



TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY

145 Pacific Ave. • Winnipeg, MB R3B 2Z6 • Tel: 204-925-5745 • Fax: 204-925-5792 • athleticsmb@shaw.ca • www.athleticsmanitoba.com

2013 Provincial Age Class Championships & Canada Games Qualifier Tentative Schedule

Friday, July 5, 2013

TRACK

5:30 pm	Event #1 100m Decathlon Men
5:30 pm	Event #1 100m Octathlon Men
5:35 pm	Event #1 100mh Heptathlon Women
5:55 pm	100m Timed Finals (Midget Men)
6:05 pm	100m Timed Finals (Midget Women)
6:15 pm	100m Heats (Youth & older Men)
6:35 pm	100m Heats (Youth & older Women)
6:55 pm	80m Timed Final Pee Wee/Bantam Men
7:10 pm	80m Timed Final Pee Wee/Bantam Women
7:25 pm	1500m Timed Final (Youth & older, Canada Games Men)
7:40 pm	1500m Timed Final (Youth & older, Canada Games Women)
7:50 pm	300m Timed Final (Bantam/Midget Men)
8:00 pm	300m Timed Final (Bantam/Midget Women)
8:15 pm	Event #4 200m Heptathlon Women
8:25 pm	100m Finals (Youth & older Men)
8:35 pm	100m Finals (Youth & older Women)
8:40 pm	100m Finals (Canada Games Men)
8:45 pm	100m Finals (Canada Games Women)
8:50 pm	1200m Timed Finals (Bantam/Midget Men)
9:00 pm	1200m Timed Finals (Bantam/Midget Women)
9:10 pm	Event #4 400m Octathlon Men
9:15 pm	400m Timed Finals (Youth & older Men)
9:20 pm	400m Timed Finals (Youth & Older Women)
9:25 pm	400m Timed Finals (Canada Games Men)
9:30 pm	400m Timed Finals (Canada Games Women)
9:40 pm	Event #5 400m Decathlon Men
9:45 pm	4x100m Relays (M) & (W)

100m Heats for Youth and older will become Timed Finals if entry numbers are 8 or under

FIELD

5:30 pm	Shot Put -Pee Wee/Bantam Men & Women 3 attempts
6:00 pm	Event #2 Long Jump Decathlon Men 3 attempts
6:00 pm	Event #2 Long Jump Octathlon Men 3 attempts
6:00 pm	Event #2 High Jump Heptathlon Women
6:00 pm	Pole Vault – Open & CSG Men
6:00 pm	Discus - Midget – Open & CSG Men
6:30 pm	Shot Put - Midget- Open & CSG Women
6:30 pm	Standing Long Jump - Pee Wee/Bantam Men & Women 3 attempts
7:00 pm	Triple Jump - Midget – Open & CSG Men
7:30 pm	Discus - Midget – Open & CSG Women
7:30 pm	Pole Vault – Open & CSG Women
7:30 pm	Event #3 Shot Put Decathlon Men 3 attempts
7:30 pm	Event #3 Shot Put Heptathlon Women 3 attempts
7:30 pm	Event #3 Shot Put Octathlon Men 3 attempts
8:00 pm	Triple Jump - Midget – Open & CSG Women
8:30 pm	Shot Put - Midget – Open & CSG Men
8:15 pm	Event #4 High Jump Decathlon Men



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2013 Provincial Age Class Championships & Canada Games Qualifier Tentative Schedule

Saturday, July 6, 2013

TRACK

9:00 am	Event #6 110mh- Decathlon Men
9:10 am	Event #5 110mh - Octathlon Men
9:15 am	110mh Timed Final - CSG Men
9:15 am	110mh Timed Final - Junior & older Men
9:20 am	100mh Timed Final - Midget Men
9:25 am	100mh Timed Final – CSG Women
9:25 am	100mh Timed Final -Youth & Older Women
9:30 am	80mh Timed Final - Bantam Men, Bantam, Midget
9:40 am	3000m Timed Final - Youth & older Men
9:55 am	3000m Timed Final - Youth & older Women
10:10 am	200m Timed Final - Midget Men)
10:15 am	200m Timed Final - Midget Women
10:20 am	200m Heats - Youth & older Men
10:30 am	200m Heats - Youth & older Women
10:40 am	Event #8 1000m Octathlon Men
10:45 am	Event #7 800m Heptathlon Women
10:50 am	600m Timed Finals - Pee Wee Men & Women
11:05 am	1500m Steeple – Men & Women
11:15 am	2000m Steeple - Youth Men
11:25 am	2000m Steeple - Open Women & CSG Women
11:35 am	3000m Steeple - Open Men & CSG Men
11:45 am	200mh Timed Final- Midget Men & Women
11:50 am	300mh Timed Final –Youth Men & Women
11:55 am	400mh Timed Final – Junior - Open Men & CSG Men
12:00 pm	400mh Timed Final - Junior - Open Men & CSG Women

Lunch Break

12:30 pm	150m Timed Final - Pee Wee, Bantam Men
12:35 pm	150m Timed Final - Pee Wee, Bantam Women
12:45 pm	200m Finals - (Youth & older Men
12:55 pm	200m Finals - Youth & older Women
1:00 pm	200m Final - CSG Men
1:05 pm	200m Final - CSG Women
1:05 pm	800m Timed Final - Bantam, Midget & Youth Men
1:15 pm	800m Timed Final – Junior – Open & CSG Men
1:25 pm	800m Timed Final - Bantam, Midget & Youth Women
1:35 pm	800m Timed Final – Junior- Open & CSG Women
1:45 pm	2000m Timed Final - Bantam, Midget Men
2:00 pm	2000m Timed Final - Bantam, Midget Women
2:15 pm	4x400m Relays Men & Women
2:20 pm	Event # 10 1500m Decathlon

FIELD

9:00 am	Javelin- Midget – Open & CSG Men
9:15 am	Event #6 High Jump- Octathlon 3 attempts
9:30 am	Event #5 Long Jump Heptathlon Women 3 attempts
9:30 am	Event #7 Discus Decathlon Men 3 attempts
10:15 am	High Jump - Pee Wee/Bantam Women
10:15 am	Long Jump - Pee Wee & Bantam Men 3 attempts
10:30 am	Event #6 Event #7 Javelin Heptathlon Women & Octathlon Men 3 attempts
11:00 am	High Jump- Pee Wee & Bantam Men
11:15 am	Javelin- Midget - Open & CSG Women
11:15 am	Long Jump - Pee Wee/Bantam Women 3 attempts
11:00 am	Event #8 Pole Vault- Decathlon Men
11:30 am	Ball Throw- Pee Wee/Bantam Men & Women 3 attempts
12:15 pm	Long Jump- Midget – Open & CSG Women
12:30 pm	Event #9 Javelin- Decathlon Men 3 attempts
12:30 pm	High Jump-Midget- Open & CSG Women
1:00 pm	Long Jump- Midget – Open & CSG Men
1:30 pm	Hammer- Open & CSG Men & Women
2:00 pm	High Jump -Midget- Open & CSG Men