



TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY

• 145 PACIFIC AVE. WINNIPEG, MB. R3B 2Z6 • TEL: 204-925-5745 • FAX: 204-925-5792 • CHRIS.BELOF@SHAW.CA • www.AthleticsManitoba.com

2014 Provincial Age Class Championships Final Schedule - Friday

Friday, July 4, 2014

TRACK

5:30 pm	Event #1 100m Decathlon Men (2)
5:30 pm	Event #1 100m Octathlon Men (1)
5:55 pm	100m Timed Finals (Midget Men) (9)
6:05 pm	100m Timed Finals (Midget Women) (13)
6:15 pm	100m Heats (Youth & older Men) (10)
6:35 pm	100m Heats (Youth & older Women) (7)
7:00 pm	80m Timed Final Pee Wee/Bantam Men (4) (7)
7:10 pm	80m Timed Final Pee Wee/Bantam Women (11) (12)
7:25 pm	1500m Timed Final (Youth & older Men) (9) (9)
7:45 pm	1500m Timed Final (Youth & older Women) (7)(4)
8:00 pm	300m Timed Final (Bantam/Midget Men) (5) (9)
8:10 pm	300m Timed Final (Bantam/Midget Women) (5) (6)
8:25 pm	100m Finals (Youth & older Men) (8)
8:35 pm	100m Finals (Youth & older Women) (8)
8:45 pm	1200m Timed Finals (Bantam/Midget Men) (3) (5)
8:55 pm	1200m Timed Finals (Bantam/Midget Women) (1) (3)
9:00 pm	Event #4 400m Octathlon Men (1)
9:05 pm	400m Timed Finals (Youth & older Men) (10) (1) (2)
9:15 pm	400m Timed Finals (Youth & older Women) (12) (5) (2)
9:25 pm	Event #5 400m Decathlon Men (2)

- 100m Heats for Youth and older will become Timed Finals if entry numbers are under 8

FIELD

5:30 pm	Shot Put (Pee Wee/Bantam Men & Women) 3 attempts (4) (4) (3)
6:00 pm	Event #2 Long Jump Decathlon Men 3 attempts (2)
6:00 pm	Event #2 Long Jump Octathlon Men 3 attempts (1)
6:00 pm	Pole Vault (M) (1)
6:00 pm	Discus (Midget Men & Older) (2) (6) (2) (3)
6:30 pm	Shot Put (Midget & Older Women) (7) (3) (2)
6:30 pm	Standing Long Jump (Pee Wee/Bantam Men & Women) 3 attempts (8) (4) (4) (4)
7:15 pm	Triple Jump (Midget & Older Men) (3) (4) (1) (3)
7:30 pm	Discus (Midget & older Women) (5) (4) (4)
7:30 pm	Pole Vault (W) (1)
7:30 pm	Event #3 Shot Put Decathlon Men 3 attempts (2)
7:30 pm	Event #3 Shot Put Octathlon Men 3 attempts (1)
8:00 pm	Triple Jump (Midget & Older Women) (4) (7) (1) (1)
8:00 pm	Shot Put (Midget & Older Men) (4) (3) (4)
8:15 pm	Event #4 High Jump Decathlon Men (2)



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2014 Provincial Age Class Championships Final Schedule- Saturday

Saturday, July 5, 2014

TRACK

9:30 am **Event #6** 110mh Decathlon (2)
9:30 am **Event #5** 110m Hurdles Octathlon Men (1)
9:30 am 110mh Timed Final (Youth & older Men) (4) (1) (1)
9:40 am 100mh Timed Final (Midget Men) (1)
9:45 am 100mh Timed Final (Youth & Older Women) (3) (2)
9:50 am 80mh Timed Final (Bantam Men, Bantam Women, Midget Women) (6)
10:00 am 3000m Timed Final Open (8)
10:15 am 3000m Timed Final Open (6)
10:30 am 200m Timed Final (Midget Men) (12)
10:45 am 200m Timed Final (Midget Women) (9)
11:00 am 200m Heats (Youth & older Men) (11) (1) (3)
11:15 am 200m Heats (Youth & older Women) (10) (2) (2)
11:30 am **Event #8** 1000m Octathlon Men (1)
11:40 am 600m Timed Finals (Pee Wee Men & Women) (3) (3)
11:45 am Lunch Break
12:30 pm 1500m Steeple (Midget Men) (1)
12:40 pm 2000m Steeple (Youth Men) (1)
12:50 pm 2000m Steeple (Youth Women) (3)
1:00 pm 4x100m Relays (M) (W) (5) (3)
1:20 pm 200mh Midget Timed Final (M) (W) (1) (4)
1:30 pm 300mh Youth Timed Final (M) (W) (3) (3)
1:35 pm 400mh Junior/Senior Timed Final (M) (W) (1)
1:45 pm **Event #10** 1500m Decathlon (2)
1:55 pm 150m Timed Final (Pee Wee, Bantam Men) (2) (6)
2:05 pm 150m Timed Final (Pee Wee, Bantam Women) (10) (8)
2:10 pm 200m Finals (Youth & older Men) (8)
2:15 pm 200m Finals (Youth & older Women) (8)
2:25 pm 800m Timed Final (Bantam, Midget Men) (4) (7)
2:30 pm 800m Timed Final (Youth & up Men) (13) (1) (13)
2:40 pm 800m Timed Final (Bantam, Midget Women) (6) (2)
2:45 pm 800m Timed Final (Youth & up Women) (12) (4) (5)
2:55 pm 2000m Timed Final (Midget Men) (3)
3:05 pm 2000m Timed Final (Midget Women) (1)
3:15 pm 4x400m Relays (M) (W) (2) (2)

FIELD

9:00 am Javelin Midget & Older Men (3) (3) (2) (1)
9:15 am **Event #6** High Jump Octathlon (1)
9:30 am **Event #7** Discus Decathlon Men 3 attempts (2)
9:45 am High Jump (Pee Wee/Bantam Women) (4) (4)
10:15 am Long Jump (Pee Wee & Bantam Men) 3 attempts (3) (5)
10:30 am **Event #7** Javelin Octathlon Men (1)
11:00 am High Jump (Pee Wee & Bantam Men) (2)
11:00 am **Event #8** Pole Vault Decathlon Men (2)
11:15 am Javelin Midget & Older Women (4) (2) (1)
11:15 am Long Jump (Pee Wee/Bantam Women) 3 attempts (9) (10)
11:30 am Ball Throw (Pee Wee/Bantam Men & Women) 3 attempts (3) (2)
12:15 pm Long Jump (Midget & Older Women) (5) (9) (3) (2)
12:30 pm **Event #9** Javelin Decathlon Men 3 attempts (1)
12:30 pm High Jump (Midget & Older Women) (3) (2)
1:00 pm Long Jump (Midget & Older Men) (5) (6) (1) (2)
1:00 pm Hammer (M) (W) (2)



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1:00 pm

High Jump (Midget & Older Men) (3) (5) (2) (2)

2014 Athletics Manitoba Age Class Championship

Date: Friday, July 4 & Saturday, July 5, 2014

Sanction: Athletics Manitoba

Venue: University of Manitoba Outdoor Track

Timing: Omega Photo Timing System

Entries:

- All participants must be members of Athletics Manitoba to participate and be recognized for medals; those who are members of another provincial association must indicate their membership number and will receive ribbons if they place in the top three
- Entries must be done online using Trackiereg.ca or by using Hy-Tek
- The link to the online registration and the Hy-Tek Meet Event File are posted on the Athletics Manitoba website Event Page
- All track events **must indicate a seed time to ensure fair seeded sections**
- Entries must be submitted no later than July 1 (midnight) to avoid late charges
- Entry fees: \$10.00 for first individual event and \$5.00 for each subsequent individual event
\$10.00 for relays
\$25.00 for Multiple Events (Octathlon, Pentathlon, Decathlon or Heptathlon) * *Multiple event will only be held if there are three or more athletes competing in age appropriate category**
Late fees will be assessed as of July 2 with \$5 surcharge to fees indicated above.

AGE CLASSES FOR 2014:	PEE WEE:	BORN IN 2003 & LATER
	BANTAM:	BORN IN 2001 & 2002
	MIDGET:	BORN IN 1999 & 2000
	YOUTH:	BORN IN 1997 & 1998
	JUNIOR:	BORN IN 1995 & 1996
	SENIOR:	BORN IN 1994 & OLDER
	MASTERS:	BORN 1978 AND EARLIER

Hurdles:	<u>Hurdle Height</u>	<u>To 1st Hurdle</u>	<u>Between Hurdles</u>
Bantam Women	0.762m(30")	12.0m	7.5m
Midget Women	0.762m(30")	12.0m	8.0m
Youth Women	0.762m(30")	13.0m	8.5m
Jr. & Sr. Women	0.840m(33")	13.0m	8.5m
Bantam Men	0.762m(30")	12.0m	7.5m
Midget Men	0.840m(33")	13.0m	8.5m
Youth Men	0.914m(36")	13.72m	9.14m
Junior Men	0.991m(39")	13.72m	9.14m
Senior Men	1.067m(42")	13.72m	9.14m