

# TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY

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# 2013 Chris McCubbins Age Class Cross Country Provincials Saturday, October 26<sup>th</sup>, 2013

**LOCATION:** Kilcona Park / Harbourview Golf Club

**HOSTED BY:** Bison Athletics Club

## **Tentative Schedule**

### Races can run up to 15 min. Ahead

10:00 am	Pee Wee Girls (2002 and later)	2km
10:20am	Pee Wee Boys (2002 and later)	2km
10:40 am	Bantam Girls (2000-2001)	2km
11:00 am	Bantam Boys (2000-2001)	2km
11:20 am	Midget Girls (1998-1999)	3km
11:40 am	Midget Boys (1998-1999)	3km
12:10 pm	Youth Girls (1996-1997)	3km
12:30 pm	Youth Boys (1996-1997)	5km
12:50 pm	Junior Women (1994-1995)	5km
	Senior Women (1993 and earlier)	5km
	Masters Women (35 years of age & older on day)	5km
1: 20 pm	Junior Men (1994-1995)	7.5km
	Senior Men (1993 and earlier)	10km
	Masters Men (35 years of age & older on day)	7.5km

#### **AWARDS**

Top three individuals in each age group (male / female) will receive medals.

#### **ENTRY INFORMATION**

**Team Entries**: A team will consist of a minimum of 4 and a maximum of 6 athletes of one gender with the best 4 performances will count in the team score. Athletes must belong to the same club or school.

Entry Deadline: Entries must be received no later than Monday, October 21<sup>st</sup> at NOON. All entries must be submitted in the excel format (see entry form) via email to Claude.Berube@umanitoba.ca

Team entry (per Age Group):\$40.00Late Entry Fee:\$60.00Individual Entry:\$10.00Late Entry Fee:\$20.00

Cheques Payable to: Bison Athletics Club

Exact schedule will be posted / distributed following finalization of course routes and registration. Please be sure to arrive in plenty of time to spare in case times change.

Changing and washroom facilities will be open for use at the Harbourview Club House. The restaurant will be open for purchasing refreshments. This meet is sanctioned by Athletics Manitoba.

Please call Claude Berube at (204) 474-8989 for additional information