



TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY

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Athletics Manitoba Spring Open Final Schedule Friday, May 8th, 2015

<u>Track</u>		
5:30 pm	1500m Steeple 2000m Steeple 3000m Steeple	Midget Men (1) Youth & Junior Women (1) (1) Senior Men (1)
6:15 pm	110mh 100mh 80mh	Men (1) Men/Women (3) (3) Men/Women (0) (5)
6:30 pm	150m 150m	Pee Wee & Bantam Men (5) Pee Wee & Bantam Women (15)
6:45 pm 7:10 pm	200m 200m	Midget & up Men (31) Midget & up Women (36)
7:35 pm	600m	Pee Wee Men & Women (1) (5)
7:40 pm	800m 800m	Youth & up Men (8) (4) (4) Bantam, Midget & Special O Men (1) (6) (2)
7:50 pm	800m 800m	Youth & Up Women (12) (8) (4) Bantam & Midget Women (5) (8)
8:00 pm	4x400m	Youth (1) Junior (1) Men
<u>Field</u>		
5:30 pm	Standing Long Jump	Pee Wee/Bantam Men & Women (2) (5)
5:30 pm	Javelin	Men & Women (8) (5)
6:00 pm 7:00 pm	Pole Vault Pole Vault	Women (5) Men (4)
6:00 pm	Long Jump	Midget Women (12) (separate pits)
6:00 pm	Long Jump	Youth & Up Women (9) (1) (separate pits)
7:15 pm	Long Jump	Bantam Men (10) Special O Men & Women (3) (1)
8:15 pm	Long Jump	Midget & Up Men (7) (4) (3) (2) (possibly separate pits if needed)
7:00 pm	Discus	Women (8)
7:45 pm	Discus	Men (9)



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Athletics Manitoba Spring Open Final Schedule May 9th, 2015

<u>Track</u>		
9:00 am	3000m 3000m	Youth & up Women (1) Youth & up Men (2)
9:15 am	2000m	Midget Women & Men (3) (1)
9:45 am	400m	Youth & up Men (8) (5) (2) (2)
10:00 am	400m	Youth & up Women (12)(2) (5) (2)
10:15 am	80m	Pee Wee & Bantam Men (2) (5)
10:20 am	80m	Pee Wee & Bantam Women (4) (10)
10:30 am	100m	Midget & up Men (13) (12) (2) (3)
10:45 am	100m	Midget & up Women (21) (9) (2) (3) (1)
11:05 am	200mh	Midget Men (1)
11:15 am	300mh	Youth Men (1) Women (1)
11:30 am	1200m	Bantam/Midget Men (5)
11:40 am	1200m	Bantam/Midget Women (6)
11:50 pm	300m	Bantam & Midget Men (3) (8)
12:00 pm	300m	Bantam & Midget Women (7) (7)
12:10 pm	1500m	Youth & up Men (4) (3) (4) (2)
12:20 pm	1500m	Youth & up (3) (3) (3)
12:30 pm	4x100m	Men (3)
12:35 pm	4x100m	Women (2)
<u>Field</u>		
9:00 am	Long Jump	Pee Wee Men & Women (2) (3)
9:00 am	Shot Put	Special O Men & Women (4) (3) 3 attempts
9:30 am	Triple Jump	Midget & up Women (1) (3) (3) (1)
9:30 am	High Jump	Midget & up Men (4) (2) (2) (1)
9:45 am	Shot Put	Pee Wee/Bantam Men (1) & Women (7) 3 attempts
10:30 am	Shot Put	Midget & up Women (4) (7) (1) (4)
10:30 am	Triple Jump	Midget & up Men (2) (3) (1) (2)
11:00 am	High Jump	Pee Wee & Bantam Women & Men (7)
11:45 am	Shot Put	Midget & up Men (1) (1) (3) (1)
12:15 pm	High Jump	Midget & up Women (3) (2) (2)
12:45 pm	Hammer	Youth & up Men (1) (2) (2) Women (2) (3)