
ATHLETICS MANITOBA 2015 WCSG INFORMATION PACKAGE

Athletics – Week 1: August 7th-11th, 2015

COACHING STAFF

Head Coach	Claude Berube
Associate Head Coach	Alanna Boudreau
Event Coach	Ming Pu Wu
Event Coach	Rory McIntyre
Event Coach	Liam Francis
Event Coach	Justin Charrier

TEAM SIZE

Able Bodied – Up to 25 males and 25 females	Special Olympics – Up to 2 males and 2 females
Wheelchair – Up to 2 males and 2 females	Maximum combined team size – 58 athletes

CLASSIFICATION

Able Bodied – Year of Birth: 1995 or later (under 20 years of age as of December 31st, 2014)

Wheelchair – Year of Birth: 1987 or later (under 28 years of age as of December 31st, 2014)

Special Olympics – Year of Birth: 1987 or later (under 28 years of age as of December 31st, 2014)

ATHLETE ELIGIBILITY

- Must be a registered member in good standing with Athletics Manitoba
- WCSG are open to Canadian citizens and permanent residents (a permanent resident is someone who has been granted permanent residency 90 days prior to the Opening Ceremony of the Games. Permanent residents must have a Record of Landing (IMM 100), a confirmation of Permanent Residency (IMM 5292), a Permanent Resident Card, or any other document deemed eligible by Immigration Canada as proof of their status.
- Students attending school on a full-time basis outside their province/territory of permanent residence during the year of the Games shall be permitted to compete for either their province/territory of permanent residency or the province/territory where the athlete attends school, the student must be enrolled on a full-time basis during the academic year preceding the Games.
- An athlete is permitted to try out for only one province or territory per Games.
- An athlete may participate in more than one sport, provided the sports occur in different phases of the Games.
- Athletes who are members of the national senior team (SR1 and SR2) and athlete who are carded (as defined by Sport Canada's Athlete Assistance Program) or obtain their card prior to May 1, 2015 are excluded from the Western Canada Summer Games.
- Athletes who are carded or become national senior team (SR1 or SR2) members on or after May 1, 2015 are eligible to compete in the Western Canada Summer Games.
- Athletes participating in the Special Olympics events must be registered and be members in good standing of Special Olympics Canada and have qualified at events sanctioned by Special Olympics Canada.

Each Province/Territory may enter a maximum of 3 athletes per event and have 1 relay team per event.

Each Province/Territory may enter a maximum of 2 Wheelchair athletes per track event.

Each Province/Territory may enter a maximum of 2 Special Olympic athletes per track event.

There is no limit to the number of events an individual competitor may enter.

FUNDING

All athletes selected to the final Western Canada Summer Games Team will be required to pay a team fee.

There will however be some funding opportunities available for prep squad athletes with A standard. This funding can be used to offset travel and training costs as well as the team fee. Full details regarding the team fee and the funding application process will be distributed and discussed at the April 26th Prep Squad meeting.

SELECTION CRITERIA

Western Canada Games Trials will be held in conjunction with the Athletics Manitoba Age Class Provincial Championships on June 26-27th, 2015 (with the exception of the 5000m trial)

All athletes interested in being considered for the team must submit a declaration of interest form by **May 15, 2015** (Form is attached in this document).

The qualifying period for achieving standards will begin April 1 and includes all performances achieved at Trials.

Youth aged athletes are able to be selected to the Team however it is important to note that the National Youth Championships are being held on the same weekend and therefore athletes will not be able to attend both events. The coaching staff strongly encourages all parents and coaches of youth aged athletes to discuss this conflict and make a decision that will best meet the needs of the individual athlete.

Final Team Selection will occur after the completion of the event with all members being contacted by the following Wednesday.

The process to finalize team selections will occur in the order listed below. Once the team size is reached based on going through each of the steps, the selection process will end. The only exceptions being the medical appeal that prevents an athlete to compete at the trials and they have one of the standards prior to the trials.

- 1) First place at the selection trials, having achieved the A standard
- 2) Second place at the selection trials, having achieved the A standard
- 3) Third place at the selection trials, having achieved the A standard
- 4) First place at the selection trials, having achieved the B standard
- 5) Second place at the selection trials, having achieved the B standard
- 6) Third place at the selection trials, having achieved the B standard
- 7) First place at the selection trials, having achieved the C standard
- 8) Second place at the selection trials, having achieved the C standard
- 9) Third place at the selection trials, having achieved the C standard
- 10) Athlete has an ability to contribute to a relay
- 11) Medical appeal for an athlete who has achieved one of the standards and is not able to compete at the trials due to a medical reason. In order to be considered the athlete must provide medical documentation that they will be competition ready by the Games

TEAM STANDARDS

STANDARDS - WOMEN			EVENTS	STANDARDS - MEN		
A	B	C		A	B	C
12.12	12.26	12.60	100m	10.85	10.92	11.14
24.73	25.01	25.74	200m	21.97	22.12	22.61
56.27	57.00	58.89	400m	48.83	49.16	50.26
2.12.52	2.15.13	2.17.49	800m	1.53.79	1.55.48	1.56.74
4.34.86	4.36.13	4.43.58	1500m	3.54.49	3.56.15	3.58.21
10.04.29	10.19.94	10.43.96	3000m	8.38.00	8.42.22	8.53.82
17.35.80	17.47.40	18.44.33	5000m	14.55.70	15.14.89	15.45.72
			Race Walk			
15.41	15.66	16.17	100m H	15.35	15.51	16.36
1.03.69	1.04.85	1.08.29	400m H	55.33	55.85	58.21
11.22.92	11.34.42	12.01.44	Steeple	9.32.57	9.46.51	9.59.26
1.63	1.61	1.57	High Jump	1.94	1.90	1.80
5.31	5.22	5.05	Long Jump	6.70	6.56	6.10
11.37	11.17	10.81	Triple Jump	14.09	13.79	12.86
3.63	3.57	3.45	Pole Vault	4.50	4.38	4.02
11.93	11.60	10.12	Shot Put	13.79	13.15	11.59
37.61	37.05	32.07	Discus	43.13	41.05	35.99
44.79	43.47	37.90	Hammer	51.50	45.69	38.32
38.09	36.32	31.37	Javelin	54.80	52.77	46.40
4007	3881	3552	Heptathlon/Decathlon	5573	5317	4885

COMPETITIVE READINESS REQUIREMENTS

Once selected to the team, athletes with questionable competitive readiness due of lack of fitness, injury or illness may be removed from the team at any time. Athletes will be required to immediately report any injury, illness or change in training that could affect their ability to compete at their highest level at the Games. Notification must be sent to Head Coach, Claude Berube (claudio.berube@umanitoba.ca). Failure to report injury or illness prior to the event may result in the athlete being deselected from the team.

“Competitive readiness” is the ability of the athlete to achieve equal or superior performance(s) at the Games, as compared to the performance(s) the athlete achieved in qualifying for the team.

If an athlete's competitive readiness is in question, a performance test involving the Personal Coach, Team Event Group Coach and Head Coach. This test will vary in accordance with the event, injury or illness. Failure to demonstrate adequate health, fitness, and/or readiness by July 22nd may result in removal from the team.

IMPORTANT DATES

April 1 st	Beginning of qualifying period
April 26th	Prep Squad Team activity day
May 8/9 th	Athletics Manitoba Spring Open (Winnipeg)
May/June	Prep Squad training camp (TBD)
May 29/30 th	Stride Ahead Tough Track Open Meet (Winnipeg)
June 4-6 th	MHSAA Championships (Winnipeg)
June 17th	Bison Grand Prix (5000m Trials) (Winnipeg)
June 26/27th	Age Class Provincials + Western Canada Summer Games Trials (Winnipeg)
	Also end of the qualification period
June 27 th	Final team selection
July 1 st	Deadline for team notification
July 2-5 th	National Junior and Senior Championships (Edmonton)
July 8 th	Bison Grand Prix (Winnipeg)
July 17-19th	Tri Province (Winnipeg) Mandatory Meet for all team members
August 6 th	Travel day to the Games
August 8-11th	Western Canada Summer Games (Wood Buffalo aka: Fort McMurray)
August 12 th	Return travel to Winnipeg

DECLARATION FORM

This form must be submitted to either Claude Berube (Claude.Berube@umanitoba.ca) or Alanna Boudreau (aboudy139@gmail.com) **no later than May 15, 2015**

Name _____

Date of Birth _____

Address _____

Home Number _____

Cell Number _____

E-mail _____

Event(s) _____

Personal Coach _____

Personal Coach _____

E-mail _____

Emergency Contact _____

Relation _____

Contact Number _____