



8th Annual High School Track & Field Championship Series

Hosted by the University of Manitoba Track & Field Team

Dates:

Qualifying Meet #1	Thursday, January 12, 2017
Qualifying Meet #2	Monday, January 23, 2017
Qualifying Meet #3	Wednesday, February 8, 2017
Qualifying Meet #4	Tuesday, February 21, 2017
Championship Meet	Thursday, March 16, 2017

Eligibility:

Entry is open to all high school teams in Manitoba. Please register as a school with Athletics Manitoba. Individual entries from schools will be accepted on a case by case basis (based on supervision of athletes and payment of entries)

Cost:

Registration in the High School Series includes the school membership fee! As a school member schools may also register athletes for any other Athletics Manitoba sanctioned event (Grand Prix's, Flying M, Boeing Classic etc).

The school membership fee must be sent to Athletics Manitoba (attn: Alanna Boudreau). Cheques should be made out to "Athletics Manitoba". This fee must be submitted by Friday, December 16, 2017.

The High School Series Entries must be given to the University of Manitoba. Cheques are made out to "University of Manitoba". This fee can be brought to the first meet or can be mailed in advance to: 206 Max Bell Centre, University of Manitoba, Wpg, MB R3T 2N2

Please note that these are separate payments and not all in one cheque.

\$650 –for school registering 15 or more athletes for the series

- \$175 for Athletics Manitoba School Membership and \$475 for High School Series Entries

\$500 – for schools registering less than 15 athletes for the series

- \$125 for Athletics Manitoba School Membership and \$375 for High School Series Entries

Categories:

Junior Varsity Girls

Varsity Girls

Junior Varsity Boys

Varsity Boys

As per MHSAA rules

in order to qualify for the junior varsity competition athlete must meet the following requirements:

1. Participating athletes must be under the age of 17 as of midnight of the current school year, August 31.
2. Students are eligible to participate in junior varsity for two years. In determining the two-year clause, member schools must count grade 9 as the first year. The athlete's eligibility begins upon enrolment in grade 9 and is allowed two consecutive years of competition from time of enrolment in grade 9

JV Athletes competing in any events in the Varsity category, must then compete in all of their events in the Varsity category

Technical Information:

Junior Varsity & Varsity Girls Hurdles	30"	12m to the first hurdle 7.5m spacing between hurdles.
Junior Varsity & Varsity Boys Hurdles	36"	13m to the first hurdle 8.5m spacing between hurdles.
Junior Varsity & Varsity Girls Shot Put	4kg	
Junior Varsity Boys Shot Put	4kg	
Varsity Boys Shot Put	5kg	

Volunteer Officials:

It is mandatory that schools who register 15 or more athletes must bring a minimum of two volunteers to each meet. Schools with less than 15 athletes must bring at least one volunteer to each meet.

Entries:

Entries will need to be submitted on a specially formatted excel spread sheet. If you are interested in participating in the series, please contact Claude Berube at Claude.Berube@umanitoba.ca and a copy of the template will be sent to you.

Please try to be as accurate as possible when submitting your numbers for the roster.

Meet Schedules and Events:

The four qualifying meets will be run from noon to 5:00 p.m. as listed below.

The Championship meet will be run from noon to 5:00 p.m.

High School Series Qualifying Meet Schedule (Meets 1 & 3)

Track Events

12:00pm – 1:15pm	60 metres
1:30pm – 2:30pm	1500 metres
2:45pm – 4:00pm	400 metres
4:15pm – 5:00pm	4 x 200 metres

Field Events

12:30pm – 2:15pm	Shot Put Varsity Girls followed by Junior Varsity Girls
12:00pm - 2:00pm	Triple Jump Varsity Boys followed by Varsity Girls
2:00pm – 3:00pm	High Jump Varsity Girls (Starting Height 1.20m)
2:30pm – 4:30pm	Long Jump Jr Varsity Boys followed by Jr Varsity Girls
3:00pm – 4:45pm	Shot Put Varsity Boys followed by Junior Varsity Boys
3:15pm – 4:15pm	High Jump Jr Varsity Girls (Starting Height 1.25m)

High School Series Qualifying Meet Schedule (Meets 2 & 4)

Track Events

12:00pm – 1:00pm	60 metres Hurdles
1:15pm – 2:15pm	800 metres
2:30pm – 3:45pm	200 metres
4:00pm – 5:00pm	Medley Relay (800m, 200m, 200m, 400m)

Field Events

12:30pm – 2:15pm	Shot Put Varsity Girls followed by Junior Varsity Girls
12:00pm - 2:00pm	Triple Jump Jr Varsity Boys followed by Jr Varsity Girls
2:00pm – 3:00pm	High Jump Jr Varsity Boys (Starting Height 1.40m)
2:30pm – 4:30pm	Long Jump Varsity Boys followed by Varsity Girls
3:00pm – 4:45pm	Shot Put Varsity Boys followed by Junior Varsity Boys
3:15pm – 4:15pm	High Jump Sr Boys (Starting Height 1.50m)

Meet Information :

1. Track Race Order -- Junior Varsity Girls, Varsity Girls, Junior Varsity Boys, Varsity Boys
2. Relays –School may enter up to three teams per category. (Listed as “A”, “B” and “C”).
3. Points Scoring: 12, 10, 9, 8, 7, 6, 5, 4, 3, 3, 3, 3. (The category championship banners (Junior Varsity Girls, Varsity Girls, Junior Varsity Boys and Varsity Boys) will be based on the four qualification meets and not the Championship meet).
4. Schools may enter as many athletes as they wish per event but only three athletes per school will score.
5. Athletes may enter a maximum of two events plus a relay per meet. (Two events equate to: two track or two field or one track and one field event). This will also apply to the entries for the Championship Meet.
6. The use of starting blocks for sprint races will be left to the discretion of the meet directors depending on the meet staying on time
7. Momentos / gifts will be given to all athletes who participated in the meets. These will be handed out at the Championship Meet
8. A teacher from each school must be present during each competition.
9. Athletes must wear school uniforms or plain t-shirts (No club uniforms will be allowed).
10. All meet communication will be by email.
11. The Athletics Manitoba website will be used for posting of results and updating of individual standings and team results.
12. Qualification:
 - i) Top 12 in all track events including relays
 - ii) Top 12 in all field events
 - iii) Schools must confirm a qualifying athlete's entry for the championship final by noon, Monday, March 13th. In the case that an athlete who qualifies for a final is not able to complete the next highest ranked qualifier will be moved in to the Championship Final.
13. Championship Meet:
 - i) Medals for 1st, 2nd, and 3rd.
 - iii) There will be an “A” and “B” Final for all track events, including relays. The finalists in the Long Jump, Triple Jump and Shot Put will have three attempts only.