



Athletics Manitoba School Outreach 2017

Athletics Manitoba is pleased to once again offer an outreach program to schools to assist with training and competition for the 2017 Outdoor Track Season. The long term goal of this program is to develop and support a strong feeder system for Manitoba Games and other regional and provincial competitions.

The program is targeted at grades 6 through 9 (Bantam and Midget athletes) as an introduction to further Athletics training and running, jumping and throwing events; however, depending on the size of the school and the number of athletes, high school students can be engaged in the program as well. The resources from this program are designed to help athletes transition from an introductory Run Jump Throw Wheel program into more advanced technical program and to prepare athletes wishing to compete for their region at the Power Smart Manitoba Games. Coaches will be provided with a 6-week program that can be modified as needed to fit the needs of their practice schedule.

There is no fee for this program, but all schools must have an Athletics Manitoba membership. (Complete the school registration form available [here](#)). Interested schools can sign up to be part of the program which will include the provision of a 6-week training program for athletes (3 sessions a week), at least one visitation from Athletics Manitoba clinicians and assistance with running a meet in the region or a field day at the school (the meet locations and dates will be determined once all the program participants are confirmed). All meets should be concluded by mid-June.

Following the school field day or regional meet, athletes and/or teams will have the option to compete at other meets as well as the Age Class Championships at the end of June. In addition, Midget athletes are eligible for selection to the Midget Provincial Team that competes at the Tri-Province Meet in July.

How do we get in? How does the program work?

1. Registration is done by completing the registration form - [HERE](#)
Please complete your registration by March 16, 2017.
2. Once your registration is received, Athletics Manitoba will email you the complete 6-week training program.
3. Start training!
4. Athletics Manitoba summer students will be in touch with you by the end of April to set up your school clinic date and your field day or regional meet.