

Intro to Para-Athletics Clinic

Sunday, March 11, 2012



Find out more about the Paralympic Sport of Track and Field. What opportunities are available for you? How can you get involved? What equipment is used? What are the coaching modifications? Answers to all of these questions and more...

All physical disabilities welcome! Amputee, Cerebral Palsy, Spinal Cord Injury, Visually Impaired, Dwarfism....and those that present similarly

Participants are encouraged to pre-register.

No experience necessary, please dress in active wear.

March 11 2:00-4:00pm –Max Bell Centre, U of M

–watch for the signs or ask for the clinic at the desk

-Introductory skills and drills session and Q&A with:

David Greig, Para-Athletics National Talent Development Coach

VOLUNTEERS NEEDED for future program offerings: Guide runners, potential coaches, program support.

To Register or find out more: Email: dgreig@athletics.ca

Phone: Talent Development Coach, David Greig

1-877-226-2290 x 3308

This program was made possible through financial contributions from the Canadian Paralympic Committee and Sport Canada.

Drop by the Para-Athletics Table at the CIS Indoor Track and Field Championships, at Max Bell, March 9 & 10