



TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY

•145 PACIFIC AVE. WINNIPEG, MB. R3B 2Z6 •TEL: 204-925-5745 •FAX: 204-925-5792 •CHRIS.BELOF@SHAW.CA •www.AthleticsManitoba.com

2015 Athletics Manitoba Age Class Championship/WCSG Trials

Date: Friday, June 26 & Saturday, June 27, 2015
Sanction: Athletics Manitoba
Venue: University of Manitoba Outdoor Track
Timing: Omega Photo Timing System

Entries:

- All participants must be members of Athletics Manitoba to participate and be recognized for medals; those who are members of another provincial association must indicate their membership number and will receive ribbons if they place in the top three
- Entries must be done online using Trackiereg.ca or by using Hy-Tek
- The link to the online registration and the Hy-Tek Meet Event File are posted on the Athletics Manitoba website Event Page
- Athletes wishing to be considered for the WCSG Team, must indicate at registration their interest
- A WCSG only final will be run in the 100m and 200m if entry numbers warrant
- All track events **must indicate a seed time to ensure fair seeded sections**
- Entries must be submitted no later than midnight June 22nd to avoid late charges
- Entry fees: \$10.00 for first individual event and \$7.00 for each subsequent individual event
\$10.00 for relays
\$25.00 for Multiple Events (Pentathlon, Decathlon or Heptathlon)

** Multiple event will only be held if there are three or more athletes competing in age appropriate category**
Late fees will be assessed as of June 23rd, 2015 with \$5 surcharge added to fees indicated above.

AGE CLASSES FOR 2014:	PEE WEE:	BORN IN 2004 & LATER
	BANTAM:	BORN IN 2002 & 2003
	MIDGET:	BORN IN 2000 & 2001
	YOUTH:	BORN IN 1998 & 1999
	JUNIOR:	BORN IN 1996 & 1995
	SENIOR:	BORN IN 1994 & OLDER
	MASTERS:	BORN 1979 AND EARLIER

Hurdles:	<u>Hurdle Height</u>	<u>To 1st Hurdle</u>	<u>Between Hurdles</u>
Bantam Women	0.762m (30")	12.0m	7.5m
Midget Women	0.762m (30")	12.0m	8.0m
Youth Women	0.762m (30")	13.0m	8.5m
Jr & Sr Women	0.840m (33")	13.0m	8.5m
Bantam Men	0.762m (30")	12.0m	7.5m
Midget Men	0.840m (33")	13.0m	8.5m
Youth Men	0.914m (36")	13.72m	9.14m
Junior Men	0.991m (39")	13.72m	9.14m
Senior Men	1.067m (42")	13.72m	9.14m



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2015 Provincial Age Class Championships/ WCG Trials Tentative Schedule

Friday, June 26, 2015

TRACK

5:30 pm	Event #1 100m Decathlon Men
5:40 pm	Event #1 100mh Heptathlon Women
5:55 pm	100m Timed Finals (Midget Men)
6:05 pm	100m Timed Finals (Midget Women)
6:15 pm	100m Heats (Youth & older Men, WCG Men)
6:35 pm	100m Heats (Youth & older Women, WCG Women)
7:00 pm	80m Timed Final Pee Wee/Bantam Men
7:10 pm	80m Timed Final Pee Wee/Bantam Women
7:25 pm	1500m Timed Final (Youth & older, WCG Men)
7:40 pm	1500m Timed Final (Youth & older, WCG Women)
7:50 pm	300m Timed Final (Bantam/Midget Men)
8:00 pm	300m Timed Final (Bantam/Midget Women)
8:15 pm	Event #4 200m Heptathlon Women
8:25 pm	100m Finals (Youth & older Men)
8:35 pm	100m Finals (Youth & older Women)
8:40 pm	100m Finals (WCG Men)
8:45 pm	100m Finals (WCG Women)
8:50 pm	1200m Timed Finals (Bantam/Midget Men)
9:00 pm	1200m Timed Finals (Bantam/Midget Women)
9:15 pm	400m Timed Finals (Youth & older Men)
9:20 pm	400m Timed Finals (Youth & Older Women)
9:25 pm	400m Timed Finals (WCG Men)
9:30 pm	400m Timed Finals (WCG Women)
9:40 pm	Event #5 400m Decathlon Men

- 100m Heats for Youth and older will become Timed Finals if entry numbers are under 8
- WCSG athletes will advance to a separate 100m Final

FIELD

5:30 pm	Shot Put (Pee Wee/Bantam Men & Women) 3 attempts
6:00 pm	Event #2 Long Jump Decathlon Men 3 attempts
6:00 pm	Event #2 High Jump Heptathlon Women
6:00 pm	Pole Vault (M) includes WCG
6:00 pm	Discus (Midget Men & Older) includes WCG
6:30 pm	Shot Put (Midget & Older Women) includes WCG
6:30 pm	Standing Long Jump (Pee Wee/Bantam Men & Women) 3 attempts
7:00 pm	Triple Jump (Midget & Older Men) includes WCG
7:30 pm	Pole Vault (W) includes WCG
7:30 pm	Event #3 Shot Put Decathlon Men 3 attempts
7:30 pm	Event #3 Shot Put Heptathlon Women 3 attempts
8:15 pm	Event #4 High Jump Decathlon Men
8:00 pm	Discus (Midget & older Women) includes WCG
8:30 pm	Triple Jump (Midget & Older Women) includes WCG
8:30 pm	Shot Put (Midget & Older Men) includes WCG



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Saturday, June 27, 2015

TRACK

9:10 am	Event #1 80mh Pentathlon Women (Midget)
9:20 am	Event #1 100mh Pentathlon Men (Midget)
9:30 am	Event #6 110mh Decathlon
9:30 am	110mh Timed Final (Junior & older Men includes WCG)
9 40 am	100mh Timed Final (Midget Men)
9:45 am	100mh Timed Final (Youth & Older Women includes WCG)
9:50 am	80mh Timed Final (Bantam Men, Bantam, Midget Women)
10:00 am	2000m Timed Final (Midget Men)
10:10 am	2000m Timed Final (Midget Women)
10:20 am	3000m Timed Final (Youth & older Men includes WCG)
10:35 am	3000m Timed Final (Youth & older Women includes WCG)
10:50 am	200m Timed Final (Midget Men)
11:00 am	200m Timed Final (Midget Women)
11:10 am	200m Heats (Youth & older Men includes WCG)
11:35 am	200m Heats (Youth & older Women includes WCG)
12:00 pm	Event #7 800m Heptathlon Women
12:10 pm	600m Timed Finals (Pee Wee Men & Women)
12:20 pm	1500m Steeplechase Midget Men & Women
12:30 pm	2000m Steeplechase Youth Men & Youth & Junior Women
12:40 pm	3000m Steeplechase Junior & older Men & Senior Women (includes WCSG)
1:00 pm	4x100m Relays (M) (W)
1:30 pm	200mh Timed Final (M) (W)
1:40 pm	300mh Timed Final (M) (W)
1:50 pm	400mh Timed Final (M) (includes WCG)
2:00 pm	Event #5 800m Pentathlon Midget Women
2:10 pm	Event #5 1000m Pentathlon Midget Men
2:15 pm	Event # 10 1500m Decathlon
2:25 pm	150m Timed Final (Pee Wee, Bantam Men)
2:35 pm	150m Timed Final (Pee Wee, Bantam Women)
2:40pm	200m Final – WCG Men
2:45pm	200m Final – WCG Women
2:50 pm	200m Finals (Youth & older Men)
2:55 pm	200m Finals (Youth & older Women)
3:05 pm	800m Timed Final (Bantam, Midget Men)
3:15 pm	800m Timed Final (Youth & up Men includes WCG)
3:25 pm	800m Timed Final (Bantam, Midget Women)
3:35 pm	800m Timed Final (Youth & up Women, includes WCG)
3:55 pm	4x400m Relays (M) (W)

Lunch Break will be inserted once final entry numbers are in.

- 200m Heats for Youth and older will become Timed Finals if entry numbers are under 8
- WCSG athletes will advance to a separate 200m Final



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Tentative Schedule

Saturday, June 27, 2015

FIELD

9:00 am	Ball Throw (Pee Wee/Bantam Men & Women) 3 attempts
9:30 am	Event #2 High Jump – Midget Women Pentathlon
9:30 am	Event #5 Long Jump Heptathlon Women 3 attempts
	Event# 2 Long Jump Pentathlon Men 3 attempts
10:00 am	Event #7 Discus Decathlon Men 3 attempts
10:15 am	High Jump (Pee Wee/Bantam Women)
10:15 am	Long Jump (Pee Wee & Bantam Men) 3 attempts
10:30 am	Event #6 Javelin Heptathlon Women & Midget & Older Women (includes WCG Women)
10:45 am	Event #3 Shot Put Pentathlon Women 3 attempts
	Event #3 Shot Put Pentathlon Men 3 attempts
11:00 am	High Jump (Pee Wee & Bantam Men)
11:00 am	Event #8 Pole Vault Decathlon Men
11:15 am	Long Jump (Pee Wee/Bantam Women) 3 attempts
12:00 pm	Event #4 High Jump Pentathlon Men
12:15 pm	Event #4 Long Jump Pentathlon Women 3 attempts
12:15 pm	Long Jump (Midget & Older Women includes WCG Women)
12:30 pm	Event #9 Javelin Decathlon Men 3 attempts & Javelin Midget & Older Men (includes WCG)
1:00 pm	High Jump (Midget & Older Women includes WCG)
1:00 pm	Long Jump (Midget & Older Men includes WCG)
1:30 pm	Hammer (M) (W) includes WCG
2:15 pm	High Jump (Midget & Older Men includes WCG)