

# TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY

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## Athletics Manitoba Winter Open Friday, January 16<sup>th</sup>, 2015

6:00 pm Max Bell Fieldhouse, University of Manitoba

## **Final Schedule**

\*Track Events will be run from Fastest to Slowest heats\*

\*\*\*Events can run up to 15mins ahead of schedule\*\*\*\*

### Track

6:00 pm	60m	Men <b>(27) (4 sections)</b>
6:30 pm	60m	Women (48) (6 sections)
7:00 pm	1200m	Midget & Under Men (3) (1 section)
7:10 pm	1200m	Midget & Under Women (4) (1 section)
7:20 pm	300m	Bantam & up Men (25) (5 sections)
7:40 pm	300m	Bantam & up Women (30) (5 sections)
8:00 pm	1500m	Youth & up Men (15) (1 section)
8:10 pm	1500m	Youth & up Women (11) (1 section)
8:25 pm	4x800m	University Men & Women (3) (2) (2 sections)

### Field

6:00 pm	Pole Vault	Midget & up Women (3) (1 flight)
6:00 pm	Long Jump	Pee Wee/Bantam Men & Women (1) (10) (1 flight)
6:30 pm	Triple Jump	Midget & up Men (3) (1 flight)
7:00 pm	Pole Vault	Midget & up Men (6) (1 flight)
7:00 pm	Triple Jump	Midget & up Women (6) (1 flight)
7:00 pm	Weight Throw	Youth & up Men (9) (1 flight)
8:00 pm	Weight Throw	Youth & up Women (7) (1 flight)





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## Athletics Manitoba Winter Open Saturday, January 17<sup>th</sup>, 2015

9:00 am Max Bell Fieldhouse, University of Manitoba

## **Final Schedule**

### \*Track Events will be run from Fastest to Slowest heats\*

\*\*\*Events can run up to 15mins ahead of schedule\*\*\*\*

### Track

9:00 am	60mh	Men (Including Pentathlon) (6) (1 section)
9:15 am	60mh	Women (Including Pentathlon) (6) (2) (1 section)
9:30 am	2000m	Midget Women (3) (1 section)
9:40 am	3000m	Youth & Up Men (3) (1 section)
9:55 am	3000m	Youth & Up Women (6) (1 section)
10:20 am	150m	Pee Wee/Bantam Men (5) (1 section)
10:40 am	150m	Pee Wee/Bantam Women (11) (2 sections)
11:00 am	600m	Open Men (20) (4 sections)
11:30 pm	600m	Open Women (24) (5 sections)
12:00 pm	4x200m	Midget & Up Men & Women (1) (1) (1 section)
1:15 pm/TBA**	800m/1000m	Pentathlon Men & Women (6) (2) (2 sections)

\*\*30mins after completion of previous event\*\*

### Field

9:00 am	Standing Long Jump	Pee Wee/Bantam Men & Women (outside pit) (2) (6) (1 flight)
9:30 am	High Jump	Bantam & up Women (includes Pentathlon) (5) (2) (1 flight)
9:30 am	Long Jump	Pentathlon Men (6) (1 flight)
10:30 am	Long Jump	Midget Women (7) (1 flight)
10:30 am	Shot Put	Open Men (includes Pentathlon) (15) (6) (1 flight)
11:15 am	Long Jump	Midget & up Men (7) (1 flight)
11:30 am	High Jump	Bantam & up Men (includes Pentathlon) (8) (6) (1 flight)
11:45 am	Shot Put	Women (includes Pentathlon) (11) (2) (1 flight)
12:00 pm	Long Jump	Youth & up Women (includes Pentathlon) (13) (2) (1 flight)

