



TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY

145 Pacific Ave, Winnipeg, MB R3B 2Z6 - 204-925-5744 - Fax 204-925-5792

Athletics Manitoba Winter Open

Jan 12th, 2017

James Daly Fieldhouse, Max Bell Centre, U of Manitoba

TENTATIVE Schedule

Track Events will be run from Fastest to Slowest heats

*****Events can run up to 15mins ahead of schedule******

Thursday Jan 12th - TRACK

| | | |
|---------|-------------|--------------------------------|
| 6:00 PM | 60m Hurdles | Bantam & up Women & Pent Women |
| 6:10 PM | 60m Hurdles | Bantam & up Men |
| 6:20 PM | 1500m | Youth & up Women |
| 6:30 PM | 1500m | Youth & up Men |
| 6:45 PM | 1200m | Bantam & Midget Women |
| 6:55 PM | 1200m | Bantam & Midget Men |
| 7:05 PM | 600m | Open Women |
| 7:20 PM | 600m | Open Men |
| 7:35 PM | 200m | Midget & up Women |
| 7:50 PM | 200m | Midget & up Men |
| 8:05 PM | 150m | PeeWee & Bantam Women |
| 8:15 PM | 150m | PeeWee & Bantam Men |
| 8:25 PM | 4x800m | Women |
| 8:35 PM | 4x800m | Men |
| 8:45 PM | 800m | Pent Women |

Thursday Jan 12th - FIELD

| | | |
|---------|-----------|---------------------------------------|
| 6:00 PM | Long Jump | Pee Wee/Bantam Women (outside pit) |
| 6:00 PM | Long Jump | Midget & up Men (inside pit) |
| 6:45 PM | Shot Put | Men |
| 6:45 PM | High Jump | Women & Pent |
| 6:45 PM | Long Jump | Pee Wee/Bantam Men (outside pit) |
| 7:45 PM | Shot Put | Women & Pent |
| 7:45 PM | High Jump | Men |
| 8:15 PM | Long Jump | Midget & up Women & Pent (inside pit) |