

## **Sport Psychology Study on Track Team Dynamics**

Blair Evans, a PhD student at Wilfrid Laurier University is conducting a study involving Track athletes' preferences and experiences with team settings. His PhD research is focusing on group dynamics (cohesion, shared goals, etc.) in individual sport teams and club settings.

Blair's current study is being completed by Track athletes from all running events on University and Club teams from across Canada and you are invited to participate. The study is an online study (e.g., online questionnaire) and asks questions about the ways you view yourself and your feelings about possible team environments.

To participate, you must be 17 years of age or older and you must have participated in a track running event within the past year. Your participation is entirely voluntary, and individuals who participate in the study will be asked whether they would like to be entered into a draw for 1 of 30 five dollar gift certificates for Tim Hortons. Odds of winning are 1 in 5.

If you are interested in Blair's study, please click on the link below to learn more about it and (if you would like to participate) to complete the questionnaire itself. If you have any questions or concerns, feel free to e-mail Blair at [evan5210@mylaurier.ca](mailto:evan5210@mylaurier.ca).

To access the study webpage, click this link:

[https://qtrial.qualtrics.com/SE/?SID=SV\\_8FVEBvMrruqPT2R](https://qtrial.qualtrics.com/SE/?SID=SV_8FVEBvMrruqPT2R)

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