



TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY

145 Pacific Ave. Winnipeg, MB. R3B 2Z6 • Tel: 204-925-5745 • Fax: 204-925-5792
programs@athleticsmanitoba.com_ • exedirector@athleticsmanitoba.com

2015 Manitoba Hershey's Track and Field Provincial Championships Friday & Saturday, June 12th and 13th, 2015 Grant Park High School Winnipeg, MB

Hershey's Track and Field Games are about introducing children 9-14 (age as of December 31, 2015) to the fun of track and field! Whether athletes get to compete at the local or provincial level, the program is about helping ignite the passion of healthy living and competition in a fun atmosphere! It is easy to get involved, just register your school, zone or divisional track and field meet as a Hershey's Track and Field qualifying meet. Any athletes finishing first, second and third automatically advance to the Manitoba Hershey's Track and Field Championships on June 12th and 13th at Grant Park High School in Winnipeg. All those athletes who meet or exceed the provincial standards are also invited to the June championships.

The Hershey's Track and Field Manitoba Provincial Championships will be held Friday, June 12th (4:00-9:00 pm) and Saturday, June 13th (9:00am-4:00pm) at Grant Park High School outdoor track located at 450 Nathaniel Street in Winnipeg.

Events at the Manitoba Hershey Provincial Championships

Athletes born in 2005 or 2006: 60m, 150m, 600m, Standing Long Jump, Softball Throw, 4x100m relay

Athletes born in 2003 or 2004: 100m, 150m, 300m, 600m, Standing Long Jump, Softball Throw, 4x100m relay

Athletes born in 2001 or 2002: 100m, 150m, 300m, 1200m, Standing Long Jump, Softball Throw, 4x100m relay

All athletes advancing to the Hershey's Track and Field Manitoba Championship in June are required to fill out an online registration form available at www.athleticsmanitoba.com and all non-Athletic Manitoba individual members will need to pay \$5.00 for insurance at the meet. **There are no entry fees for the meet!**

Athletes may compete in two track events and one field event, or two field events and one track event plus a relay.

General Information

- Age categories are as of December 31, 2015.
- Check in will begin at 3:30 pm. Please note that there will be no parking allowed in the Grant Park High School parking lot until 5:00 pm and parking is limited in the adjacent Community Centre (tickets will be issued if parking within a loading area on this lot). There is ample parking across the street at the Grant Park Shopping Centre.
- Washrooms are available inside the Grant Park High School.
- **Results will be posted on site as they become available.**
- Top six finishers will be awarded ribbons. Heats will be run in the 60m, 100m and 150m. Top 6 times in the heats will advance to the finals. All other track events will be run as timed finals. Track events take priority over field – if an athlete is involved in both a track and field event at one time, they must register with the field event, run their track event, and immediately return to their field event. All athletes must be ready to marshal 30 minutes prior to track events and 15 minutes prior to field events.
- **Events can run ahead of schedule by up to 20 minutes** – please listen to ongoing announcements and arrive in sufficient time for events.

CHECK IN WILL BEGIN AT 3:30 PM - PLEASE NOTE THAT NO PARKING IN SCHOOL PARKING LOT UNTIL 5:00 PM!!



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2015 Hershey Qualifying Meet Registration

Register your regional, divisional and school meet to qualify for the Provincial Championships.

Region: _____ Date of Meet: _____

Location of Meet: _____

Name of Contact Person: _____

School or Organization in Charge: _____

Mailing Address: _____

Postal Code: _____ Telephone: _____

Email: _____ Fax: _____

Anticipated Participation: _____ Anticipated Volunteers: _____

Please list all schools participating in meet:

For further information please contact:

Chris Belof
Athletics Manitoba
(204) 925-5745
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Schedule

Please remember that we will make every effort to go with times posted but we may be ahead or behind by as much as 15 minutes. Please listen for ongoing announcements and arrive well in advance of posted time to ensure you don't miss your event.

Friday, June 12, 2015

Track Events

Marshaling will begin at 3:45 pm

4:00 pm	100m Heats	Girls 2001/2002
4:20 pm	100m Heats	Boys 2001/2002
4:40 pm	100m Heats	Girls 2003/2004
5:00 pm	100m Heats	Boys 2003/2004
5:20 pm	60m Heats	Girls 2005/2006
5:40 pm	60m Heats	Boys 2005/2006
6:00 pm	300m Timed Finals	Girls 2001/2002
6:15 pm	300m Timed Finals	Boys 2001/2002
6:30 pm	300m Timed Finals	Girls 2003/2004
6:45 pm	300m Timed Finals	Boys 2003/2004
7:00 pm	1200m Timed Finals	Girls 2001/2002
7:10 pm	1200m Timed Finals	Boys 2001/2002
7:20 pm	100m Finals	Girls 2001/2002
7:25 pm	100m Finals	Boys 2003/2004
7:30 pm	100m Finals	Girls 2001/2002
7:35 pm	100m Finals	Boys 2003/2004
7:40 pm	60m Finals	Girls 2005/2006
7:45 pm	60m Finals	Boys 2005/2006

Please remember that if you have a track and a field event scheduled you must check in at the field event, complete your track event and then return as soon as possible to the field event.

Field – Friday, June 12, 2015

Marshaling will begin at 3:45 pm

4:00 pm	Standing Long Jump	Boys 2005/2006
4:00 pm	Ball Throw	Girls 2005/2006
5:00 pm	Standing Long Jump	Girls 2005/2006
5:00 pm	Ball Throw	Boys 2005/2006
6:00 pm	Standing Long Jump	Girls 2003/2004
6:00 pm	Ball Throw	Boys 2003/2004
7:00 pm	Standing Long Jump	Boys 2003/2004
7:00 pm	Ball Throw	Girls 2003/2004



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Registration will begin at 8:45 am for those athletes who did not pick up athlete packages on Friday.

Track Events Saturday, June 13, 2015 - Marshaling will begin at 9:15 am

9:30 am	150 m Heats	Girls 2005/2006
9:45 am	150 m Heats	Boys 2005/2006
10:00 am	150 m Heats	Girls 2003/2004
10:15 am	150 m Heats	Boys 2003/2004
10:30 am	150 m Heats	Girls 2001/2002
10:45 am	150 m Heats	Boys 2001/2002
11:00 am	600m Timed Finals	Boys 2005/2006
11:10 am	600m Timed Finals	Girls 2005/2006
11:20 am	600m Timed Finals	Boys 2003/2004
11:30 am	600m Timed Finals	Girls 2003/2004

Field Events

Marshaling will begin at 9:10 am

9:30 am	Standing Long Jump	Girls 2001/2002
9:30 am	Ball Throw	Boys 2001/2002
10:30 am	Standing Long Jump	Boys 2001/2002
10:30 am	Ball Throw	Girls 2001/2002

Lunch break – Marshaling will begin at 12:15 pm

Track Events

12:30 pm	150m Finals	Girls 2005/2006
12:35 pm	150m Finals	Boys 2005/2006
12:40 pm	150m Finals	Girls 2003/2004
12:45 pm	150m Finals	Boys 2003/2004
12:50 pm	150m Finals	Girls 2001/2002
1:00 pm	150m Finals	Boys 2001/2002

All relays will be run as timed finals

1:10 pm	4x100m Relay	Girls 2005/2006
1:15 pm	4x100m Relay	Boys 2005/2006
1:20 pm	4x100m Relay	Girls 2003/2004
1:25pm	4x100m Relay	Boys 2003/2004
1:30 pm	4x100m Relay	Girls 2001/2002
1:35 pm	4x100m Relay	Boys 2001/2002

***Please remember that if you have a track and a field event scheduled you must check in at the field event,
Complete your track event and then return as soon as possible to the field event.***



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2015 Manitoba Hershey Provincial Championships Qualifying Standards

Events	9/10 Girls (2005/2006)	11/12 Girls (2003/2004)	13/14 Girls (2001/2002)
60 meters	10.15	N/A	N/A
100 meters	N/A	15.25	15.00
150 meters	24.32	23.79	23.35
200 meters	33.75	33.15	32.45
300 meters	58.19	57.93	55.47
400 meters	1:21.50	1:19.00	N/A
600 meters	2:16.44	2:12.15	2:10.15
800 meters	N/A	2:45.45	2:44.25
1200 meters	N/A	4:25.0	4:20.5
1500 meters	N/A	N/A	N/A
4x100 meters	1:05.00	1:04.00	1:03.00
Standing LJ	1.75 m	1.80 m	1.85 m
Softball Throw	33.0 m	35.0 m	36.0 m



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2015 Manitoba Hershey Provincial Championships Qualifying Standards

Events	9/10 Boys (2005/2006)	11/12 Boys (2003/2004)	13/14 Boys (2001/2002)
60 meters	9.50	N/A	N/A
100 meters	15.50	15.00	14.25
150 meters	24.24	23.35	22.03
200 meters	33.85	31.15	30.00
300 meters	58.40	52.80	50.47
400 meters	1:17.45	1:14.25	N/A
600 meters	2:09.50	2:04.03	2:02.1
800 meters	N/A	2:31.30	2:29.50
1200 meters	N/A	3:55.3	3:49.9
1500 meters	N/A	N/A	N/A
4x100 meters	1:02.50	1:01.25	59.00
Standing LJ	1.88 m	1.90 m	1.95 m
Softball Throw	38.0 m	40.0 m	42.0 m