	Midget Co-Ed
3:00 PM	Field - High Jump	Midget Girls
	Field - Shot Put	Midget Boys
	Field - Discus	Bantam Boys
3:30 PM	Track - 80m	Bantam Girls
	Track - 80m	Bantam Boys
	Track - 100m	Midget Girls
	Track - 100m	Midget Boys
4:00 PM	Track - 800m	Bantam Girls
	Track - 800m	Bantam Boys
	Track - 800m	Midget Girls
	Track - 800m	Midget Boys
4:30 PM	Field - High Jump	Bantam Girls
	Field - Shot Put	Bantam Boys
	Field - Triple Jump	Midget Boys
5:00 PM	Track - 4x100m	Bantam Girls
	Track - 4x100m	Bantam Boys
	Track - 4x100m	Midget Girls
	Track - 4x100m	Midget Boys
5:00 PM	Medal Presentations	

**Wednesday, August 10, 2016**

<b>TIME</b>	<b>EVENT</b>	<b>LOCATION</b>	<b>CLASSIFICATION</b>
9:30 AM	Cross Country - 2 km	Steinbach Soccer Park	Bantam Girls
	Cross Country - 2 km		Bantam Boys
10:30 AM	Cross Country - 3 km		Midget Girls
	Cross Country - 3 km		Midget Boys
11:45 AM	Medal Presentations at Steinbach Soccer Park		