

# “TIGER ATTACK ON THE TRACK”

Neepawa Collegiate Invitational Meet

Neepawa, MB

Friday, May 13<sup>th</sup>, 2016



**Time:** The meet starts at 10:30 am sharp  
Concludes when we get finished!

**Entries:** *Please email your teams intentions and approximate numbers as asap to:*  
Email to: [bkoscielny@bpsd.mb.ca](mailto:bkoscielny@bpsd.mb.ca)

***\*Registration may be done via Direct Athletics will close May 4th, 2016.***  
***Information to come once approximate numbers are known. Low***  
***numbers allows for a sticker meet.***

Please have your athletes compete in the events they intend to in your Zone meet. This will help the meet proceed in a timely manner and keep events manageable.

Registration will be \$7 per athlete or \$85.00 max per school  
\*Receipts will be provided at the announcing table at the beginning of the meet.\*

**Uniforms:** All athletes must wear their school uniform tops.

**Canteen:** A canteen will be available throughout the day until about 3:00pm.  
Athletes are encouraged to bring personal H2O bottles as H2O will be available on a tap and hose.

**Awards:** Ribbons will be awarded for the **Top 3** performances in each age category!

**Parking:** All vehicles, including buses, will be able to park at the Yellowhead Arena. Access to the Track will be from the Yellowhead Parking lot.

**Washrooms:** Washrooms will be available in NACI and possibly the Yellowhead Arena. NACI will not be responsible for any lost or stolen items. Please make sure your athletes keep the Yellowhead Arena clean and avoid loitering in the Arena.

**First Aid:** Please be sure to bring your own first aid supplies, including tape.



## Tiger Attack Track and Field Meet SCHEDULE

\*copy this schedule for all of your athletes\*

Order of events will run:

JrGr, SrGr, JrB, SrB

**10:30** Hurdles (Girls)  
400m (Timed Final)  
Hurdles (Boys)  
3000m (All girls, All boys) (If enough interest)  
100m (heats only if necessary)  
800m  
200m (Timed Final)  
1500m Girls  
1500m Boys  
100m Finals (if necessary)  
4 x 100m (Timed Final)

### Field Event Schedule

- Three trials at each event. (If throws events are big we may use 2 throws back to back and only measure the longest throw.)
- It is the responsibility of the athletes to complete their three attempts within the allotted time.
- In the event of a conflict between a track event and a field event, the athlete **must report to the track event** and then return **promptly** to the field event.
- *Depending on participant numbers, field events may run ahead of schedule. Listen to announcer for updates during the meet.*

	<u>10:30</u>	<u>11:50</u>	<u>1:20</u>	<u>2:30</u>
<b>Long Jump</b>	Jr Gr	JrB	SrGr	SrB
<b>High Jump</b>	JrB	SrGr	SrB	JrG
<b>Triple Jump</b>	SrGr	SrB	JrGr	JrB
<b>Javelin</b>	SrB	JrG	JrB	SrG
<b>Shot Put</b>	JrG	JrB	SrG	SrB
<b>Discus</b>	JrB	SrG	SrB	JrG