



TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY

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The **Power Smart Manitoba Games** are the province's largest ongoing multi-sport program bringing together participants from across the province. The Games are held every two years and alternate between summer and winter sports events. Each set of Games involve upwards of 7,500 athletes, coaches, officials and volunteers.



The **2012 Power Smart Manitoba Summer Games** Provincial Finals for track and field are being held in Swan River (at the Swan Valley High School) July 18-21. We are actively seeking athletes, coaches and managers for all regions for this event.

Participation in the **Power Smart Manitoba Games** for athletes begins with regional try outs. Regions are designated according to residency and in order to be considered for representation on the regional team, athletes need to participate in their designated region. Athletes may compete in up to 5 individual events at the trials and those selected to advance will be notified with further details as to the provincial finals in Swan River.

Eastman/Interlake Regional Trials

Wednesday, May 9
Lord Selkirk Regional Secondary School
221 Mercy Street
Selkirk, Manitoba
5:00 – 9:00 pm

Norman Regional Trials

Monday, May 28
Margaret Barbour High School
429 Smith Ave
The Pas, Manitoba
10:00 am – 3:00 pm

Westman Regional Trials

Tuesday, May 22
Neepawa Collegiate
Neepawa, Manitoba
4:00-7:00 pm

Parkland Regional Trials

Wednesday, May 23
Dauphin Regional Secondary
330 Mountain Road North
Dauphin, MB
9:00am – 6:00 pm

Winnipeg Regional Trials

Saturday, May 26; Sunday, May 27
University of Manitoba Stadium
9:00 am – 4:00 pm

Central Regional Trials

Thursday, May 31
Carman Collegiate
9:00 am – 6:00 pm

Athletics Age Groups for Power Smart Manitoba Games:

- Bantam** Athletes born in 1999 or 2000
- Midget** Athletes born in 1997 or 1998

Eligible Regional Trials Events:

- Bantam** 80mh, 100m, 150m, 800m, 1200m, Ball Throw, Discus, Shot Put, Long Jump, Standing Long Jump, High Jump
- Midget** 80mh (W), 100mh (M), 100m, 200m, 300m, 800m, 1200m, 2000m, Ball Throw, Javelin, Discus, Shot Put,, High Jump, Long Jump, Triple Jump

For further details on individual regional trials please contact Diana Stevens at Athletics Manitoba (204) 925-5744 or email diana_stevens@athleticsmanitoba.com