



TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY

•145 PACIFIC AVE. WINNIPEG, MB. R3B 2Z6 •TEL: 204-925-5745 •FAX: 204-925-5792 •CHRIS.BELOF@SHAW.CA •www.AthleticsManitoba.com

Athletics Manitoba Spring Open Final Schedule

Friday, May 9th, 2014

Track

5:30 pm	2000m Steeple	Open Women (4)
5:40 pm	2000m Steeple	Youth Men (1)
6:00 pm	110mh	Men (1)
6:05 pm	100mh	Men (1)
6:10 pm	100mh	Women (3)
6:15 pm	80mh	Women (2)
6:20 pm	150m	Pee Wee/Bantam Men (7)
6:25 pm	150m	Pee Wee/Bantam Women (20)
6:35 pm	200m	Midget + Older Men (24)
6:50 pm	200m	Midget + Older Women (32)
7:00 pm	600m	Pee Wee Women (2)
7:10 pm	800m	Open Men (20)
7:20 pm	800m	Open Women (25)
7:30 pm	4x400m	Open Women (1)

Field

5:30 pm	Standing Long Jump	Pee Wee/Bantam Men and Women (2) (6)
6:00 pm	Javelin	Men & Women (10) (1)
6:00 pm	Pole Vault	Men (2)
6:00 pm	Long Jump	Open Women (18)
7:30 pm	Long Jump	Bantam Men and Women (13) (10)
8:15 pm	Long Jump	Open Men (10)
7:15 pm	Discus	Women (5)
8:00 pm	Discus	Men (8)



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Athletics Manitoba Spring Open Final Schedule May 10th, 2014

Track		
9:30 am	3000m	Youth & Older Women (2)
9:45 am	3000m	Youth & Older Men (3)
10:00 am	2000m	Midget Men (1)
10:15 am	400m	Youth/Junior/Senior Men (18)
10:30 am	400m	Youth/Junior/Senior Women (13)
10:45 am	80m	Pee Wee/Bantam Men (10)
10:55 am	80m	Pee Wee/Bantam Women (16)
11:05 am	100m	Midget/Youth/Junior/Senior Men (23)
11:20 am	100m	Midget/Youth/Junior/Senior Women (24)
11:45 am	200mh	Midget Men/Women (1) (2)
11:50 am	300mh	Youth Men (1)
12:00 pm	1200m	Bantam/Midget Men (4)
12:10 pm	1200m	Bantam/Midget Women (2)
12:20 pm	300m	Pee Wee/Bantam/Midget Men (12)
12:30 pm	300m	Pee Wee/Bantam/Midget Women (14)
12:45 pm	1500m	Youth/Junior/Senior Men (9)
12:55 pm	1500m	Youth/Junior/Senior Women (3)
1:10 pm	4x100m	Men (3)
1:20 pm	4x100m	Women (4)
Field		
9:30 am	Long Jump	Pee Wee Men & Women (3) (6)
9:30 am	Shot Put	Pee Wee/Bantam Men& Women 3 attempts (4) (7)
10:00 am	Shot Put	Midget/Youth/Junior/Senior Men (14)
11:00 am	Shot Put	Midget/ Youth/Junior/Senior Women (11)
10:15 am	Triple Jump	Midget/Youth/Junior/Senior Women (5)
10:45 am	Triple Jump	Midget/Youth/Junior/Senior Men (2)
11:00 am	High Jump	Midget/Youth/Junior/Senior Men (7)
12:30 pm	High Jump	Pee Wee & Bantam Women, Bantam Men (3)(2)(1)
1:15 pm	High Jump	Midget/Youth/Junior/Senior Women (4)
1:00 pm	Hammer	Midget/Youth/Junior/Senior Men & Women (7) (6)