



## 2015 SATT Open

Date: Friday, May 29 & Saturday, May 30, 2015

Sanction: Athletics Manitoba

Host : **Stride Ahead Tough Track**

Venue: University of Manitoba Outdoor Track

Timing: Omega Photo Timing System

Awards: 1<sup>st</sup>, 2nd, 3rd place medals



Entries: **1)** All participants must be a member of Athletics Manitoba, or Provincial Association recognized by Athletics Canada

### **2) Entry Fees**

\$10 .00 per individual event for the first event; \$7.00 for any subsequent individual event entered

\$15.00 for relays      \$25.00 for Decathlon or Heptathlon

**Late Fees: After May 26:** Late entries will be accepted at the discretion of the meet director

\$15.00 for individual event for first event; \$10.00 for any subsequent individual event entered

\$20.00 for relays      \$30.00 for Decathlon or Heptathlon

***PLEASE NOTE \* A minimum of three athletes in the Decathlon, Heptathlon and Steeplechase events are required in order for the events to take place***

**3)** Please make cheques payable to:

**Stride Ahead Tough Track**  
856 Lyon Street  
Winnipeg Manitoba R3T 0G7

### **4) Entry Deadline: Tuesday May 26, 2015 by 11:59pm**

Please ensure that your entries are in on time. It will allow us to get the schedule out as soon as possible.

**5)** Entries must be done online using Trackie.com. The link to the online registration will be posted on the Athletics Manitoba website : <http://athleticsmanitoba.com>

**6) NO** telephone or fax entries will be accepted

**7)** Seeded sections – Please submit **accurate seed performances**



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8) Package pickups will be at the University of Manitoba Track on competition day in the press box

9) Any questions please contact Andy Tough 204 452 1179 Email: toughtrack11@gmail.com

### 2015 SATT OPEN

<b>AGE CLASSES FOR 2015:</b>	PEE WEE:	BORN IN 2004 & LATER
	BANTAM:	BORN IN 2002 & 2003
	MIDGET:	BORN IN 2000 & 2001
	YOUTH:	BORN IN 1998 & 1999
	JUNIOR:	BORN IN 1996 & 1997
	SENIOR:	BORN IN 1995 & OLDER
	MASTERS:	BORN 1980 AND EARLIER

Hurdles:	<u>Hurdle Height</u>	<u>To 1<sup>st</sup> Hurdle</u>	<u>Between Hurdles</u>
Bantam Women	0.762m(30")	12.0m	7.5m
Midget Women	0.762m(30")	12.0m	8.0m
Youth Women	0.762m(30")	13.0m	8.5m
Jr. & Sr. Women	0.840m(33")	13.0m	8.5m
Bantam Men	0.762m(30")	12.0m	7.5m
Midget Men	0.840m(33")	13.0m	8.5m
Youth Men	0.914m(36")	13.72m	9.14m
Junior Men	0.991m(39")	13.72m	9.14m
Senior Men	1.067m(42")	13.72m	9.14m

**\*\*\*\*\*All Relay Team members must be from the Same Club or School\*\*\*\*\***

**\*\*\*NOTE: The Preliminary Schedule is a rough estimate of event times. It will change to a FINAL SCHEDULE based on the number of athletes that are entered per event.**

**The Final Schedule will be produced as soon as possible once all entries are received**

**All jumps and throw athletes are required to report to their event one half hour before the start of their events for warm up.**



# 2015 SATT Open

## TENTATIVE SCHEDULE

EVENTS MAY RUN UP TO 15 MINUTES AHEAD OF SCHEDULE

Friday, May 29, 2015

### TRACK

5:30 pm	<b>Event #1 - 100m</b> Decathlon Men
5:40 pm	<b>Event #1 - 100mh</b> Heptathlon Women
5:45 pm	80m Timed Finals (PeeWee & Bantam Men)
5:55 pm	80m Timed Finals (PeeWee & Bantam Women)
6:05 pm	100m Timed Finals (Special O, <b>Midget</b> Men) * <b>MHSAA Qualifying Event</b>
6:15 pm	100m Timed Finals (Special O, <b>Midget</b> Women) * <b>MHSAA Qualifying Event</b>
6:25 pm	100m Heats (Youth & older Men) * <b>MHSAA Qualifying Event</b>
6:45 pm	100m Heats (Youth & older Women) * <b>MHSAA Qualifying Event</b>
7:05 pm	1500m Timed Final (Youth & older Men) * <b>MHSAA Varsity Only Qualifying Event</b>
7:20 pm	1500m Timed Final (Youth & older Women) * <b>MHSAA Varsity Only Qualifying Event</b>
7:40 pm	<b>Event #4 - 200m</b> Heptathlon Women
7:50 pm	300m Timed Final (Bantam, Midget Men)
8:00 pm	300m Timed Final (Bantam, Midget Women)
8:15 pm	100m Finals (Youth & older Men)
8:25 pm	100m Finals (Youth & older Women)
8:35 pm	1200m Timed Finals (Bantam/Midget Men)
8:45 pm	1200m Timed Finals (Bantam/Midget Women)
9:00 pm	400m Timed Finals (Special O, Youth & older Women) * <b>MHSAA Varsity Only Qualifying Event</b>
9:20 pm	<b>Event #5 - 400m</b> Decathlon Men
9:25 pm	400m Timed Finals (Special O, Youth & older Men) * <b>MHSAA Varsity Only Qualifying Event</b>

### FIELD

5:30 pm	Shot Put (Pee Wee/Bantam Athletes/ Special Olympics Men & Women) <b>3 attempts</b>
6:00 pm	<b>Event #2 - Long Jump</b> Decathlon Men <b>3 attempts</b>
6:00 pm	<b>Event #2 - High Jump</b> Heptathlon Women
6:00 pm	Pole Vault (M)
6:00 pm	Discus (Midget Men & Older) * <b>MHSAA Qualifying Event</b>
6:30 pm	Shot Put (Midget & Older Women) * <b>MHSAA Qualifying Event</b>
7:00 pm	Triple Jump (Midget & Older Men) * <b>MHSAA Qualifying Event</b>
7:30 pm	Discus (Midget & older Women) * <b>MHSAA Qualifying Event</b>
7:30 pm	Pole Vault (W)
7:30 pm	<b>Event #3 - Shot Put</b> Decathlon Men <b>3 attempts</b>
7:30 pm	<b>Event #3 - Shot Put</b> Heptathlon Women <b>3 attempts</b>
8:15 pm	<b>Event #4 - High Jump</b> Decathlon Men
8:00 pm	Triple Jump (Midget & Older Women) * <b>MHSAA Qualifying Event</b>
8:30 pm	Shot Put (Midget & Older Men) * <b>MHSAA Qualifying Event</b>

Races will be seeded based on seed times, but results will be posted based on age classes.  
There will be an A & B final in the 100m and 200m races for the top 16 Youth & older athletes.



## 2015 SATT Open

Saturday, May 30, 2015

### TRACK

9:00 am	<b>Event #6 - 110m Hurdles</b> Decathlon
9:10 am	3000m Timed Final (Youth & older Men)
9:30 am	3000m Timed Final (Youth & older Women)
9:50 am	110mh Timed Final (Junior & older Men)
10:00 am	100mh Timed Final (Midget Men & MHSAA Men) <i>*MHSAA Qualifying Event</i>
10:15 am	100mh Timed Final (Youth & Older Women)
10:30 am	80mh Timed Final (Bantam Men, Bantam, Midget & MHSAA Women) <i>*MHSAA Qualifying Event</i>
10:45 am	200m Timed Final (Midget Men) <i>*MHSAA Qualifying Event</i>
11:05 am	200m Timed Final (Midget Women) <i>*MHSAA Qualifying Event</i>
11:25 am	200m Heats (Youth & older Men) <i>*MHSAA Qualifying Event</i>
11:45 am	200m Heats (Youth & older Women) <i>*MHSAA Qualifying Event</i>
12:00 pm	<b>Event #7 - 800m</b> Heptathlon Women
12:15 pm	600m Timed Finals (Pee Wee Men & Women)
12:30 pm	2000m Steeple
12:30 pm	3000m Steeple
1:00 pm	4x100m Relays (M) (W) <i>* MHSAA Qualifying Event</i>
1:30 pm	200mh Timed Final (M) (W)
1:40 pm	300mh Timed Final (M) (W)
1:50 pm	400mh Timed Final (M) (M)
2:00 pm	<b>Event # 10 - 1500m</b> Decathlon
2:15 pm	150m Timed Final (Pee Wee, Bantam Men)
2:30 pm	150m Timed Final (Pee Wee, Bantam Women)
2:45 pm	200m Finals (Youth & older Men) <i>*MHSAA Qualifying Event</i>
2:55 pm	200m Finals (Youth & older Women) <i>*MHSAA Qualifying Event</i>
3:05 pm	800m Timed Final (Bantam, Midget Men) <i>*MHSAA Qualifying Event</i>
3:15 pm	800m Timed Final (Youth & up Men) <i>* MHSAA Qualifying Event</i>
3:25 pm	800m Timed Final (Bantam, Midget Women) <i>*MHSAA Qualifying Event</i>
3:35 pm	800m Timed Final (Youth & up Women) <i>* MHSAA Qualifying Event</i>
3:45 pm	2000m Timed Final (Bantam, Midget Men)
4:00 pm	2000m Timed Final (Bantam, Midget Women)
4:15 pm	4x400m Relays (M) (W) <i>* MHSAA Qualifying Event</i>

### FIELD

9:00 am	<b>Event #5 - Long Jump</b> Heptathlon Women <b>3 attempts</b>
9:00 am	High Jump (Pee Wee/Bantam Men)
9:00 am	Javelin (All Men)
9:30 am	<b>Event #7 - Discus</b> Decathlon Men <b>3 attempts</b>
9:45 am	Long Jump (Special Olympics Men & Pee Wee & Bantam Men) <b>3 attempts</b>
10:00 am	High Jump (Pee Wee/Bantam Women)
10:30 am	<b>Event #6</b> Javelin Heptathlon Women & Midget & older Women
10:30 pm	Long Jump (Special O Women Pee Wee/Bantam Women) <b>3 attempts</b>
11:00 am	<b>Event #8 - Pole Vault</b> Decathlon Men
11:30 am	Long Jump (Midget & Older Women)
12:30 pm	<b>Event #9 - Javelin</b> Decathlon Men <b>3 attempts</b>
1:00 pm	Long Jump (Midget & Older Men) <i>*MHSAA Qualifying Event</i>
1:00 pm	High Jump (Midget & Older Women) <i>*MHSAA Qualifying Event</i>
1:30 pm	Hammer (M) (W)
2:15 pm	High Jump (Midget & Older Men) <i>*MHSAA Qualifying Event</i>