

## 2013 Provincial Age Class Championships & Canada Games Qualifier

Final Schedule

## \*\*\*Events can run up to 15mins ahead of schedule\*\*\*

## Friday, July 5, 2013

TRACK	
5:30 pm	Event #1 100m Decathlon Men (5)
5:30 pm	Event #1 100m Octathion Men (1)
5:35 pm	Event #1 100mh Heptathlon Women (2)
5:50 pm	100m Timed Finals (Midget Men) (8)
6:00 pm	100m Timed Finals (Midget Women) (9)
6:10 pm	100m Heats (Youth Men) (12)
6:20 pm	100m Heats (Youth Women) (13)
6:30 pm	100m Heats (Canada Games/Open Men) (11)
6:40 pm	100m Final (Canada Games/Open Women) (8)
6:50 pm	80m Timed Final Pee Wee/Bantam Men (4) (6)
7:00 pm	80mTimed Final Pee Wee/Bantam Women (10) (11)
7:15 pm	1500m Timed Final (Youth & older, Canada Games Men) (13) (14)
7:30 pm	1500m Timed Final (Youth & older, Canada Games Women) (11) (4)
7:45 pm	300m Timed Final (Bantam/Midget Men) (5) (8)
7:55 pm	300m Timed Final (Bantam/Midget Women) (3) (8)
8:00 pm	Event #4 200m Heptathlon Women (2)
8:10 pm	100m Final (Youth Men)
8:15 pm	100m Final (Youth Women)
8:20 pm	100m Final (Canada Games Men)
8:25 pm	
	1200m Timed Finals (Bantam/Midget Men) (2) (9)
8:35 pm	1200m Timed Finals (Midget Women) (5)
8:45 pm	400m Timed Finals (Youth Men) (9)
8:50 pm	400m Timed Finals (Youth Women) (10)
9:00 pm	400m Timed Finals (Canada Games Men/Open) (16)
9:15 pm	400m Timed Finals (Canada Games Women/Open) (8)
9:20 pm	Event #5 400m Decathlon Men/ Event #4 400m Octathlon Men (5) (1)
9:25 pm	4x100m Relays (M) & (W) (3) (1)
FIELD	
5:30 pm	Shot Put -Pee Wee/Bantam Men & Women 3 attempts- Stadium Throwing Circle (1)(3)/(1)(2)
6:00 pm	Event #2 Long Jump Decathlon Men 3 attempts (5)
6:00 pm	Event #2 Long Jump Octathlon Men 3 attempts (1)
6:00 pm	Event #2 High Jump Heptathlon Women (2)
6:00 pm	Pole Vault – Open & CSG Men (2) (1)
6:00 pm	Discus - Midget – Open & CSG Men (3) (3) (2) (4)
6:15 pm	Shot Put - Midget- Open & CSG Women – Throws Area (2) (4) (3)
6:30 pm	Standing Long Jump - Pee Wee/Bantam Men & Women <b>3</b> attempts- North Pit (2)(8)/ (3)(4)
7:00 pm	Triple Jump - Midget – Open & CSG Men (6) (3) (3)
7:30 pm	Discus - Midget – Open & CSG Women (2) (3) (2)
7:30 pm	Pole Vault – Open & CSG Women (8)
7:15 pm	Event #3 Shot Put Decathlon Men 3 attempts (5)
7:15 pm	Event #3 Shot Put Heptathlon Women 3 attempts (2)
7:15 pm	Event #3 Shot Put Octathlon Men 3 attempts (1)
8:00 pm	Triple Jump - Midget – Open & CSG Women (2) (3) (5)
8:15 pm	Shot Put - Midget – Open & CSG Men – Throws Area (3) (4) (2) (4)
8:15 pm	Event #4 High Jump Decathlon Men (5)

TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY

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THLETICS TRACK & FIELD / ROAD RUNNI		
◀	145 Pacific Ave. ● Winnipeg, MB_R3B 2Z6 ● Tel: 204-925-5745 ● Fax: 204-925-5	
Saturday, July TRACK	/ 6, 2013	
9:00 am	Event #6 110mh- Decathlon Men (5)	
9:00 am	Event #5 110mh - Octathion Men (1)	
9:00 am	110mh Timed Final - CSG Men (3)	
9:05 am	110mh Timed Final - Youth & Junior Men - (2) (3)	
9 15 am	100mh Timed Final - Midget Men (2)	
9:20 am	100mh Timed Final – CSG/Open Women (3)	
9:25 am	100mh Timed Final – Youth Women (3)	
9:30 am 9:35 am	80mh Timed Final - Bantam Men (4) 80mh Timed Final - Midget Women – (4)	
9:45 am	3000m Timed Final - Youth & older Men (14)	
9:55 am	3000m Timed Final - Youth & older Women (4)	
10:10 am	200m Timed Final - Midget Men (8)	
10:15 am	200m Timed Final - Midget Women (9)	
10:20 am	200m Heats – Youth Men (14)	
10:30 am	200m Heats - Youth Women (16)	
10:40 am 10:50 am	200m Heats - CSG Men/Open (12) 200m Heats - CSG Women/Open (10)	
11:00 am	600m Timed Finals - Pee Wee Men & Women (3) (2)	
11:05 am	1500m Steeple – Women (2)	
11:10 am	2000m Steeple - Youth Junior & CSG Women (2) (5)	
11:20 am	2000m Steeple – Youth Men (1)	
11:35 am	3000m Steeple – CSG & Open Men (3)	
11:45 am	200mh Timed Final- Midget Men & Women (1) (2)	
11:50 am	300mh Timed Final –Youth Men & Women (2) (2) 400mh Timed Final –CSG & Open Men (4)	
12:00 pm 12:05 pm	400mh Timed Final - CSG & Open Women (4) 400mh Timed Final - CSG & Open Women (2)	
12:10 pm	Event #7 800m Heptathlon Women (2)	
12.10 pm		
Lunch Break		
12:40 pm	150m Timed Final - Pee Wee, Bantam Men (3) (7)	
12:45 pm	150m Timed Final - Pee Wee, Bantam Women (7) (10)	
12:50 pm	200m Finals - Youth Men	
12:55 pm	200m Finals - Youth Women	
1:00 pm	200m Final – CSG Men	
1:05 pm 1:10 pm	200m Final - CSG Women 800m Timed Final - Bantam, Midget & Youth Men (3) (11) (13)	
1:20 pm	800m Timed Final -CSG & Open Men (19)	
1:30 pm	800m Timed Final - Bantam, Midget & Youth Women (1) (4) (12)	
1:35 pm	800m Timed Final – CSG & Open Women (8)	
1:40 pm	2000m Timed Final - Bantam, Midget Men (3)	
1:45 pm	2000m Timed Final - Bantam, Midget Women (2)	
1:50 pm	4x400m Relays Men & Women (2) (1)	
2:00 pm 2:05 pm	Event #8 1000m Octathlon Men (1) Event # 10 1500m Decathlon (5)	
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FIELD		
9:00 am	Javelin- Midget – Open & CSG Men (1) (3) (6)	
9:10 am	High Jump - Pee Wee/Bantam Women (2) (6) **** Time change****	
9:10 am 9:30 am	Event #5 Long Jump- Heptathlon Women 3 attempts (2) Event #7 Discus Decathlon Men3 attempts (5)	
10:00 am	Long Jump - Pee Wee & Bantam Men <b>3 attempts</b> (3)	
10:30 am	Event #6 Javelin Heptathlon Women <b>3</b> attempts (2)	
11:00 am	High Jump- Pee Wee & Bantam Men Event #6- Octathlon 3 attempts - (2) (2) (1)	
11:15 am	Javelin- Midget - Open & CSG Women (1) (2) (4)	
11:15 am	Long Jump - Pee Wee/Bantam Women 3 attempts (8) (8)	
11:00 am	Event #8 Pole Vault- Decathlon Men (5)	
12:10 pm 12:25 pm	High Jump-Midget- Open & CSG Women (1) (1) (2) Long Jump- Midget – Open & CSG Women (6) (6) (6)	
12:25 pm	Event #9 Event #7 Javelin- Decathlon & Octathalon Men <b>3 attempts</b> (5) (1)	
12:30 pm	Ball Throw- Bantam Men & Women 3 attempts (2)/(1) ****Time changed****	
1:00 pm	Hammer- Open & CSG Men & Women (1) (1) (5)/ (1) (2)	
1:10 pm	High Jump -Midget- Open & CSG Men (5) (3) (4)	
1:30 pm	Long Jump- Midget – Open & CSG Men (7) (6) (1)	