

The 9<sup>th</sup> Annual

## “Royal Rumble on the Rubber”



**Wednesday, May 16, 2012**

**Start Time: 10:15 am**

Selkirk Community Stadium  
at

Lord Selkirk Regional Comprehensive Secondary School  
221 Mercy St., Selkirk, MB

All-Weather (Flex-Seal) Surface for all events except for  
concrete Discus and Shot Put circles

\* 5 – 7 mm pyramid spikes recommended  
9 mm permitted for high jump and javelin  
(No “Christmas tree spikes”)

**\$5.00 / athlete or \$70.00 / team**

Ribbons for 1<sup>st</sup> – 5<sup>th</sup> place

RSVP to:

Scott Gurney

482-6926 ext.3233

Email: [sgurney@lssd.ca](mailto:sgurney@lssd.ca)

**\*Note: Pre-Register with list of athlete names by Thursday, May 10!**

(Similar to High School indoor series;  
event choices can still be made “on the day”)

**Registration template to be distributed soon.**

A full schedule of events will be run, time permitting,  
except for the 4 x 400m and medley relays.

**Include an email address where a meet schedule can be sent.**

Schools will be asked to help run an event.  
Please indicate the approximate number of athletes attending.

**P.S. Don't forget your spikes!**