



TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY

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Chris McCubbins Age Class Cross Country Provincials **Saturday, October 31st, 2015**

LOCATION: Kilcona Park / Harbourview Golf Club
HOSTED BY: The Bison Athletics Club

Tentative Schedule

Races can run up to 15 minutes ahead

10:00 am	Pee Wee Girls (2004 and later)	2km
10:20 am	Pee Wee Boys (2004 and later)	2km
10:40 am	Bantam Girls (2002-2003)	2km
11:00 am	Bantam Boys (2002-2003)	2km
11:20 am	Midget Girls (2000-2001)	3km
11:40 am	Midget Boys (2000-2001)	3km
12:10 pm	Youth Girls (1998-1999)	3km
12:30 pm	Youth Boys (1998-1999)	5km
12:50 pm	Junior Women (1996-1997)	5km
	Senior Women (1995 and earlier)	5km
	Masters Women (35 years of age & older on day)	5km
1: 20 pm	Junior Men (1996-1997)	7.5km
	Senior Men (1995 and earlier)	10km
	Masters Men (35 years of age & older on day)	7.5km

AWARDS

Top three individuals in each age group (male / female) will receive medals.

ENTRY INFORMATION

Team Entries: A team will consist of a minimum of 4 and a maximum of 6 athletes of one gender with the best 4 performances will count in the team score. Athletes must belong to the same club or school.

Entry Deadline: Entries must be received no later than **Monday, October 26th at NOON.**

All entries must be done online at Trackie.Reg

Team entry (per Age Group):	\$40.00	Late Entry Fee:	\$ 60.00
Individual Entry:	\$10.00	Late Entry Fee:	\$ 20.00

Cheques Payable to: **Bison Athletics Club**

Exact schedule will be posted / distributed following finalization of course routes and registration.
Please be sure to arrive in plenty of time to spare in case times change.

Changing and washroom facilities will be open for use at the Harbourview Club House. The restaurant will be open for purchasing refreshments. This meet is sanctioned by Athletics Manitoba.

Please email Claude Berube at (Claude.Berube@umanitoba.ca) for additional information