

2015 Western Canada Challenge  
July 17-19<sup>th</sup>, 2015  
Technical Package

UPDATED JULY 9<sup>TH</sup>

---

IMPORTANT UPDATES TO NOTE

ORIGINAL	UPDATED
Spike length max 6mm	Spike length max 7mm and 9mm (HJ + Jav)
Youth Women Javelin Weight – 600g	Youth Women Javelin Weight – 500g
Midget Women Discus Weight – 750g	Midget Women Discus Weight – 1kg
	Team Scoring System
	Marshalling procedures
	Scratch procedures

Hosted + Sanctioned by: Athletics Manitoba

Entry fees: Individual Events: \$10 Per event, \$20 for late entry.

Provincial Teams: \$750 per team

All cheques payable to Athletics Manitoba

ELIGIBILITY

---

All athletes must be registered with their respective Provincial Athletics Association

Age Categories:

Midget: born 2000 or 2001 (2002 allowed)

Youth: born 1998 or 1999

Western Canada Summer Games: 1995 or later

Junior, Senior and Masters aged athletes will compete in the WCSG/Senior events

LOCATION/FACILITY/ WARM UP

---

University Stadium/Pan Am Stadium, University of Manitoba Fort Gary Campus -32 Service St, 3NW - Chancellor Mathieson –  
Winnipeg, MB

Eight (8) lane 400m track

Warm Up may be done on the track where appropriate but the infield will be unavailable throughout the meet except for competition events.

An additional Mondo surface is located behind the grandstand and is available for warm ups throughout the weekend.

## CONTACT INFO

---

All inquiries prior to 12pm Friday July 17th:

Alanna Boudreau – [programs@athleticsmanitoba.com](mailto:programs@athleticsmanitoba.com) – 204-925-5745 (Office)

All inquiries onsite July 17<sup>th</sup>-19<sup>th</sup>:

Donna Harris – [execdirector@athleticsmanitoba.com](mailto:execdirector@athleticsmanitoba.com) - 204-899-5089 (Cell)

## ENTRY DEADLINE

---

All entries must be received by 11:59PM Sunday July 12, 2015.

Late entries, or changes will be accepted until Wednesday July 15<sup>th</sup> (additional late entries fees will apply).

After Wednesday July 15<sup>th</sup> NO FURTHER ENTRIES WILL BE ACCEPTED. There will be NO entries accepted onsite.

Please send Provincial Team entries via Team Manager to: [patrickbeckett93@gmail.com](mailto:patrickbeckett93@gmail.com)

Non-Provincial Team entries must be submitted online via Trackie

<http://www.trackie.com/online-registration/event.php?id=2326>

## TECHNICAL MEETING

---

A brief technical meeting for all coaches will be held in the grandstands at 4:30pm on Friday July 17<sup>th</sup>, 2015.

Questions can be submitted in advance to [programs@athleticsmanitoba.com](mailto:programs@athleticsmanitoba.com)

## SCRATCHES

---

All scratches should be received by Wednesday July 15<sup>th</sup> and can be sent to: [patrickbeckett93@gmail.com](mailto:patrickbeckett93@gmail.com)

Any subsequent scratches must be submitted to Alanna Boudreau in writing, prior to the following deadlines;

Friday session            Technical Meeting (4pm Friday in the grandstands)

Saturday session        9am Saturday (Press box)

Sunday session          6pm Saturday (Press box)

Any athlete that DNS (does not start) their event will be scratched from all subsequent events.

Scratch forms will be provided in the registration package.

## REGISTRATION PACKAGES

---

Registration packages will be distributed to all Team and Club coaches at the Technical meeting on Friday July 17<sup>th</sup>, 2015.

Email confirmation of Provincial Team entries will be sent to each provincial delegation and a printed copy will be provided in the registration package.

BBQ tickets (based on entry numbers per team) will be included in the registration package.

---

## ACCOMMODATIONS

---

Best Western Pembina Highway (1-888-253-1628)

University of Manitoba Residence – residence@umanitoba.ca

---

## MARSHALLING

---

For all track events, athletes must report to the marshaling tent 30mins before the scheduled time of their race. 800m+ will also receive hip numbers here. It is then the athlete's responsibility to be at the start line 15 minutes before race time.

The marshalling tent will be located on the north east corner of the track near the 200m start line.

Please note that NO marshalling will occur at the start line. If an athlete does not report to the marshalling tent they will not race. Please ensure all athletes are aware of and follow this procedure.

Field event athletes will marshal **at** their event, 30min prior to the start of the event, with the exception of pole vaulters who must check in 1hr prior to event.

---

## EQUIPMENT

---

Starting blocks will be provided and must be used for all events 400m or less.

Throwing implements will be provided. Pole Vaulters must provide their own poles.

Personal implements must be certified by the throws equipment manager before they will be permitted for use during the competition. This may be done at the throws equipment shed and must be completed 1 hour before the scheduled start time of their event.

---

## GENERAL MEET INFORMATION

---

1. Spikes are to be no longer than 7mm in length or 9mm for HJ and Javelin.
2. All athletes must wear proper team or club competition uniforms.
3. Medals will be awarded to the top three finishers in each event. Provincial teams will be provided their medals at the completion of the meet, prior to departure.
4. The final meet Schedule and Performance List will be posted at [www.athleticsmanitoba.com](http://www.athleticsmanitoba.com)
5. Start lists will be posted onsite beneath the grandstand prior to the start of the sessions each day.

## Provincial Team competition scoring system

Individual Events		Team Relays	
1 <sup>st</sup> place	8 pts	1 <sup>st</sup> place	10 pts
2 <sup>nd</sup> place	6 pts	2 <sup>nd</sup> place	8 pts
3 <sup>rd</sup> place	5 pts	3 <sup>rd</sup> place	7 pts
4 <sup>th</sup> place	4 pts		
5 <sup>th</sup> place	3 pts		
6 <sup>th</sup> place	2 pts		

\*\* Top 2 individuals and 1<sup>st</sup> relay from each province will count toward final team scores.

## Technical Specifications

Event	MG	MB	YW	YM	WCSGW	WCSGM
80H	30"					
100H		33"	30"		33"	
110H				36"		42"
200H	30"	30"				
300H			30"	33"		
400H					30"	36"
Steeple	30"	30"	30"	33"	30"	36"
JV	500g	600g	500g	700g	600g	800g
SP	3kg	4kg	3kg	5kg	4kg	7.26kg
DT	1kg	1kg	1kg	1.5kg	1kg	2kg
HT	3kg	4kg	3kg	5kg	4kg	7.26kg

