



2013 ATHLETICS MANITOBA YOUTH TEAM PROGRAM SELECTION CRITERIA & STANDARDS

Overview

The Athletics Manitoba Youth team program is comprised of athletes born in 1996 & 1997 who have been identified as meeting or exceeding the outlined standards. The goal of the program is to expose developmental athletes to a provincial team concept and inter-provincial competition. The 2013 Youth provincial team will be travelling to Calgary, Alberta, July 25-28 (arriving home early morning of the July 29) for the Western Canada Midget/Youth Championships.

- Maximum Team Size: 50
- Provincial Team Fee: \$300.00
- Maximum Coaches: 6

General Information

Athletes wishing to be considered for selection to the Athletics Manitoba Youth Team Program must be individual members of Athletics Manitoba (\$50.00) and have met their respective event standards. Athletics Manitoba will arrange all travel, accommodation and entry details. **Athletes will be responsible for their own meal costs.** All team members will receive a Team Manitoba singlet which must be worn during the inter-provincial meet. Due to limitations in team size, achieving the selection standard does not guarantee selection.

EVENT	WOMEN	MEN
100m	13.9	11.8
200m	28.5	24.5
400m	1:02.00	56.0
800m	2:25.00	2:08.00
1500m	5:10.00	4:25.00
3000m	11:30.00	10:00.00
100mh/110mh	16.50	18.00
Long Jump	4.50m	5.40m
High Jump	1.45m	1.65m
Triple Jump	9.40m	12.20m
Pole Vault	2.50m	3.40m
Shot Put	9.50m	13.0m
Discus	23.0m	35.0m
Javelin	18.0m	35.0m
Hammer	18.0m	28.0m



TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY

145 Pacific Ave. • Winnipeg, MB R3B 2Z6 • Tel: 204-925-5745 • Fax: 204-925-5792 • athleticsmb@shaw.ca • www.athleticsmanitoba.com

2013 Youth Provincial Team Application

PLEASE PRINT IN INK

Last Name: _____ First Name: _____ Birthdate (D/M/Y) ___/___/___

Address: _____ City/Town: _____ Postal Code: _____

Home Phone: _____ Cell Phone: _____

Coach: _____ Email: _____

Club Affiliation: _____

Emergency Contact Person: _____ Relationship: _____

Home Phone: _____ Cell Phone: _____

Manitoba Medical Number: _____ / _____

Allergies: _____

Event Selection:

Event 1: _____ Best Performance: _____

Event 2: _____ Best Performance: _____

Event 3: _____ Best Performance: _____

Event 4: _____ Best Performance: _____

Athletes will be contacted to confirm selection to the 2013 team by June 30

Payment of \$300.00 due by July 15, 2013

Application & Code of Conduct must be submitted no later than June 15, 2013 – no extensions will be granted

Please forward information to:

Chris Belof

Athletics Manitoba

145 Pacific Ave

Winnipeg, Manitoba

R3B 2Z6

chris.belof@shaw.ca



PROVINCIAL CODE OF CONDUCT

This **Code of Conduct** identifies the standard of behaviour which is expected of all Athletics Manitoba participants, including athletes, coaches, managers, and mission staff. Participants who fail to abide by this **Code** may lose the privileges that come with being a member of Athletics Manitoba, including the opportunity to compete in the future.

The responsibilities of all Athletics Manitoba participants are as follows:

1. Be prepared to achieve the best result possible.
2. Participants of Athletics Manitoba are expected to conduct themselves at all times in a sportsmanlike and responsible manner that reflects credit upon yourself, your team and your coaches.
3. Athletics Manitoba is committed to providing a sport environment in which all individuals are treated with respect. Participants shall refrain from comments or behaviours which are disrespectful, offensive, abusive, racist, or sexist.
4. All Athletics Manitoba team members are expected to attend all team activities except those excused by the staff. Athletes must wear their designated Athletics Manitoba uniform for the competition as directed by the staff.
5. All athletes, coaches, and managers shall reside in the designated accommodations and adhere to the curfew set by the Athletics Manitoba team staff.
6. Use of alcohol, tobacco or illicit drugs is strictly prohibited by all athletes and coaches while being a member of an Athletics Manitoba team.
7. Participants shall respect the rights of others and shall not engage in any activity or behaviour which interferes with a competition or with any athlete's preparation for a competition, or which endangers the safety of others.
8. Quiet hours will be in effect at the accommodation site as set down by the staff and must be respected. No athlete is allowed to leave the accommodation facilities following curfew without being accompanied by a chaperone.
9. Athletes must attend all team meetings and practices.
10. The Coaching Staff, and, where necessary parents, shall have responsibility for discipline. Depending on the severity of the offence, sanctions may include any one or a combination of the following:
 - ◆ earlier curfew
 - ◆ verbal or written reprimand
 - ◆ verbal or written apology
 - ◆ suspension from certain Athletics Manitoba activities, which may include suspension from the next scheduled competition
 - ◆ removal of certain Athletics Manitoba privileges
 - ◆ removal from a portion of, or the remainder of the competition.
 - ◆ expulsion from the Competition
 - ◆ removal from the Competition and being sent home at the expense of the athlete.
 - ◆ other sanctions as may be considered appropriate for the offence
 - ◆ following the trip, the athlete will be subject to *Athletics Manitoba Discipline Policy*
12. Any individual who has been disciplined shall have the right to appeal this decision.

I have read and understand the above Code of Conduct.

Athletes Signature

Date

For athletes under 18 years of age:

I, _____ have read and understood the guidelines set out above. I agree that my child should be held responsible for his / her actions while participating on Team Manitoba. I understand, and agree that if my child fails to adhere to the guidelines set out by Athletics Manitoba, discipline actions will be taken

Parental Signature

Date