



TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY

145 Pacific Ave, Winnipeg, MB R3B 2Z6 - 204-925-5744 - Fax 204-925-5792

Athletics Manitoba Indoor Last Chance Meet

December 9th and 10th, 2016

James Daly Fieldhouse, Max Bell Centre, U of Manitoba

FINAL Schedule

Track Events will be run from Fastest to Slowest heats

*****Events can run up to 15mins ahead of schedule******

			<u># of</u>	<u># of</u>
			<u>Athletes</u>	<u>Sections</u>
<u>Friday Dec 9th - TRACK</u>				
6:00 PM	60m	Hept Men & Pee Wee & up Men to follow	49	6
6:30 PM	60m	Pee Wee & up Women	47	6
7:00 PM	1200m	Bantam & Midget Men	11	1
7:05 PM	1200m	Bantam & Midget Women	9	1
7:15 PM	400m	Youth & up Men	20	4
7:30 PM	400m	Youth & up Women	11	2
7:45 PM	300m	Bantam & Midget Men	17	3
7:55 PM	300m	Bantam & Midget Women	19	4
8:10 PM	1500m	Youth & up Men	13	2
8:20 PM	1500m	Youth & up Women	5	1

			<u># of</u>
			<u>Athletes</u>
<u>Friday Dec 9th - FIELD</u>			
6:00 PM	Pole Vault	Midget & up Women	4
6:00 PM	Long Jump	Pee Wee/Bantam Men (outside pit)	9
6:15 PM	Long Jump	Heptathlon Men (inside pit)	2
6:30 PM	Shot Put	Pee Wee & Bantam Men & Women	6
7:00 PM	Triple Jump	Midget & up Men (inside pit)	7
7:00 PM	Long Jump	Pee Wee/Bantam Women (outside pit)	10
7:00 PM	Shot Put	Heptathlon Men & Midget & up Men	9
8:00 PM	Shot Put	Midget & Up Women	8
8:15 PM	Triple Jump	Midget & up Women (inside pit)	8
8:15 PM	High Jump	Heptathlon Men	2



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			<u>Athletes</u>	<u>Sections</u>
<u>Saturday Dec 10th - TRACK</u>				
10:00 AM	60m Hurdles	Men & Heptathlon Men	5	1
10:10 AM	60m Hurdles	Women & Pentathlon Women	9	1
10:30 AM	2000m	Midget Men	3	1
10:40 AM	2000m	Midget Women	1	1
10:50 AM	3000m	Youth & Up Men	5	1
11:00 AM	3000m	Youth & Up Women	1	1
11:15 AM	150m	Pee Wee/Bantam Men	14	3
11:25 AM	150m	Pee Wee/Bantam Women	20	4
11:40 AM	200m	Midget & up Men	36	6
11:55 AM	200m	Midget & up Women	38	7
12:15 PM	600m	Pee Wee & up Men	36	6
12:40 PM	600m	Pee Wee & up Women	33	6
1:00 PM	1000m	Heptathlon Men	2	1
1:30 PM	800m	Pentathlon Women	1	1

			<u># of</u>
			<u>Athletes</u>
<u>Saturday Dec 10th - FIELD</u>			
10:00 AM	Stdg Long Jump	Pee Wee/Bantam Men & Women (outside pit)	16
10:00 AM	Long Jump	Midget Women (inside pit)	9
10:45 AM	High Jump	Pentathlon Women & Women	7
10:45 AM	Pole Vault	Heptathlon Men & Men	4
11:15 AM	Long Jump	Men (inside pit)	10
11:45 AM	Shot Put	Pentathlon Women	1
12:15 PM	High Jump	Men	10
12:30 PM	Long Jump	Pentathlon Women & Midget & up Women	8
12:45 PM	Weight Throw	Youth & up Women & Men	7