FINAL SCHEDULE

| TIME | TRACK | TIME | FIELD |
| :---: | :---: | :---: | :---: |
| 9:00 | 60m Hurdles 1000m <br> Senior/Junior W+M (5) (8) <br> Bantam W+M (6) (1) <br> Midget W+M (2) (6) <br> Youth W+M (1) (2) <br> Special O W+M (2) (4) | 9:00 | Long Jump (2 pits) <br> Pee Wee Women (outside pit) (29) <br> Bantam Women (inside pit) (12) |
| 9:30 | $\begin{aligned} & 60 \mathrm{~m} \\ & \text { Senior/Junior W+M ( 6) (27) } \\ & \text { Pee Wee W+M (35) (19) } \\ & \text { Bantam W+M (21) (18) } \\ & \text { Midget W+M (11) (12) } \\ & \text { Youth W+M (7) (9) } \\ & \text { Special O W+M (7) (12) } \end{aligned}$ |  |  |
|  |  | 10:00 | Long Jump (2 pits) <br> Pee Wee Men (outside pit) (11) <br> Bantam Men (inside pit) (14) |
|  |  | 10:30 | Shot Put (2 circles) <br> Pee Wee/Bantam Women (Circle 1) (12 +7) <br> Special O Men \& Women (Circle 2) ( $6+16$ ) |
| 11:00 | 600m <br> Senior/Junior W+M (4) (9) <br> Bantam W+M (7) (6) <br> Midget W+M/Masters M (8) (7+1) <br> Youth W+M (5) (5) <br> Special O W+M (3) (4) | 11:00 | Long Jump Midget Women/Special O Women (5 +3) <br> High Jump Bantam Women (7) |
|  |  | 11:15 | Shot Put (2 circles) <br> Bantam Men ( Circle 1) (8) <br> Pee Wee Men (Circle 2) (15) |
| 12:20 | 4X100 Relay <br> Bantam W+M (4) (6) <br> Midget W+M (3) (3) <br> Youth W+M (2) (3) <br> Junior/Senior M (1) | 12:00 | High Jump <br> Midget/Youth/Junior/Senior Women $(1+1+3+2)$ |
| 12:40-1:30 | Break on Track | 12:30 | Weight Toss Women \& Men $(7+5)$ <br> Long Jump Midget/Youth \&Special 0 <br> Men ( $7+2+3$ ) |
| 1:30 | 300 m <br> Senior/Junior W+M (4) (16) <br> Bantam W+M (10) (11) <br> Midget W+M/Masters M (17) (8+1) <br> Youth W+M (8) (11) <br> Special O W+M (5) (12) | 1:30 | High Jump Bantam /Midget Men (3+3) |
|  |  | 1:45 | Shot Put Midget/Youth/Junior/Senior Women (1+1+3+3) |
|  |  | 2:00 | Long Jump Youth/Junior/Senior Women ( $5+1+3$ ) |
|  |  | 2:45 | Shot Put Midget/Youth Men (3+1) |
| 3:15 | 3000m | 3:00 | High Jump Youth/Junior/Senior Men $(2+6+3)$ |
|  |  | 3:30 | Long Jump Junior/Senior Men (13+4) Shot Put Junior/Senior Men (5+6) |

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[^0]:    **Please note that in the $60 \mathrm{~m}, 300 \mathrm{~m}, 600 \mathrm{~m}, 1000 \mathrm{~m}$ and 3000 m the Junior/Senior age categories will be run first, with men following the women. After that it will be Pee Wee through to Special O women and then men.
    ${ }^{* *}$ The 1000 m and possibly the 600 m will be hand timed. All other races will be electronically timed.

