



## **TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY**

145 Pacific Ave. Winnipeg, MB. R3B 2Z6 • Tel: 204-925-5745 • Fax: 204-925-5792  
programs@athleticsmanitoba.com • execdirector@athleticsmanitoba.com

### **2015 Central Hershey's Track and Field Meet**

Thursday, May 21, 2015

Carman Collegiate

121 4 Ave SE

Carman, Manitoba

#### **TENTATIVE SCHEDULE**

- Age categories are as of December 31, 2015.
- Top five finishers will receive ribbons.
- All events are timed finals
- Track events take priority over field – if an athlete is involved in both a track and field event at one time, they must register with the field event, run their track event, and immediately return to their field event.
- All athletes must be ready to marshal 15 minutes prior to events.
- Events can run ahead of schedule – please listen to ongoing announcements and arrive in sufficient
- **Deadline for roster submission is Friday, May 15<sup>th</sup> at 9pm**

#### **Track Events**

9:30 am	60m	Grade 3 & 4 Girls
9:45 am	60m	Grade 3 & 4 Boys
10:00 am	300m	Grade 5 & 6 Girls
10:15 am	300m	Grade 3 & 4 Girls
10:30 am	300m	Grade 5 & 6 Boys
10:45am	300m	Grade 3 & 4 Boys
11:00 am	1200m	Grade 7 & 8 Girls
11:15 am	1200m	Grade 7 & 8 Boys
11:35 am	100m	Grade 5 & 6 Girls
11:50 pm	100m	Grade 7 & 8 Girls
12:00 pm	100m	Grade 5 & 6 Boys
12:15 pm	100m	Grade 7 & 8 Boys

#### **Lunch Break**

1:00 pm	600m	Grade 5 & 6 Girls
1:15 pm	600m	Grade 7 & 8 Girls
1:30 pm	600m	Grade 5 & 6 Boys
1:45 pm	600m	Grade 7 & 8 Boys
2:00 pm	150m	Grade 3 & 4 Girls
2:15 pm	150m	Grade 5 & 6 Girls
2:30 pm	150m	Grade 7 & 8 Girls
2:45 pm	150m	Grade 3 & 4 Boys
3:00 pm	150m	Grade 5 & 6 Boys
3:15 pm	150m	Grade 7 & 8 Boys
3:30 pm	4x100m relay	Grade 3 & 4 Girls
3:40 pm	4x100m relay	Grade 5 & 6 Girls
3:50 pm	4x100m relay	Grade 7 & 8 Girls
4:00 pm	4x100m relay	Grade 5 & 6 Boys
4:10 pm	4x100m relay	Grade 7 & 8 Boys



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#### **TENTATIVE SCHEDULE**

#### **Field Events**

**All athletes will have 3 jumps in Standing Long Jump and 3 throws in Ball throw.**

9:30 am	Standing Long Jump	Grade 7 & 8 Girls
9:30 am	Ball Throw	Grade 7 & 8 Boys
10:40 am	Standing Long Jump	Grade 5 & 6 Girls
10:40 am	Ball Throw	Grade 5 & 6 Boys
11:50 am	Standing Long Jump	Grade 3 & 4 Girls
11:50 am	Ball Throw	Grade 3 & 4 Boys

1:00 pm	Standing Long Jump	Grade 7 & 8 Boys
1:00 pm	Ball Throw	Grade 7 & 8 Girls
2:10 pm	Standing Long Jump	Grade 5 & 6 Boys
2:10 pm	Ball Throw	Grade 5 & 6 Girls
3:20 pm	Standing Long Jump	Grade 3 & 4 Boys
3:20 pm	Ball Throw	Grade 3 & 4 Girls

All schools must pre-register for this event on the required Excel registration form, which can be downloaded from the Athletics Manitoba website on the Carman Central Hershey Qualifier page.

<http://athleticsmanitoba.com/event/carman-central-hershey-qualifier-meet/>

**Cost is \$5 per athlete and payable at the meet (cheques payable to Athletics Manitoba).**

**Rosters must be submitted no later than Friday, May 15<sup>th</sup> at 9:00 pm**

All school athlete entry tags/stickers will be available for pick up at the meet.